

German Shepherd? I think  
we adopted a Kangaroo!



# NGONGOTAHA NEWS

*The Sunny side of the Mountain -*

FLUORIDE FREE NGONGOTAHA

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► Next Deadline: Wednesday 4 October 2017 11am.  
September issue.

**NEW EMAIL ADDRESS IS:  
[hendersonann07@gmail.com](mailto:hendersonann07@gmail.com)**

**This is what happens when you fall asleep  
and your mokos get your phone isn't it  
Tamahou??????**



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*A married couple were asleep when the phone rang at 2 in the morning. The wife picked up the phone, listened a moment and said 'How should I know, that's 200 miles from here!' and hung up. The husband said, 'Who was that?' The wife answered, 'I don't know, some woman wanting to know if the coast is clear.'*

*Returning home from work, a blonde was shocked to find her house ransacked and burglarized. She telephoned the police at once and reported the crime. The police dispatcher broadcast the call on the radio and a K-9 unit, patrolling nearby, was the first to respond. As the K-9 officer approached the house with his dog on a leash, the blonde ran out on the porch, shuddered at the sight of the cop and his dog, then sat down on the steps. Putting her face in her hands, she moaned, 'I come home to find all my possessions stolen. I call the police for help and what do they do? They send me a BLIND policeman!'*

*Two sisters, one blond and one brunette, inherit the family ranch. Unfortunately, after just a few years, they are in financial trouble. In order to keep the bank from repossessing the ranch, they need to purchase a bull so that they can breed their own stock. Upon leaving, the brunette tells her sister, 'When I get there, if I decide to buy the bull, I'll contact you to drive out after me and haul it home.' The brunette arrives at the man's ranch, inspects the bull, and decides she wants to buy it. The man tells her that he will sell it for \$599, no less. After paying him, she drives to the nearest town to send her sister a telegram to tell her the news. She walks into the telegraph office, and says, 'I want to send a telegram to my sister telling her that I've bought a bull for our ranch. I need her to hitch the trailer to our pickup truck and drive out here so we can haul it home.' The telegraph operator explains that he'll be glad to help her, then adds, it will cost 99 cents a word. Well, after paying for the bull, the brunette realizes that she'll only be*

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*able to send her sister one word.. After a few minutes of thinking, she nods and says, 'I want you to send her the word 'comfortable.' The operator shakes his head. 'How is she ever going to know that you want her to hitch the trailer to your pickup truck and drive out here to haul that bull back to your ranch if you send her just the word 'comfortable?'' The brunette explains, 'My sister's blond. The word is big. She'll read it very slowly.... 'Com-for-DA-bul.'*

## **CHARLES STURT**

**Councillor**

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Wednesday 1st & 3rd: 1.30pm Games afternoon (Scrabble, Rumikub, 500 etc)

Friday: 9.30am during term time. Music and Movement for preschoolers.

All Welcome, an hour of fun and fellowship

10.00am. Walking Group – meet outside St. Barnabas for a 1 – 1 ½ hr gentle walk.

4th Friday: 7.00pm Games Evening (Scrabble, Rumikub etc)

4th Sunday: 4.00pm – 6.00pm Messy Church – fun time of games, crafts, story,

23rd September singing, and dinner – from toddlers – 100+.

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## WHARE AROHA

Transformational aged care village finalist in national awards

The CARE Village has just been announced as a finalist in the New Zealand Aged Care Association Excellence In Care Awards. These prestigious awards recognize the continuous pursuit of excellence by aged care residential care facilities and staff.

The category The CARE Village has been shortlisted for

is the 'Built & Grown Environment Award' for which the organization has to demonstrate how design, construction or changes have created a positive environment for residents and staff.

Chief Executive Thérèse Jeffs says the not-for-profit charitable trust is delighted their transformational design has already been recognized.

"We knew The CARE Village would attract some attention because it challenges the institutional environment people with dementia have been forced to live in. Until now, the 'normal' environment we are now able to provide wasn't thought to be possible."

