



MAN FLU

NGONGOTAHA NEWS

The Sunny side of the Mountain - FLUORIDE FREE NGONGOTAHA

Editor Ann Henderson - Phone 3574 651

email: annhend@xtra.co.nz

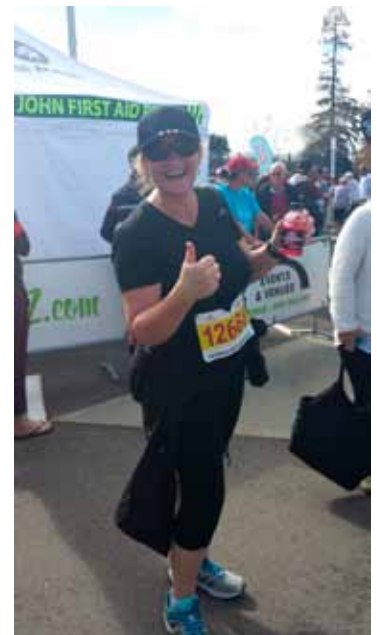
website: www.ngongotahanews.co.nz

NEXT DEADLINE Friday 27th June 2014 11am

June 2014 issue



THE MARATHON - Three of our locals that I managed to capture going through Ngongotaha. On the top left is Donna Ngatai. Saw her a couple of days later limping - blistered feet, not for me I'm afraid. Good on you Donna. On the right Peri Paul looking as though he is doing it easily there Peri. Below is the legendary Colin Smythe, he has done it so many times, he could walk backwards all the way around the lake. Go Colin I will see you next year. On the bottom right, is our hairdresser Jackie finishing the half marathon. Full marathon next year?????????



HAVANWANTS

- I have: Bichon/Maltese female spayed with two beds blankets, Free time some afternoons a week or early evenings.
I want: \$200 please, a Walking buddy phone Chrissy 3322960,027 6086773 can txt
I have: A quantity of concrete slabs suitable for a retaining wall or for fill Free.
I want: You to phone me on 357 2092
I have: Two single beds, good condition, 3 seater sofa and matching lazy boy, both need small repairs.
I want: \$30 each, \$75. Ph 357 4204
I Have: Chicken coop/Hen house , A frame with run, 1.6m X 3.2m - transportable.
I Want: \$50.00 Ph 3624 621
I Have: 2 Cane baskets
I Want: \$50 Phone 3572 591
I Have: Vac Cleaner as new, Babinia corms, bluebell bulbs
I Want: \$50, new homes Phone: 3323 604
I Have: WHHS 2nd X1 Girls Hockey team fundraising to go to a tournament in Auckland in September.
I Want: Odd jobs for the girls, or any ideas - Phone 3574 651
I Have: Black Lazyboy chair as new
I Want: Offers - Phone 3574 651

MISSING CAT - He's been gone since the 6/5/14 from the Kingsley drive area. We miss him terribly and are running out of ideas.

How To Maintain A Healthy Level Of Sanity in Retirement.

1. *At Lunch Time, Sit In Your Parked Car With Sunglasses on and point a Hair Dryer At Passing Cars...watch 'em Slow Down!*
2. *On all your cheque stubs, write 'For Marijuana'!*
3. *Skip down the street Rather Than Walk and see how many looks you get.*
4. *Order a Diet Water whenever you go out to eat, with a serious face.*
5. *Sing Along At The Opera.*
6. *When The Money Comes Out of The ATM, Scream 'I Won! I Won!'*
7. *When Leaving the Zoo, start Running towards the Car Park, Yelling 'Run For Your Lives! They're Loose!'*
8. *Tell Your Children over dinner: 'Due to the economy,we are going to have to let one of you go..'*
9. **PICK UP A BOX OF CONDOMS AT THE PHARMACY, GO TO THE COUNTER AND ASK WHERE THE FITTING ROOM IS.**
And The Final Way To Keep A Healthy Level Of Insanity
10. *Go to a large Department store's fitting room, drop your drawers to your ankles and yell out: "THERE IS NO PAPER IN HERE"!*

A senior citizen drove his brand new Holden out of his garage. Taking off down the road, he pushed it to 120 kph, enjoying the power of the car ... "Amazing," he thought as he flew down the highway, pushing the pedal even more. Looking in his rear view mirror, he saw a highway patrol car, blue lights flashing and siren blaring. He floored it to 140 kph, then 180kph, then suddenly he thought, "What am I doing? I'm too old for this!" and pulled over to await the copper's arrival. Pulling in behind him, the copper got out of his vehicle and walked up to the car. He looked at his watch, then said, "Sir, my shift ends in 30 minutes. Today is Friday. If you can give me a new reason for speeding – a reason I've never before heard – I'll let you go.."

The old gentleman paused then said, "Thirty three years ago, my wife ran off with a policeman; I thought you were bringing her back." "Have a good day, Sir," replied the copper.

The young man from came running into the store and said to his mate, "Johnno, somebody just stole your ute from the parking lot!" Johnno replied, "Did ya see who it was?" The young man answered, "I couldn't tell, but I got the license number."

HOUSE TO LET: Mamaku Village - 3brm cottage, large sunporch, double garage, 1/2 acre section, quiet street. Redecorated 2011 incl carpet and vinyl. Tile fire. \$200pw, avail end June. Ph 06 763 8433 or 027 286 7828

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Councillor

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M: 0274 836 306
E : charleswsturt@hotmail.com
W: www.rdc.govt.nz



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ST. BARNABAS ANGLICAN CHURCH

School Road, Ngongotaha

Sunday: 9.45am Eucharist followed by coffee and fellowship.
Thursday: 9.45am Contemplative Eucharist followed by coffee and fellowship. Wednesday 1st & 3rd: 1.30pm Games afternoon (Scrabble, Rumikub, 500 etc)
Friday: 9.30am during term time. Music and Movement for pre-schoolers. All Welcome, an hour of fun and fellowship 10.00am. Walking Group – meet outside St. Barnabas for a 1 – 1 ½ hr gentle walk. 4th Friday: 7.00pm Games Evening(Scrabble, Rumikub etc) Sunday 8th June - Pentecost, St Barnabas and 90 years of worship in this Parish
A very warm welcome to everyone in the community to join in these activities.

TRINITY PRESBYTERIAN CHURCH.

Members of the Rotorua District Presbyterian Churches (RDPC) Community Churches in Ngongotaha & Mamaku

All Services:

NGONGOTAHA, 13 Hall Road

11.00am Every Sunday except 22 June Joining with Mamaku Sunday 8 June, Holy Communion Creating Sanctuary: An introduction to contemplative prayer. Ways to create a quiet, space of belonging in your life. Sessions continuing on 9 & 23 June at 7.00 pm at Trinity Church. For further information phone Chrissi Clement on 332 3589.

MAMAKU, Kaponga Street 9.00am 22 June. Breakfast together followed by an informal service. For more details & all other enquiries contact: Lance Thomas 348 2954 Local contacts: Ngongotaha - Mike Johnson 357 2105 Mamaku - Gwen Watkins 332 5773 Our aim: To grow in God's love, and to share that love with others.

NGONGOTAHA CARE AND CRAFT

NEW MEMBERS WELCOME

WHEN: Every Monday except School holidays
WHERE: ST Barnabas Church Hall, School Road
TIME: 9.30AM - 12.45PM



“Seasons” is a non-religious and non-denominational programme to assist children and young people coping with change, grief or loss, through death or family breakdown e.g. separation, divorce, imprisonment etc. The programme provides a safe time and place to talk about and explore what is happening for them in their lives, while being part of a small peer group with a trained facilitator. It offers confidential support and develops skills to practice self-help methods to work through grief and loss. Seasons is for children and young people aged 5-18years. The change, loss or grief can be recent as 3 months or some time ago. The programme runs an hour a week for 9 seasons.

**Please contact co-ordinator Gaelyn or Shone
Phone 07 3503304 (answerphone) or email
gtgrotorua1@seasons.org.nz**

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Ngongotaha's Will Skipper competed at the New Zealand BMX championships over Easter finishing on the podium ranked #2 in the country. Tough competition with 70 entrants in the 8 year boy age group but he rode well making it through 3 motos, a re-run of one of his motos, eighths, quarters, semis and then finals to finish 2nd. Also riding from Ngongotaha was 8 year old Finn Gulliford who finished being ranked 36th. Cate Gulliford who rode in the 10 year girls age group and several of our Ngongotaha under 9's rugby team riding in the 9 year boys - Sam Short making his semis and Oliver Weaver, Luke Hanna and Hammish Malcolm. Hunter Weaver also riding well represented in the 7 year boys. Way to go Ngongotaha. Photo - Will with his coach former elite New Zealand rider Matt Tew. Reegan Elliott who represented 10 boys and his brother Cody Elliott and Zander Steel who rode in the 17 -29 male age groups

Hamurana Springs Incorporated Society

We are at the end of another successful year of the Society. We have now been going for eleven years and therefore it is time for our AGM.

This year we will be holding it on 17th June at 7.30pm at the Lake View Bible Camp Hall Hamurana Road. If anyone is interested in becoming a committee member we are always looking out for new faces. Point of contact should be made to Sally_french@xtra.co.nz who is our Secretary or put forward your name on the night.

Donation of a plate towards supper would be really appreciated.

Come along and join us at our monthly workdays, which is generally the last Saturday of the month – 9.30am to 12.(winter months). It is a great way to meet people and also have a bit of fun – work for as little or as long as you want. We generally partake of lunch together afterwards if the weather allows it, or we go back to a committee members nearby house. Wander out and see what we can achieve on a mornings work and stop and have a chat.

Contact – Kerry Oates 3322975, Lorraine Parker 3493443, Cherry Douglas 3322474
Cherry Douglas Treasurer



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Sports talk

Racing

Matthew Cropp and Cameron Lammas, hopefully, are due to resume riding shortly. They have been sorely missed with Lammas being a welcome addition to the local scene. Former Ngongotaha based Trainer Emily Holmes is furnishing a great strike rate of winners to runners from her Cambridge base and her horses feature often in the winners circle. Holmes is not afraid to travel her horses so keep an eye on where they start as she is getting a reputation of pacing them to Win. I see Locally born Vinnie Colgan is based in Queensland Australia over the winter but do not be surprised to see him back home at trainer's requests to ride winners in feature races. A personal favourite of Roger James, Colgam must be nearing the 1000 winners.

Keep an eye out for Colgan on historian and Sancerre at the Brisbane Carnival. Rory Hutchings, Jonathon Parkes, Hayden Tinsley and Richard Cully are all riding in top form in NZ. One to watch is "Real Treasure" who has been ridden by Shaun Phelan on the flat lately, but watch him when he starts his jumping season. From the Ann Browne stable you know they produce winner after winner over the steeples and hurdles. The Rotorua Cup win of Indikator his fourth in five years ranks alongside that of Castletowns three Wellington cups for me. The Horse seems to grow a fourth leg when racing at Rotorua. I see trainers Donna Logan, Steven Marsh, Tony Pike and many other New Zealand Trainers have taken strong teams over to the Brisbane Carnival. With the cost of transport over there you can be assured they aren't just going for the warmer weather. I also note that James McDonald, Jason Collett, Michael Walker, Patrick Holmes and Maia Vance are also flying the NZ flag in Australia and they usually get a winner at every meeting they ride at. McDonald is a freak and a great judge of pace and is determine to be one of the best in the world and he will be. Recognised early he is the Modern day Lance O'Sullivan. Wasn't that wonderful to see David Walsh become the jockey with the most winners in NZ. He is a true professional and after seeing him walking the track in Rotorua and studying the corner is it any wonder his experience is in strong demand. Many of his wins have been for South Island trainer Michael Pitman who I see has just opened a stable at Trentham race Course.

Rugby

Well the Super 15 is winding to a close and I have to say the Chiefs have hit a flat patch and surely miss Cruden through injury. They will struggle to make the top six if they can't win this weekends game against the Waratahs. The Sharks look ominous and I'm waiting to see the England and Argentina play the All Blacks here soon. Time to consolidate some new faces in the team. I will be disappointed if Liam Messam is not in the starting line-up as he has lead the Chiefs from the front along with Tanerau Latimer and Sam Cane. The Chiefs seem to be let down by those in the backline that can't seem to tackle but I hear Coach Wayne Smith has that in hand. New Zealands hope I reckon, rest with the Hurricanes and Crusaders if the Chiefs can't recapture the dazzling form they showed earlier in the season.

Netball

Similar to the chiefs the Magic have has a form slump and may struggle to make the top 4 also. Obviously issues in mid court with top players in Goal defence and the goal shooting areas. The Swifts and Firebirds look the likely finalist. Cant wait for the Glasgow Commonwealth Games to renew the Aust v NZ silver ferns battles



Good News” for our Communities.

“For Family First Health Centre” is a newly established Health Clinic which had its official opening on the 10th April at the Ngongotaha Community hall on School Road. The Health Centre Clinic provides a comprehensive range of health and social services conducive to health and social needs communities may be experiencing. We are a committed team made up of Social workers, Health Educators Registered nurses and voluntary staff who are trained and qualified for their specific roles. Most have affiliations to Ngongotaha and therefore are most passionate about serving their community/communities where the needs are identified. You may be experiencing access to current health and social services as a major stress factor for you and your family due to costs and travelling distances. The Health Centre Clinic provides:

Blood Pressure checks (hypertension) -

Blood sugar checks (diabetes)

Health Education (Intervention and preventative programmes around nutritional advice and support/referrals to GPs/health and fitness programmes/exercise/Linedancing/walking groups/fit for life and Healthy lifestyles.

Massage/Mirimiri/for those experiencing early stages arthritis/circulation and Lymphatic flow.

Quit smoking referrals/advice and support.

Suicidal Prevention/support and counselling

Health and Exercise Programmes suited to age

The Health centre is for all the family, even if you are well.

Come join an exercise programme outlined in the above. Some of our staff are associated with Fit for life Health Life style nutritional programmes and walking groups if you would like to join a group. Information is available Come in and meet the staff in a happy and socialising environment around a cuppa tea/coffee. While the services are free, donations or a gold coin will be gladly accepted. The Health Clinic Centre’s opening day is Thursdays from 10.am to 1 pm. We are envisaging opening another 2 days subject to venue.

We acknowledge those who have supported and contributed to assist the organisation give back to the communities. Charles Sturt - for your contributions and always strong convictions to identify needs at grass roots levels to support Intervention and prevention Health programmes.

Pharmacy 44 - for donating Blood pressure equipment
Korowai Aroha Health Centre - for donating Blood sugar / diabetes equipment

Bunnings- for huge discount for timber for Massage dividers
Briscoes - for the huge discount for all our massage gear and linen.

James and Ngairie Leef - for donating our timber for massage dividers
Ngongotaha Four Square Sailesh Patel - for donating bread and fruit for our opening day

Tau Takarei/Te Ao Kahira Te Putu Lands Trustees - for donation towards massage gear. To all our staff who are all voluntary outside of their own various work places Nga Mihi Koutou Katoa and God Bless Contact person: Julie Beach / Co

ordinator Mobile: 0274716381

A six year old goes to the hospital with her grandmother to visit her Grandpa. When they get to the hospital, she runs ahead of her Grandma and bursts into her Grandpa’s room

“Grandpa, Grandpa,” she says excitedly, “As soon as Grandma comes into the room, make a noise like a frog!”

“What?” said her Grandpa.. “Make a noise like a frog - because Grandma said that as soon as you croak, we’re all going to Disneyland !”



Hi we are the W.H.H.S 2nd 1X Girls Hockey and we are going to a Tournament in Pakuranga Auckland in September.

We need to pay for a weeks’ accommodation, food and transport to and from Auckland.

**WE NEED TO FUNDRAISE!
CAN YOU HELP US PLEASE!**

- 1. We want fundraising jobs**
- 2. Do you have any old whiteware, we will pick up and dispose of these for you**
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My name is Stu Phillips and I have lived in Rotorua for the last 10 years. After a fantastic summer break, I returned to work on January 13 2014 and have hit the ground running. As a consequence, I now have six residential properties under contract and I am taking on new listings.