When The CARE Village opens September 18, residents will live in a 6-7 bedroom home designed, decorated and furnished to best reflect the lifestyle they are most familiar with - living with others who have similar values, beliefs, backgrounds.

## NGONGOTAHA INDOOR BOWLS

The season is drawing to a close. First of all we must congratulate our 4's team who came runner up in the BOP Championship. The team was Margurrite Gerrand, Kevin Whyte, Helen White and Arnie Nicholls. The Ladies singles was won by Robin Campbell beating Jan Drabble, there was a playoff between John Rayner and Colin Hanson with John coming out the victor in the Mens singles. The Jack and Jill was won by John Rayner and Delwyn Hughes with Colin Hanson and Helen White coming second. The Under 60s was won by Helen White, and the overs John Rayner. Graham Klitscher came out on top of the Aggregate. Ending on a sad note with the loss of a great club member in Betty Witten. RIP Betty. For further info please contact Cheryl on 3488118 or Kevin on 3574 766.

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## **Ngongotaha Community Patrol Update**

By Sharon Fleet

I was reading through the latest Police “Ten One Magazine” the other day and came across the following article, which reminded me about the strategic part our local Community Patrol play in the bigger picture of reduction of crime, potential recovery of stolen equipment and cars and apprehension of offenders:

Early on 19 June, Constable Regan Gray, of Queenstown, stopped a white Mercedes. He took details and completed an OnDuty noting.

During the day colleagues used his noting and their local knowledge to link the vehicle and occupants to a recent increase in dishonesty offending. District intel fed the information to the Otago Lakes live deployment document.

When youths burgled two Arrowtown properties that evening and were seen getting into a white Mercedes, Queenstown staff identified them.

After further break-ins in Arrowtown overnight, an off-duty officer spotted a white Mercedes heading south on SH6. It was stopped in Lumsden and the occupants were arrested and charged with five burglaries and other offending.

It's doubtful the offenders appreciated it, but they had played an unwitting part in a quiet revolution which had transformed policing in the previous year.

Although our local Patrol is still using the old pen and paper method, times are moving forward and it won't be too far ahead that we will be dragged into the 21st century and we may be using the OnDuty tool as well in a restricted capacity.

OnDuty is a new app developed with input from frontline staff and strategic partners through Police's Mobile Innovation Lab and Agile Development Centre. With OnDuty, staff use their Police iPhones to make queries and issue Infringement Offence Notices, Written Traffic Warnings, Traffic Crash Reports and Commercial Vehicle Inspection Reports. All of which are seamlessly interfaced with Police Infringement Bureau and NZTA systems. It puts all the key information in one accessible place, the above is an excellent example of its use.

Being the eyes and ears of our local police and having local knowledge it is a good feeling that we continue to play a small part in helping to keep you, your family and property safe. We can't be everywhere however the more volunteers we have means we are able to be out and about more frequently.

**DON'T WAIT FOR SOMETHING TO HAPPEN - JOIN OUR PATROL AND HELP KEEP OUR COMMUNITY SAFE.**

For more information Contact David on 357 4734 or check out our National Website: [www.cpnz.org.nz](http://www.cpnz.org.nz)

*My trip to the grocery store*

*There was a bit of confusion at the store this morning.*

*When I was ready to pay for my groceries, the cashier said, "Strip down, facing me."*

*Making a mental note to complain to my MP about Security running amok, I did just as she had instructed.*

*When the hysterical shrieking and alarms finally subsided, I found out that she was referring to my credit card.*

*I have been asked to shop elsewhere in the future.*

*They need to make their instructions to us seniors a little clearer!*



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### **Kaharoa School**

The Cornerstone value for the Term 3 is Duty. Our definition is: Willingness to do what is right or what a person ought to do; obligation. This means doing the right thing.