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DETAILS

Date : Tuesday 17 June
Time : Starts at 07.00pm
Venue : Citizen's Club



FORMAT

Rounds : 12 Rounds of questions
: 12-15 questions per Round
: Bonus Cards



PRIZES

: Cash & Novelty Prizes
: Best Dressed Theme Team
Theme : In, On or Under the Water



ENTRY

Registration : \$50 per Team, max. of five/team
: Pre-register or on the night

EACH PLAYER WILL RECEIVE HALF OF THE ENTRY FEE
FOR EACH TEAM THEY REGISTER



ORGANISER

Dana W Stevens
: 027 7461-734 [after 03.30pm]
: danaws@mail.com

Three of the players who are involved in Waterpolo Rotorua are ex-Ngongotaha Primary students; Jodi & Brooke Stevens (parents, Jacqui & Dana) and Cullen Smith (parents, Steve Smith & Nerida Bowater). Jodi is also in the NZ U15 Waterpolo Team who compete against Queensland in July and Australia later in the year.

NGONGOTAHA INDOOR BOWLS

We had a very enjoyable night against Tauranga, and are due to return the visit on Saturday 21st of June. Last Wednesday 8 members visited the Gardens Rest Home, and had a great game of bowls with the residents.

Congratulations to Marguerite Gerrand and Syd Gumbley, Noel Grey and Diane Mackey who won the BOP mixed 4's. The Open Triples was a hard fought night, Kevin Whyte, Cheryl Wiggins and Zac Gillions won on a countback from Marguerite Gerand, Brian Ruthe and Betty Witten. If you would like any more info, please ring Cheryl on 3575 332 or Kevin on 3574 766.

A blonde lady motorist was close to Laingsburg when she was flagged down by a man whose truck had broken down. The man asked, "Are you going to Cape Town?" "Sure," answered the blonde, "do you need a lift?" "Not for me. I'll be spending the next three hours fixing my truck. My problem is I've got two chimpanzees in the back which have to be taken to the Tygerberg Zoo in Cape Town.. Could you possibly takethem to the zoo for me? I'll give you R500 for your trouble." "I'd be happy to," said the blonde. So the two chimpanzees were ushered into the back seat of the blonde's car and carefully strapped into their seat belts. Off they went. Five hours later, the truck driver was driving through the centre of Cape Town when suddenly he was horrified!! There was the blonde walking down the street and holding hands with the two chimps, much to the amusement of a big crowd! With a screech of brakes he pulled off the road and ran over to the blonde. "What the heck are you doing here?" he demanded, "I gave you R500 to take these chimpanzees to the zoo." "Yes, I know you did," said the blonde," but we had money left over so now we're going to the Aquarium !



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*Nurses – Denise Gray, Rebecca Neal, Kris Penman, Irene Stoddart, Debbie Porter,
Jacqueline Stovold, Keren Jenkins.*

*Receptionists – Christine Hands, Dulcie Rika, Karen Wiringi, Christina Harkness,
Sue Forster, Hannah Corbett.*

Administration Manager – Robyn Spurdle

CLEM'S SABBATICAL

We will be saying good-bye to Dr Clem Le Lievre for 2 months from the 1st of July. He is taking some much deserved time out from General Practice and will be joining his Father for a stint on his family Farm. We will miss you Clem.

DR GENEVIEVE MATTHEWS

Dr Matthews will be providing full locum cover for Clem while he is away over July/August. Genevieve has worked with us in the past at the Ngongotaha Medical Centre as a GP Registrar a number of years ago, and off and on as a locum since. It will be lovely having her back with us again.

GOODBYE DR TESA MEIHANA

Very sadly we say good-bye to Dr Meihana, who has worked at the surgery as a GP Registrar for the last 6 months. Her time with us has been invaluable, and we have enjoyed having her as a part of our team. She will spend the 2nd half of this year completing her GP Registration at Korowai Aroha. Our best wishes go with her.

DIABETES CLINIC - 12th June 2-4pm

Limited places are available for this session. If you are Diabetic and would like to know more about Diabetes, please contact ph 3571030 to book your spot.

ROTAVIRUS-A NEW FREE CHILD VACCINE

It will be available free on the childhood immunisation schedule from 1st July 2014 This is an oral vaccine given at 6 weeks, 3 months and 5months.

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Kerif Smerdon - a can do attitude, driven by results!



My View

Ngongotaha WHHSOB Rugby 9th grade 1980

Thank you madam editor for putting the photo on the front page last edition. We have decided as it's over 30 years since the team was together that we will have a reunion at Easter 2015. We have tracked down most of the players like Eddie Witeri who lives on gold coast but we need help to locate Geoff White, Jerry Meekler, Justin Mitchell, Harry Tibble, Paul Reeder and Errol Simpkins. Just email me at charleswsturt@gmail.com with details. Thank you

Council

We as elected Councillors were given a privy position of being advised of what the consultant Te Arawa had engaged to ascertain how the relationship between Te Arawa and Council could be improved, enhanced and become more efficient. The current Standing committee of Te Arawa has full voting right and is an advisory board on matters affecting Maori in the Rotorua District direct to council. We were all told that the issue/s had to be discussed by Te Arawa at a Hui before they presented their view to a whole of Council meeting in June. Whilst it was not a confidential meeting, we were all told it could be rejected, amended or endorsed. In the questions I asked had Te Arawa as a whole viewed the proposals I was told not yet. We were all assured it was based on the Auckland Super City model of greater representation. So as a matter of courtesy and good relationships Te Arawa wanted us to have a heads up on what the consultant was researching and its findings. I was aghast to get a call from the local media asking me to comment on the proposal leaked to them by Cr McVickers who is opposed to what he calls race based representation. Well I thought how rude to release something that had no origins was not set in concrete and was a concept only. It's like the Chamber of Commerce coming to me to discuss a hypothetical rate on the business community to arrange extra activity in the CBD but say we want to discuss it with our members first. How would my credibility be with the Chamber if I then went off to the media before they had a chance to consult their members?

Council in our team meetings in December 2013 all agreed that we needed to pursue better options to engage with Te Arawa to avoid costly litigation (i.e. Environment Court because council spoke to the wrong people) but also to build on the trust with Te Arawa which has been built up over many many years. To Te Arawa's credit they didn't react but behind the scenes council is working closely with Iwi on Redwood/ Waipa Forest access, Spray Irrigation options for sewerage, Eastern Arterial route and many many issues. It's my view that Cr McVickers actions has resulted in an element of mistrust but Te Arawa are to dignified to say that. We have had a subdivision committee as required under the RMA for years and a Te Arawa rep is on that have there been problems NO. Remember Cr Lee at the time scaremongering stating if Te Arawa gets the lake beds they'll put a fence around it and prevent non Maori from using the lake. Has that happened NO? A Te Arawa Advisory Board is no different in my view to the Grow Rotorua Councillor Controlled organisation set up to develop economic opportunities and for new business in Rotorua. I see a te Arawa advisory Board, no different to the Tourism committee manned by experts in the tourism industry and each and every member of the CCO and the chair of the tourism board get paid by ratepayers and it report direct to full Council.

contd overpage.....



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So why do people like McVickers object to one advisory board for Te Arawa. You I know why because "it's Maori". Yes McVickers has his right to his views but he needs to understand the Te Arawa people, read Don Stafford's books and the Fenton agreement. These highlight a people who do not occupy land, march in the streets and they are far from radical. They are about what's best for the people of Rotorua which includes the Te Arawa people. Their track record is testimony to such endeavours.

I do not and have never supported separate seats for any group as I believe it marginalizes people and puts them into a corner and says there's your quota. Same in parliament the Maori seats are not needed anymore as there are heaps of Maori across all parties actively serving all New Zealanders in Parliament.

Progress Ngongotaha

Thank you for your submission to council on behalf of the community and yes every community needs to be vigilant to call the police when the scum doing the burglaries around the village are spotted. You'll get caught. Be observant and take down number plates then quietly ring the police on your cell phone. To the person who spotted those 'low live's' who had done all the holdups in Rotorua congrats. The person observed them wearing balaclavas and rang police and followed them. Courageous stuff. Anyone who believes crime is under control must have rocks in their heads. With high unemployment and youths wagging or not engaged in school or training they are causing mayhem stealing stock, robbing clothes from outside shops and causing mayhem in the \$2 shop a few weeks back in Rotorua.

So pleased to have joined the march against the synthetic drugs.

I also observed two cars and one Ute with trailers dumping rubbish on the side of the road. Number plates of all to police for them to sort out. Its you town your community so act for you and your children.

Ngongotaha

Yes Merepeka is correct Ngongotaha is a special place with special people who live here, have lived here and always call Ngongotaha home. Was awesome to be at Jose Simpkins (Nee Rika)70th Birthday and hear the tributes flow to a hard working family orientated woman who embraces her whanau and the whole community. That gathering was a symbol of New Zealand a bi cultural multi ethnic community who gets on for the common good of their family and community. Congrats Jose.

Condolences

To the Curry Family especially Ross Curry and Sue Baker our thoughts to you over the loss of your dad "Nick" who had 96 great years. To you Mrs Molly Curry and the whole Curry family whose links with Ngongotaha are strong, our deepest condolences. Also to the Hubbard family who lost Moyra and Reg within a week of each other. To you Dean, Wiston, Zorah Ross and Ethel and those related to the Hubbard's our deepest sympathy also.

Must also congratulate Mr and Mrs Richard Davis on the new arrival. As a new Grandparents Denise and I know the joy new grandchildren bring.

Keep smiling and love those Kids and Mokos heaps.

Cr Charles Sturt

An exasperated mother, whose son was always getting into mischief, finally asked him 'How do you expect to get into Heaven?' 'The boy thought it over and said, 'Well, I'll run in and out and in and out and keep slamming the door until St. Peter says, 'For Heaven's sake, Dylan, come in or stay out!''

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Cupcake recipe

Ingredients

- 110g butter, softened
- 110g caster sugar
- 110g plain flour
- 2 tsp baking powder
- ¼ tsp salt
- 2 medium eggs
- 1 tsp vanilla extract

Method

Preheat the oven to 180C/
350F Line a muffin tin with
paper cases.

Beat butter and sugar in a

bowl until pale and fluffy.

Sift the flour, baking powder
and salt into the bowl.

Beat the eggs and vanilla and
add to the bowl. Beat until
just combined.

Spoon the mixture into the
paper cases.

Bake for 18 to 20 minutes
until risen, golden and firm to
the touch.

Cool in the tin for 10 minutes,
then transfer to a wire rack to
cool completely.

Makes 12

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EATING FRUIT...

We all think eating fruits means just buying fruits, cutting it and just popping it into our mouths. It's not as easy as you think. It's important to know how and *when* to eat.

What is the correct way of eating fruits? IT MEANS NOT EATING FRUITS AFTER YOUR MEALS! FRUITS SHOULD BE EATEN ON AN EMPTY STOMACH

If you eat fruit like that, it will play a major role to detoxify your system, supplying you with a great deal of energy for weight loss and other life activities.

FRUIT IS THE MOST IMPORTANT FOOD.

Let's say you eat two slices of bread and then a slice of fruit. The slice of fruit is ready to go straight through the stomach into the intestines, but it is prevented from doing so.

In the meantime the whole meal rots and ferments and turns to acid. The minute the fruit comes into contact with the food in the

stomach and digestive juices, the entire mass of food begins to spoil.....So please eat your fruits on an empty stomach or before your meals! You have heard people complaining — every time I eat watermelon I burp, when I eat durian my stomach bloats up, when I eat a banana I feel like running to the toilet, etc — actually all this will not arise if you eat the fruit on an empty stomach. The fruit mixes with the putrefying other food and produces gas and hence you will bloat!

Greying hair, balding, nervous outburst and dark circles under the eyes all these will NOT happen if you take fruits on an empty stomach.

There is no such thing as some fruits, like orange and lemon are acidic, because all fruits become alkaline in our body, according to Dr. Herbert Shelton who did research on this matter. If you have mastered the correct way of eating fruits, you have the Secret of beauty, longevity, health, energy, happiness and normal weight. When you need to drink fruit juice - drink only fresh fruit juice, NOT from the cans. Don't even drink juice that has been heated up. Don't eat cooked fruits because you don't get the nutrients at all. You only get to taste. Cooking destroys all the vitamins.

But eating a whole fruit is better than drinking the juice. If you should drink the juice, drink it mouthful by mouthful slowly, because you must let it mix with your saliva before swallowing it. You can go on a 3-day fruit fast to cleanse your body. Just eat fruits and drink fruit juice throughout the 3 days and you will be surprised when your friends tell you how radiant you look!

KIWI: Tiny but mighty. This is a good source of potassium, magnesium, vitamin E & fiber. Its vitamin C content is twice that of an orange.

APPLE: An apple a day keeps the doctor away? Although an apple has a low vitamin C content, it has antioxidants & flavonoids which enhances the activity of vitamin C thereby helping to lower the risks of colon cancer, heart attack & stroke. STRAWBERRY: Protective Fruit. Strawberries have the highest total antioxidant power among major fruits & protect the body from cancer-causing, blood vessel-clogging free radicals. *

ORANGE : Sweetest medicine. Taking 2-4 oranges a day may help keep colds away, lower cholesterol, prevent & dissolve kidney stones as well as lessens the risk of colon cancer. *

WATERMELON: Coolest thirst quencher. Composed of 92% water, it is also packed with a giant dose of glutathione, which helps boost our immune system.. They are also a key source of lycopene — the cancer fighting oxidant. Other nutrients found in watermelon are vitamin C & Potassium. *

GUAVA & PAPAYA: Top awards for vitamin C. They are the clear winners for their high vitamin C content.. Guava is also rich in fiber, which helps prevent constipation. Papaya is rich in carotene; this is good for your eyes. *

For those who like to drink cold water, this article is applicable to you. It is nice to have a cup of cold drink after a meal. However, the cold water will solidify the oily stuff that you have just consumed. It will slow down the digestion.

Once this 'sludge' reacts with the acid, it will break down and be absorbed by the intestine faster than the solid food. It will line the intestine. Very soon, this will turn into fats and lead to cancer. It is best to drink hot soup or warm water after a meal.

This is all very interesting but don't know how true this is, has anyone tried it - email sent to me by a reader. I await your reaction Ed.

HOME MADE TOMATO SOUP

2 sticks celery
2 medium onions
2 - 3 carrots
2 cloves garlic
Grated root ginger
Olive oil
2 organic chicken or vegetable stock cubes
6 large ripe tomatoes
1 small bunch fresh basil
Sea salt
Freshly ground black pepper

Method

Peel and roughly slice the carrots. Slice the celery. Peel and roughly chop the onions. Peel and slice the garlic. Grate about 1 tspn of ginger. Put a large pan on a medium heat and add a couple of tablespns of olive oil. Add all your chopped and sliced ingredients and mix together with a wooden spoon.

Cook for around 10 to 15 minutes with the lid askew, until the carrots have softened but are still holding their shape, and the onion is lightly golden.

Put the stock cubes into a jug and pour in 1.5 litres of boiling water from the kettle. Stir until the stock cubes are dissolved, then add to the soup, giving it a good stir and bring to the boil. Reduce the heat and simmer for 10 minutes with the lid on.

To serve your soup:

Remove from the heat. Season with salt and pepper and add the basil leaves. Using a hand blender or liquidizer, pulse the soup until smooth. Season again before dividing between your serving bowls.

KIDZ

One summer evening during a violent thunderstorm a mother was tucking her son into bed. She was about to turn off the light when he asked with a tremor in his voice, 'Mummy, will you sleep with me tonight?' The mother smiled and gave him a reassuring hug. 'I can't dear,' she said. 'I have to sleep in Daddy's room.' A long silence was broken at last by his shaky little voice: 'The big sissy.'

It was that time, during the Sunday morning service, for the children's sermon. All the children were invited to come forward. One little girl was wearing a particularly pretty dress and, as she sat down, the minister leaned over and said, 'That is a very pretty dress. Is it your Easter Dress?' The little girl replied, directly into the minister's clip-on microphone, 'Yes, and my Mum says it's a b#\$%^ to iron.'



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KAHAROA SCHOOL ENROLMENTS

The Board invites applications from parents who wish to enrol their sons and daughters at Kaharoa School for Term 3 2014.

Enrolment at the school is governed by an enrolment scheme, details of which are available from the school office.

The enrolment period runs from 5 July 2014 to 26 September 2014.

The Board has determined places are likely to be available for out of zone students in this enrolment period.

The exact number of places will depend on the number of applications received from students who live within the school's home zone.

For students seeking enrolment within the enrolment period, the deadline for receipt of applications for out of zone places is 20 June 2014.

Written applications to The Board of Trustees for out of zone places should be made on the schools out of zone enrolment form and posted to the school office,
296 Kaharoa Road, RD6, ROTORUA 3096 or e mail principal@kaharoa.school.nz

If the number of out of zone applications exceeds the number of places available, students will be selected by ballot. If a ballot is required it will be held on Monday 23 June 2014.