Key Competency: A Can Do Kid (Give it a Go) - A Kaharoa Learner 'Can Do'. They take risks, participate and contribute. They are ready, willing and able to give new things a go. To achieve this, a Kaharoa Learner is an important contributor to Kaharoa School life. They have a sense of belonging and actively involve themselves in school, local and wider communities. They contribute to the quality and sustainability of social, physical and economic environments.

### **Electives**

As our electives programme comes to an end for the term, the children can look back with pleasure on the rich experiences, the learning and the creations they have been a part of. Thank you to the staff and parents who put so much time and energy into preparing for their group each Friday.

### **Gymnastics**

Our team of intermediate students represented the school at the MIGS gymnastics competition on 1st September. Congratulations on your effort and thank you to Mrs Shoebridge who spent many lunch hours training the team.

### **Caretaker of the Year**

Congratulations to our wonderful caretaker, Mr Vance Shoebridge, who won the Caretaker of the Year for 2017. We are grateful to have him at Kaharoa School. He does an amazing job and wears many hats in his role, including builder, fixer upper, cleaner and gardener to name a few.

### **Operation Christmas Child**

This is well on the way with many families busy filling boxes with goodies for children in the Pacific Islands. Just a reminder that these are due back at school on the last Thursday of term, 28th September.

### **Production**

A highlight of the school year for our students is the school production, which we do alternate years. 2017 is production year and in September we will begin our preparations for our show based around a library theme. There will be three performances in the last week of term. A matinee show, which we encourage families with pre-schoolers to attend, will be held on Wednesday 27th September starting at 1.00pm. The other two performances will start at 6.00pm on Wednesday 27th and Thursday 28th September. We will be performing in the Kokako Centre.

### **Also coming up:**

- Friday 8th September: School disco themed "Into the Future." Juniors (Rm 1-4) 5.00pm-6.00pm  
Seniors (Rm 5-8) 6.15pm-7.45pm
- Thursday 14th September: Spelling Bee

### **National Chess Power Competition**

Congratulations to our Primary team and Intermediate team who qualified for the Chess Power Regional National Chess Finals being held in Hamilton on Sunday 29 October. We were delighted to see 60 children from local schools at our Kaharoa School Regional qualifying event.

### **Kaharoa Team**

# HON TODD MCCLAY MP FOR ROTORUA

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Authorised by Hon Todd McClay, 1301 Amohau Street, Rotorua

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### Stroke

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- A -Arm - one arm hanging down?
- S - Speech - slurred speech??
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It is an absolute privilege to be your local MP, a responsibility I take extremely seriously. I have worked hard to represent your views in the Beehive and to promote Rotorua and New Zealand around the world as Minister of Trade. National has a strong track record of delivering for Rotorua. I was delighted with our recent announcement that ultra-fast and mobile broadband is being extended to more of the Rotorua region, including Mamaku, Tarawera, Okareka, Rotoiti and Okere. As our district grows we've invested in the things that matter. My recently signed Special Housing Accord is a partnership between Government and Council. It will see 1050 sections and 900 homes consented by RLC and built over the next four years, easing pressure on the market and getting more of our young people into home ownership. Ngongotaha is already part of the plan for growth. More Rotorua families will be able to own their own homes right in your community. There's so much we've got to be proud of. 27,000 Rotorua homes and businesses can now connect to Ultra-Fast Broadband. We've committed \$8m to support tourism in Rotorua, including Crankworx, Mudtopia and the Tarawera Ultramarathon events. \$47.3m has been invested in local transport projects, including new roads and safety improvement for our state highways. \$6.3 million for Sewerage reticulation at Lake Tarawera. NZTA have been directed to look for a solution to congestion on the Ngongotaha SH5 roundabout. We will continue to invest in roads to keep up with the demands of growth. We have 2 new schools opening in Rotorua next year and 85 per cent of 18-year olds now get NCEA Level 2 - up from less than 70 per cent in 2008. National has returned New Zealand to surplus through prudent financial management since the GFC and unemployment has fallen to just 4.8 per cent. We are a safe pair of hands for the economy - New Zealand now has choices - sound financial management means more funds for health, education, law and order - and lower taxes as we get debt down. There's more we are committed to doing. We have an ambitious set of new policies in education, 10 new roads of national significance, cheaper GP visits for 600,000 Kiwis and so much more. National also will introduce our Family Incomes Package, which benefits around 1.3 million families by, on average, \$26 per week. In Rotorua a family with 2 children earning \$55,000 per year will be \$41 a week better off. The opposition has announced it'll scrap that in favour of new taxes. That Rotorua family will miss out on \$2,131 each year. It's vital for our local economy that that hard-working New Zealanders and their families aren't lumped with higher taxes. Many stand to be \$1000 a year or more worse off under the opposition. You have a very clear choice at this election. You can vote for the strong Bill English led National Party and our positive economic direction or the confusing and vague policies of our opposition - that will slow the economy, destroy jobs, and tax business out of existence. This year I need your support to continue to work hard deliver for Rotorua. I ask you to vote for me Todd McClay and for National on the 23rd of September.

**Hon Todd McClay**

*We are 'Delivering for Rotorua.' Authorised by G. Hamilton, 41 Pipitea Street, Wellington.*

**National**

## Todd McClay MP for Rotorua

Stop by my office, make an appointment or call for a chat.

**ELECTORATE OFFICE CONTACT**

A 1301 Amohau Street E [rotorua.mp@parliament.govt.nz](mailto:rotorua.mp@parliament.govt.nz)  
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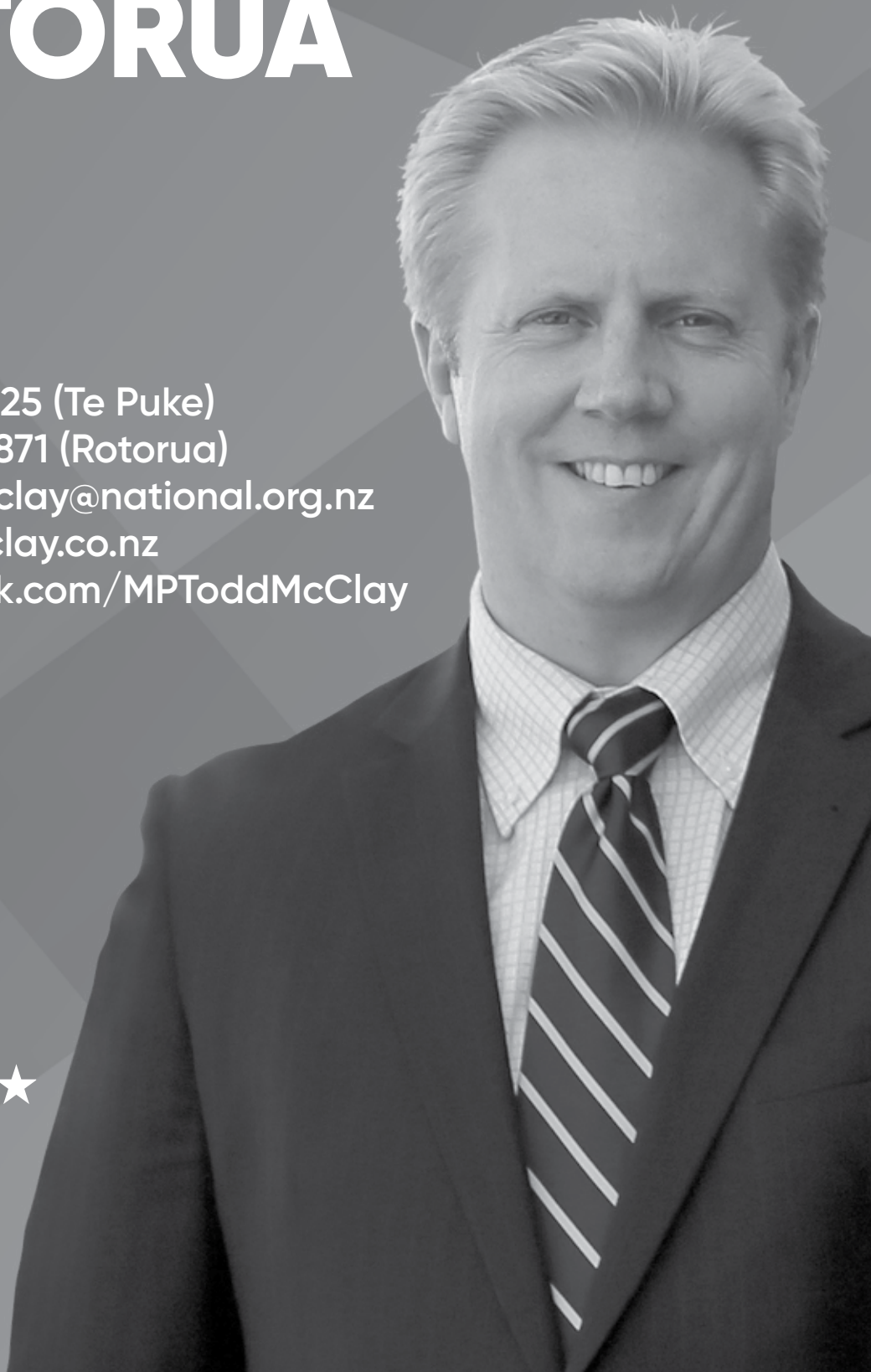