Parents will be informed of the outcome of the ballot within three school days of the ballot being held.

If you live in the home zone and have not yet signalled your intention to enrol your child, please **contact the school immediately to assist us to plan appropriately.**

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 07 349 7052 anita.martelli@raywhite.com
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Ngakuru 999 Whirinaki Valley Road

3 2 2 2

ENTRY LEVEL LIFESTYLE Delightful art deco, fully renovated with timber beams, feature fireplace, original windows, updated bathrooms and new ranchslider opening onto a north facing verandah. Fully insulated with double glazing and old style thick glass in others. 3 bedrooms, sunroom and extra large garage on 5000m2 grounds.

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Ngakuru 1001 Whirinaki Valley Road

3 2 2 2

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Ngongotaha 328 Ngongotaha Road

3 1 2 2

FAMILY FUN AND RURAL OUTLOOK Whatever the interests are, you will be in close proximity to something to keep everyone happy. Then there is the pet and child friendly 1077m2 (more or less) section with subdivision potential. This open plan kitchen/dining with spacious living area, solidly built 3 bedroom plus conservatory, family home won't disappoint.

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Ralph's comments

June brings us the shortest day of the year and then when that's over I hope we get some warmer weather. I guess that the cold will kill a few bugs and then the whole world will be a better place to live in – maybe

Just recently – 3rd May – there was the celebration of 50 years of the running of the Rotorua Marathon. Ever since taking up residence in Ngongotaha in 1976 I have been involved in this great event in some way through the Lions Club of Ngongotaha. My recollection of that years event was manning a drink stall at Hamurana where each competitor supplied their own brew (yes even Waikato) and we set the drinks up on tables for the runners to grab as they ran by. Each container had the competitor's number on it and had to be visible for them. We were mostly occupied by picking up the containers off the road because the runners in their haste would knock half a dozen or more off the table and so we did our duty by standing them back on the table. I suppose we were a bit lucky that year as there were only 368 runners. Times have changed though and we now man water stations at Awahou and Hamurana and cope with many, many more runners with the best being 5859 who started in the 25th marathon in 1989. The late Andy Burnett was on the Marathon committee and the Lions Club was involved in serving up pasta on the eve of the Marathon. This was available to all competitors and was served at the Sportsdrome in the Government Gardens. This year I was honoured with an invited by Dennis Kenny (Mr Marathon) to be part of the celebration and to represent all service Clubs that have participated over the years. I was one of 50 people and our mission was to release a balloon for each year of the marathon. This was duly done, the canon was fired and 4000 odd half marathon runners took to the streets. This was most exciting as then the 4000 odd full marathon runners lined up, the canon was fired and away they went. Then the walkers started out. It was quite amazing to see so many people dispatched without too much effort. It's a very different exercise to serving on the drink station and picking up paper cups.

I don't have a road report this month except to say that I have been to Taumarunui via Atiamuri, Mokai and Tihoi and returned via Turangi, Taupo and all is well with no changes. I did notice some big changes in the land development scene. Lots of trees have been harvested and the land planted in grass and more dairy farms being developed. The Ohaaki power station cooling tower is visible for miles now where once it was out of sight. I use to love telling people that the tower was a nuclear power station.

That's it for this month so best wishes to you all - **Ralph**

An elderly, white-haired man walked into a jewellery store one Friday evening with a beautiful young blonde at his side. He told the jeweller he was looking for a special ring for his girlfriend. The jeweller looked through his stock and brought out a \$5,000 ring. The old man said, "No, I'd like to see something more special." At that statement, the jeweller went to his special stock and brought another ring over. "Here's a stunning ring at only \$40,000," he said. The young lady's eyes sparkled and her whole body trembled with excitement. The old man seeing this said, "We'll take it.." The jeweller asked how payment would be made and the old man stated, "By cheque. I know you need to make sure my cheque clears so I'll write it now, and you can call the bank on Monday morning to verify the funds and I'll pick the ring up on Monday afternoon," he said. On Monday morning, the jeweller 'phoned the old man and said "Sir, there's no money in that account." "I know," said the old man, "but let me tell you about my weekend!" **Not all Seniors Are Senile!**

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I have just returned from a business trip to Hawaii where I presented to a group of entrepreneurs. With all its beautiful beaches, landscapes, volcanoes, greenery and climate there was one thing I noticed missing from Hawaiki where we were staying – clean drinkable water. I drank purchased bottled water the whole time I was there. The closest thing to our water there was a river canal that I would not dare to drink from and was used for many purposes including waka ama.

Let's be real – you probably would not drink the water south of the Ngongotaha or Waiteti bridges or maybe you would – however you could easily drink water from the upper reaches of both of those rivers as well as the Awahou and Hamurana rivers. One thing that Ngongotaha, Waiteti, Awahou and Hamurana has is an abundance of clear, clean drinkable water – if you go to the right places to drink it.

So when is the last time you had a drink of water from one of our rivers? I am not recommending you go anywhere and have a gulp but there are places that I do recommend to you – such as the springs up at Hamurana or even the Awahou river mouth early in the morning when no one is swimming upstream – that water is healing for you.

Water is important to our ecosystems and also our own biological systems. It cleanses, heals, refreshes and invigorates us and returns our minds bodies and spirit to a place of peace and rest. Water reminds us of flow and there is nothing like being in the middle of a river floating down to our destination – much like life should be when we are in the flow and everything seems to happen effortlessly. Being around water such as our rivers reminds us to stay in the flow. Are you in your flow or is it time to visit one of our rivers and have a drink? Water water everywhere – and yes you can drink it!

Ngahihi o t era Bidois is an author, businessman, Husband and Father who lives (and shops) in Ngongotaha. Read more about him at www.ngahibidois.com or email him at ngahi@xtra.co.nz.

After 40 years of marriage, a husband and wife came for counselling. When asked what the problem was, the wife went into a tirade listing every problem they had ever had in the years they had been married. On and on and on: neglect, lack of intimacy, emptiness, loneliness, feeling unloved and unlovable, an entire laundry list of unmet needs she had endured. Finally, after allowing this for a sufficient length of time, the therapist got up, walked around the desk and after asking the wife to stand, he embraced and kissed her long and passionately as her husband watched - with a raised eyebrow. The woman shut up and quietly sat down as though in a daze. The therapist turned to the husband and said, "That is what your wife needs at least 3 times a week. Can you do this?"

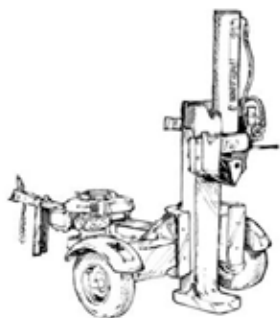
"Well, I can drop her off here on Mondays and Wednesdays, but on Fridays, I fish."

Some guy bought a new fridge for his house. To get rid of his old fridge, he put it in his front yard and hung a sign on it saying: 'Free to good home. You want it, you take it.' For three days the fridge sat there without anyone looking twice.

He eventually decided that people were too mistrustful of this deal. So he changed the sign to read: 'Fridge for sale, \$50.'

The next day someone stole it! THEY WALK AMONG US! AND THEY VOTE!

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Hamurana Golf Club

Tena koutou katoa. Welcome to the fifth Hamurana Golf Club (HGC) article from the friendliest Golf Club in town. As per usual here's another funny story to start with.

"How was your golf game, dear?" asked Jack's wife Tracy. "Well, I was hitting pretty well, but my eyesight's gotten so bad I couldn't see where the ball went." "But you're seventy-five years old, Jack!" admonished his wife, "Why don't you take my brother Scott along?" "But he's eighty-five and doesn't even play golf anymore," protested Jack. "But he's got perfect eyesight. He could watch your ball," Tracy pointed out. The next day Jack teed off with Scott looking on. Jack swung, and the ball disappeared down the middle of the fairway. "Do you see it?" asked Jack. "Yup," Scott answered. "Well, where is it?" yelled Jack, peering off into the distance. "I forgot."

HGC Inc has secured yet another Bay of Plenty Competition with the Junior Pennants team (handicaps 16+) winning their final against Lakeview Golf Club in Whakatane. This is the second year in a row that this team has won that championship so they will be going for a threepeat win in 2015. As outlined in the previous article this is quite a feat considering they play clubs with many more members at their disposal such as Taupo, Rotorua and Springfield. Congratulations to the team and manager Marlene Simon on a very impressive accomplishment. Next up is the combined handicap pennants competition which sees various club members of various golf handicaps competing against other clubs.

HGC Inc would like to thank the sponsors who continue to support us and make this happen including Driftkartz Rotorua where driving an indoor go-kart becomes an amazing drifting experience. They are located near major Lake Road traffic lights and we highly recommend this adventure to anyone looking for action. Winners and Driftkarters are grinners. Thanks Nick Beazley – Much appreciated.

Golf tip for the month

If you save two minutes per hole on a round of 18 holes you will get back 36 minutes of your (golfing) life to spend somewhere else like at the 19th hole (the clubhouse). Here are a couple of ways you can do that - watch your mates ball when they hit it so you don't spend many many minutes looking for it later – and here's the second tip - remember where it went!

As per usual we invite you to join us at the friendliest Golf club in town. Just \$15 for 18 holes of golf and just rock up at 8.30am any Saturday morning and tee off with whoever is there at the time – no start sheets here unless there is a club competition on. Nau mai haere mai – We look forward to meeting you

When the waiter arrives, Abe asks, "Are there any Mexican Jews?" The waiter says, "I don't know senior, I ask the cooks. " He returns from the kitchen after a few minutes and says, "No senior, the cook say no Mexican Jews." Abe isn't satisfied and asks, "Are you absolutely sure?" The waiter, realizing he is dealing with "Gringos" replies, "I check once again, senior," and goes back into the kitchen. While the waiter is away, Sid says, "I find it hard to believe that there are no Jews in Mexico .. Our people are scattered everywhere." The waiter returns and says, "Senior, the head cook Manuel, he say there is no Mexican Jews." "Are you certain?" Abe asks again. "I just can't believe there are no Mexican Jews!" "Senior, I ask EVERYONE," replies the exasperated waiter. "All we have is Orange Jews, Grape Jews, Prune Jews, Tomato Jews and Apple Jews, but no Mexican Jews."

A RIDDLE FOR SMART PEOPLE
 Only 5% of Stanford University graduates Figured it out!
 Can you answer all seven of the following questions with the same word?

1. The word has seven letters.
2. Preceded God.
3. Greater than God.
4. More Evil than the devil.
5. All poor people have it.
6. Wealthy people need it.
7. If you eat it, you will die.

Did you figure it out?
 Try hard before looking at the answers - Give up

Answer is:
NOTHING!
 NOTHING has 7 letters.
 NOTHING preceded God.
 NOTHING is greater than God.
 NOTHING is more Evil than the devil.
 All poor people have NOTHING.
 Wealthy people need NOTHING.
 If you eat NOTHING, you will die.

After being interviewed by the school administration, the prospective teacher said:
 "Let me see if I've got this right. You want me to go into that room with all those kids, correct their disruptive behaviour, observe them for signs of abuse, monitor their dress habits, censor their T-shirt messages and instil in them a love for learning.
 You want me to check their backpacks for weapons, wage war on drugs and sexually transmitted diseases, and raise



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their sense of self esteem and personal pride.
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 You also want me to provide them with an equal education regardless of their handicaps, and communicate regularly with their parents in English, Arabic or any other language, by letter, telephone, newsletter, and report card.
 You want me to do all this with a piece of chalk, a blackboard, a bulletin board, a few books, a big smile, and a starting salary that qualifies me for "New Start."
 You want me to do all this, and then you tell me.....
 I CAN'T wear a little cross or say "Happy Christmas" because someone might take offence? "

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Kaharoa School

Our Cornerstone Value for the term is Honesty and Truthfulness. Our definition is: Willingness not to steal, cheat, lie or be unfair. This means telling the truth.

Our Key Competency is being a Communicator: Give and Receive. A Kaharoa Kid can confidently and clearly communicate, interpret and respond to messages.

Our Electives programme started with much anticipation and excitement on the part of children, teachers and parents. This term the Electives include: Wool felting (making house flags); knick knack art; paper art; origami; performance (with music and drama); tae kwon do; beading; fishing; using ipads for learning; science (including making a hot air balloon) and gardening (painting up and planting pots). Electives are held in Term 2 and 3 each year and are a highlight for the children. We really appreciate the parents who take an elective, sharing an interest and passion with the students.

The children have been training for the School and Rural School Cross Country which is coming up on Tuesday 17th June. They will be running over paddocks and through the bush in preparation for the day. We look forward to sharing this day with other rural schools and hope that the weather is kind. Our Year 3/4 and 4/6 rippa rugby teams competed against other schools in a tournament last week. Congratulations to both teams who gave it their all. The year 3/4 team will go on to play in the BOP Championships with a chance to play in the Nationals later in the season. The Year 5/6 team played hard and won the Bowl final.

The house captains are currently running a ‘Walk with the Principal for a day’ raffle. The winner of the raffle will spend an exciting day walking alongside Mr Moyle, who is busy planning a stimulating day for the winner. The money raised will go towards the House Captain’s project, which is to build a large abacus to display (running tally) the term’s house points.

All the students were enthralled by the Wizard’s show this week. This scientist from America entertained and educated the children and staff through wowing them with science experiments.

Unison visited Kaharoa to teach the children, through an interactive programme, about the dangers of electricity and how to stay safe in different situations. This visit supports the school wide physical world focus in science.

The junior school will be participating in the Firewise Education programme run in conjunction with the fire service. They will be learning what to do and what not to do around fires.

The Year 7/8 students will be involved in a First Aid course on the 11 June. This practical course teaches basic first aid in situations that the children may encounter.

On the 12th June we have the Space Junk show performing for the school. Visiting artist performances add to the richness of the school programmes.

Mrs McGovern is currently working with teams of Year 5-8 children, preparing for the Newsteam competition which will be held on June 24th. We wish these teams all the best for this challenge.

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2014 has been extremely busy in the Rotorua electorate and in Parliament with a focus on the issues that matter to you and your family.

Much has been achieved this year. Crime has continued to drop with a 13 per cent reduction in 2013 and we saw an end to "legal highs" with the passing of the Psychoactive Substances Amendment Act as well as putting a stop to all animal testing.

Budget 2014 was announced in May and New Zealand is forecast to be back in surplus for the 2014/15 year. Families are the first to benefit with \$500 million set aside including free doctors' visits for under 13s and an extra four weeks Paid Parental Leave.

Rotorua's economy is looking up with sectors such as forestry and tourism the key players. Tourism is worth \$500 million to the Rotorua economy each year and it's our largest employer.

In May there were two significant announcements to support Rotorua tourism. The first I made as Associate Tourism Minister and was \$225,000 for Skyline Gravity Park to upgrade its mountain bike tracks on Mt Ngongotaha. The second was that Rotorua would host TRENZ 2015 - New Zealand's largest tourism expo. These are both good for Rotorua and excellent news for the local economy - a significant boost to our tourism industry.

As your elected Member of Parliament, I'll continue to work hard for Rotorua businesses and households to ensure we get access to the resources we need to boost the local economy, support families and create jobs here.

I am often in the Ngongotaha area and would welcome the chance to meet with you. **To contact me, call my Rotorua office on (07) 348 5871 or email me directly at rotorua.mp@national.org.nz. Todd McClay**

When Gandhi was studying law at the University College of London, there was a professor, whose last name was Peters, who felt

Todd McClay

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Ngongotaha

animosity for Gandhi, and because Gandhi never lowered his head towards him, their "arguments" were very common.

One day, Mr. Peters was having lunch at the dining room of the University and Gandhi came along with his tray and sat next to the professor. The professor, in his arrogance, said, "Mr Gandhi: you do not understand... a pig and a bird do not sit together to eat", to which Gandhi replies, "You do not worry professor, I'll fly away", and he went and sat at another table. Mr. Peters, green of rage, decides to take revenge on the next test, but Gandhi responds brilliantly to all questions.

Then, Mr. Peters asked him the following question, "Mr Gandhi, if you are walking down the street and find a package, and within it there is a bag of wisdom and another bag with a lot of money; which one will you take?"

Without hesitating, Gandhi responded, "the one with the money, of course". Mr. Peters, smiling, said, "I, in your place, would have taken the wisdom, don't you think?" "Each one takes what one doesn't have", responded Gandhi indifferently.

Mr. Peters, already hysteric, writes on the exam sheet the word "idiot" and gives it to Gandhi. Gandhi takes the exam sheet and sits down. A few minutes later, Gandhi goes to the professor and says, "Mr. Peters, you signed the sheet, but you did not give me the grade."

KAITAO MIDDLE SCHOOL

Term two has started well at Kaitao and although we have a short term ahead of us, as usual it will be very busy.

A mufti day held recently to provide food parcels for our community saw our students bringing cans and dry goods to school. The response was overwhelming with a large number of boxes being filled.

Also over the 40 hour famine weekend we had an amazing number of kids taking part and are hopeful of raising a significant amount of money for World Vision.

Following our Leadership Camp at Sir Edmund Hillary Outdoor Pursuits Centre we elected our Head Boy and Head Girl and their deputies.

Our Head Girl is Waiata Jennings and Deputies are Summer Jenkins and Tamsyn Ellery.

Our Head Boy is Nikora Simpkins, a Ngongotaha boy.

The Junior Cactus Programme started this term with 25 students starting early at 6.15am, doing a series of physical and mental activities, going to the Aquatics to shower and then back to school, for a hearty breakfast.

Thanks to our sponsors for the programme;

- ▶ Rotorua Youth Committee
- ▶ Rotorua District Council
- ▶ Rotorua Police
- ▶ Ngongotaha Four Square

This term we have two health promoting programmes at school.

The first will be the Life Education Trust and the theme we have chosen for their presentation is around the Dangers of Drugs. The second will be having a qualified presenter come in and talk to our students around Pubertal Change.

We have a number of workshops this term also, conducted by the ASB around Financial Literacy.

Science in a Van replaces our usual Science Roadshow and is an interacting Science based programme that has successfully visited our school before.

Our major cultural event for this term is Kaitao's Got Talent and we have up to 50 groups all auditioning for 20 spaces. The acts range from singing solo, singing in groups, dancing, bands, comedy and class acts. The Kaitao's Got Talent evening will be on Wednesday 2nd July from 7pm.

Two of our students have been selected and perform in the Creation Fest later this year, Waiata Jennings and Rahera Wilson. Training has already begun for the two major sporting events our students will be involved in this year. Sports Camp sees up to 30 students spend a week at Totara Springs Camp competing in up to 20 different sports. In the past we have been very successful at the event taking away several of the competitions.

The New Zealand AIMS games will see our students competing against individuals and teams from New Zealand and Australia in a variety of sport and activities.

We will be competing in Basketball, Rugby League, Bowls and Hip Hop at this stage.

A small number of our school leaders attended the ANZAC service held on

ANZAC day at the lake front, marching to the Events Centre where they placed a wreath on the cenotaph.

Another busy term which we look forward to with enthusiasm



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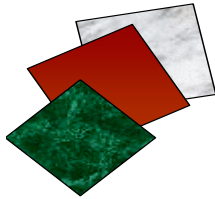
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Ngongotaha School

Kia Ora Koutou Katoa

We are well into term two and winter has certainly arrived.

We started the term with a teacher development day where we continued working on the development of written language in Ngongotaha School. The day was extremely valuable with facilitator Murray Gadd working with staff. We continue to see this development transferring into the classroom.

At the start of the term we welcomed a number of new pupils to our new entrant class and across the school. Mrs Bowater's class has grown and we will be starting another new entrant class at the start of term three with Mrs Astwood as its teacher. If you have a pre-school child at home, who is due to start school this year, we welcome your enquiries about our programmes. Our Great Start programme, for pre-schoolers, is underway and we encourage you to attend so you can prepare for school life with your child. Please phone the school if you wish to find out more information: 07-3574531.

During week two of the term we had a group of students attend a Jump Jam leadership training workshop with Brett Fairweather. Jump Jam is exercise to music and our students have been entering the regional and national Jump Jam competitions for a number of years. Last year our group was placed second in New Zealand for their section. The students who attended the leadership workshop are now leading sessions at school and are looking forward to the 2014 competition.

Our school cross country was held on Friday 23rd May following three weeks of preparation and training. All ages raced various distances ending their run on the top field to a crowd of students and family members who were cheering them on. From the finalists a team has been selected to represent the school at the inter school cross country on Tuesday 10th June. This competition is held in the Redwoods, we look forward to the children representing the school at this event.

During week three Mr Henderson and I took a year 3 & 4 team and a year 5 & 6 team to the Rippa Rugby World Cup competition. Mrs. Ngatai worked with the teams in preparation for the competition but come game day she was too sick to attend. We had great support from family members and the children enjoyed their day. We were very proud to be with the children who were very well behaved and who competed with good sportsmanship and attitude. Thank you to all who supported us especially to those who helped with coaching and managing.

It is great to see so many children engaged in sport at this time of the year. Our school miniball, netball and hockey teams are all underway and they look forward to a competitive season. Good luck to all who are playing for soccer and rugby club teams as well. We will be arranging interschool sports exchanges, during term three, for our year 5 & 6 students. We look forward to seeing the skills from our Physed programme in action.

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Mrs Le Lievre, our school librarian, is currently working with our Newsteam in preparation for the Newsteam Competition in week 8. This competition involves finding your way around the newspaper to answer a series of questions. This competition has been running for a number of years and we look forward to seeing the students take part again.

During the holiday break we had 95 cubic metres of cushionfall delivered to the old Henderson quarry yard. Many thanks to Swap Contractors for allowing us the use of this site as a place to store the product until we had suitable weather to move it all to the school grounds. This has since been moved to both the junior and middle area playgrounds so that the surface of these playgrounds has a good depth to cushion the landing surface. We thank Ray Whyte (previous caretaker) and Bruce McNaught (current caretaker) for the hours they put in moving this product and spreading it around the playgrounds. This was a huge job and we thank them both. The children are enjoying the new surface and the various mounds that have been left for them to climb on.

Our Ngati Whakaue Education Endowment Trust support programmes are running extremely well again this year. We have an oral language programme for our youngest children who need support in this area. We have had good support from families who come in to work with their children and share the learning journey together. This is also run in Te reo Māori three afternoons a week to support the development of te reo in our year 1 rumaki students. We also have a reading / writing programme for the year 1 & 2 children who need extra support. The children really enjoy the sessions run in both programmes and look forward to their learning sessions. Each of these programmes is facilitated by experienced teachers and have received great support from families. We look forward to the continued development over the year. We thank Ngati Whakaue for the funding which assists Māori students achievement and success.

Later this term we will celebrate Matariki with a week of activities at school. This is a feature of our school programme that we continue to develop. The last week of school will be an admiration week. The staff look forward to this opportunity to not only receive but to give acknowledgements to their peers. We look forward to the remainder of the term and the continued developments in our school.

Term two will end on Friday 4th July.

Term Three is from Monday 21st July to Friday 26th September.

Term Four is from Monday 13th October to Thursday 18th December.

Iti rearea teitei kahikatea ka taea" – "Aim High, Stand Proud"
Cathryn Naera and staff of Ngongotaha School

While looking at a house, my brother asked the Estate Agent which direction was north because he didn't want the sun waking him up every morning. She asked, "Does the sun rise in the north?" My brother explained that the sun rises in the east and has for sometime. She shook her head and said:

"Oh, I don't keep up with all that stuff..."

THEY WALK AMONG US!

My sister has a lifesaving tool in her car that is designed to cut through a seat belt if she gets trapped. SHE KEEPS IT IN THE CAR TRUNK !

One day I was walking down the beach with some friends when someone shouted, "Look at that dead bird!" Someone looked up at the sky and said, "Where?"
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I called the company and ordered their 5-day, 10 lb. weight loss.

The next day, there's a knock on the door and there stands before me a voluptuous, athletic, 19 year old babe dressed in nothing but a pair of running shoes and a sign around her neck.

She introduces herself as a representative of the weight loss company.

The sign reads, 'If you can catch me, you can have me.'

Without a second thought, I took off after her. A few miles later huffing and puffing, I finally gave up.

The same girl shows up for the next four days and the same thing happens.

On the fifth day, I weighed myself and am delighted to find I lost 10 lbs. as promised.

I called the company and ordered their 5-day/20 pound program.

The next day there's a knock at the door and there stands the most stunning, beautiful, sexy woman I have ever seen in my life.

She is wearing nothing but running shoes and a sign around her neck that reads, 'If you catch me you can have me'.

Well, I'm out the door after her like a shot.

This girl is in excellent shape and I do my best, but no such luck.

So for the next four days, the same routine happens and I'm gradually getting in better and better shape.

Much to my delight on the fifth day when I weigh myself, I discover that I have lost another 20 lbs. as promised.

So I decide to go for broke and calls the company to order the 7-day/50 pound program. "Are you sure?" asks the representative on. "This is our most rigorous program."

"Absolutely," I reply, "I haven't felt this good in years."

The next day there's a knock at the door; and when I open it find a huge muscular guy standing there wearing nothing but pink running shoes and a sign around his neck that reads, "If I catch you,... you're mine." I lost 63 pounds that week.

Grandma wanted to serve her guests mushroom-smothered steak, but she had no mushrooms and no time to buy them. Her husband suggested, "Why don't you go pick some of the mushrooms that are growing wild down by the stream?" "No, some wild mushrooms are poisonous." "Well, I see varmints eating them and they're OK." So she picked a bunch and washed, sliced and sautéed them for her dinner. Then she went out on the back porch and gave Spot, their dog, a double handful. Spot ate every bite. All morning long, she watched the dog. The wild mushrooms hadn't affected him after a few hours, so she decided to use them. The meal was a great success. After everyone had finished, her daughter came in and whispered in her ear, "Mum, Spot is dead."

Trying to keep her head about her, she left the room as quickly as possible, called the doctor and told him what had happened. The doctor said, "That's bad, but I think we can take care of it. I'll call for an ambulance and I'll be there as quickly as I can. We'll give everyone enemas and we'll pump out their stomachs and everything will be fine. Just keep them calm."

Before long they started to hear the sirens as the ambulance tore down the road. The Paramedics and the doctor had their suitcases, syringes, and a stomach pump. One by one, they took each person into the bathroom, gave them an enema, and pumped out their stomach. After the last one was done the doctor came out and said, "Everything will be okay now," and with that he left. The hosts and the guests were all weak and knackered sitting around the living room when the daughter came in and said to her mum, "I can't believe that guy!" "What guy?" "You know, that one who ran over Spot, he never even slowed down".

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07 348 0615
office@pearceflooring.co.nz



PEARCE FLOORING

Carpet Store



PHONE (07) 357 4388
210 MAIN ROAD NGONGOTAHA

OPENING HOURS
TUES - open Tuesdays 9-1
WED 9.30 - 6pm
THURSDAY AND FRIDAY 9-7
SATURDAY - 9 - 1
Hours can be adjusted to suit the clients needs.

SPECIAL FOR MONTH OF MAY 2014

ROCHELLE SPECIALS

\$15 cuts
and

from \$55 retouch colour including cut.

Models also needed for hairdressing competitions and assessments. Their will be no cost for the model.
Please phone the salon for a consultation.

Gold card days – Tuesday and Wednesday

JAX Hair Studio specialist in all aspects of Hair Dressing, including Weddings, and Ball hairups

Phone 3574388 for an appointment

Check out our Facebook page to find out what is happening in the Salon

Bike Force



LMVD
"Your Motorcycle People"

 **SUZUKI**

Sales and Service

FARM : OFFROAD : ROAD

Punctures Repaired While You Wait

Full Range of Parts and Accessories for Your Motorcycle

Phone : 348.9171
177 Lake Road, ROTORUA

After Hours: Lindsay 027 440 588

We Service All Makes and Models
We Will Pick-up and Deliver your Motorcycles



My mother taught me TO APPRECIATE A JOB WELL DONE . "If you're going to kill each other, do it outside. I just finished cleaning."

My mother taught me RELIGION. "You better pray that will come out of the carpet."

My father taught me about TIME TRAVEL. "If you don't straighten up, I'm going to knock you into the middle of next week!"

My father taught me LOGIC. "Because I said so, that's why."

My mother taught me MORE LOGIC . "If you fall out of that swing and break your neck, you're not going to the store with me."

My mother taught me FORESIGHT. "Make sure you wear clean underwear, in case you're in an accident."

My father taught me IRONY. "Keep crying, and I'll give you something to cry about."

My mother taught me about the science of OSMOSIS . "Shut your mouth and eat your supper."

My mother taught me about CONTORTIONISM. "Will you look at that dirt on the back of your neck!"

My mother taught me about STAMINA . "You'll sit there until all that spinach is gone."

My mother taught me about WEATHER. "This room of yours looks as if a tornado went through it."

My mother taught me about HYPOCRISY. "If I told you once, I've told you a million times, don't exaggerate!"

My father taught me the CIRCLE OF LIFE. "I brought you into this world, and I can take you out."

My mother taught me about BEHAVIOR MODIFICATION . "Stop acting like your father!"

My mother taught me about ENVY. "There are millions of less fortunate children in this world who don't have wonderful parents like you do."

My mother taught me about ANTICIPATION. "Just wait 'til your father gets home."

My mother taught me about RECEIVING "You are going to get it from your father when you get home!"

My mother taught me MEDICAL SCIENCE. "If you don't stop crossing your eyes, they are going to get stuck that way."

My mother taught me ESP. "Put your sweater on. Don't you think I know when you are cold?"

My father taught me HUMOR. "When that lawn mower cuts off your toes, don't come running to me."

My mother taught me HOW TO BECOME AN ADULT . "If you don't eat your vegetables, you'll never grow up."

My mother taught me about my ROOTS. "Shut that door behind you. Do you think you were born in a barn?"

My mother taught me WISDOM. "When you get to be my age, you'll understand."

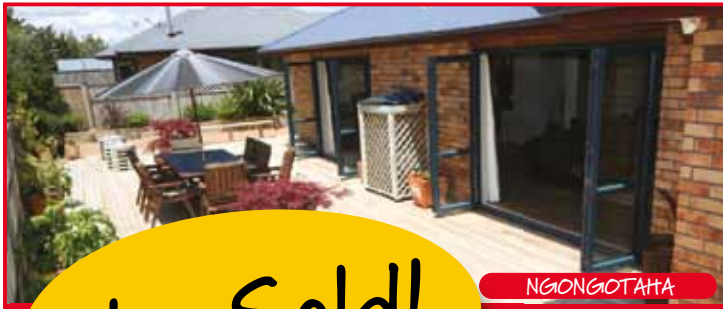
My father taught me about JUSTICE . "One day you'll have kids, and I hope they turn out just like you !"

We are Team Sturt! Selling Ngongotaha!

Viewings anytime, call Denise or Charles now!



2 More Homes SOLD!



QUALITY, CLASS, LOCATION, EXECUTIVE - \$429,000

Sell the lawn mower you won't need it at this property. Most of the section is decked or cobbled with a spa pool and cover thrown in for the balmy summer nights. Built by Ross Martin in 2006 this 181sqm home oozes space with a surround sound system, gas bottle heating, expansive dining/kitchen/lounge area that stretches along the northern side of the home. Great for entertaining, private, modern decor with fabulous drapes, an ice making F & P fridge, and even marine carpet in the double garage. There are 3 spacious bedrooms plus another that could double as an office if required. The master bedroom has a lovely ensuite and separate walk in wardrobe and entry to the spa via the ranch slider as well. Viewing is a must to appreciate this home in Ngongotaha's prestigious street.

Address: 64a Hall Road

Web ID: PRT11991

Contact: Charles Sturt **m** 0274 836 306

Contact: Denise Sturt **m** 0274 836 305 | **o** 349 7786



I'm Sold!

NGONGOTAHA



1ST IN 1ST SERVED HERE - \$359,000

Once you gaze over this top quality, loved and ready to live in home in a great location, you will want it. Close to Stadium, heaps of extras like HRV, 2 heatpumps, ensuite, new drapes, great North facing deck for outdoor entertainment. Modest section size. Private. Just call Team Sturt to view. Seeing is believing.

Address: 38 Carter Drive

Web ID: PRT12163

Contact: Charles Sturt **m** 0274 836 306

Contact: Denise Sturt **m** 0274 836 305 | **o** 349 7786



POMARE

We need more listings in Ngongotaha Now!

- Lakeside or 4 Bedrooms.

If you are looking to sell your home please don't
hesitate to give Team Sturt a call!

Our Advantage at the Professionals is 17 Salespeople Selling Your Property!

We urgently need more listings in Ngongotaha & Hamurana.



Charles Sturt

m 0274 836 306

h 349 3315, **e** charles.sturt@mcdowell.co.nz

Denise Sturt

m 0274 836 305



View properties online:
www.mcdowell.co.nz