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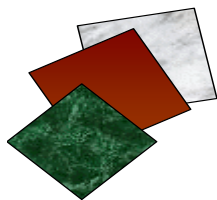
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### Te Aongahoro Whare kai – Awahou marae dining room

I have many fond memories of the Awahou marae dining room known as Te Aongahoro which was recently pulled down to be replaced in the near future.

I was 7 years old when Te Aongahoro was opened on the 28th December 1968 by Pakeke Leonard his mother Ranginui Leonard and Hoana Kakawa Hahunga, who also celebrated her

70th birthday. I do not recall that particular day or having much to do with Nanny Ranginui who lived to the awesome age of 112, but I definitely recall Koro Pakeke Leonard and Nanny Kakawa as I knew her.

Koro Pakeke was an amazing koro and Ngati Rangiwehewi leader with real mana and presence. I must admit that I stayed clear of Koro Pakeke as he always seemed to be a man on a mission which is probably one of the reasons why he received an MBE (Member of the Most Excellent Order of the British Empire). He achieved many accomplishments for our tribe including the organisation of fundraising for Ta Aongahoro which was accomplished through lots of hui he lead and activities such as housie nights and Ngati Rangiwehewi kapa haka concerts.

Koro Pakeke also had city leadership roles including Deputy Mayor and is credited with establishing a Maori motto on our City Coat of arms instead of a Latin one. That motto is “Tatou Tatou” which means we together or we are one, and is as applicable today as when it was created back in 1963. In fact at that time it was believed that Rotorua was the only city in New Zealand to have a Maori Motto instead of a latin one so it makes sense that we would also be the first city in New Zealand to become a bilingual city.

Nanny Kakawa lived next to the marae and I liked Nanny Kakawa. I recall visiting her a lot and being in and out of her house when I was at Awahou. I never stayed there long cause I didn't want to be a hoha to her. I was like a slight breeze that wafted in and out of her home. She always seemed to have time to ask how I was and she would just sit there listening to me rave on about nothing in particular. She never growled me, even when I was one of the kids who visited her awesome plum tree now and then to get a quick feed.

I think it is relevant to acknowledge those who opened our wharekai or dining hall at Awahou marae because they were all significant people to our tribe of Ngati Rangiwehewi. The wharekai also represents a person of significance to our tribe. Her name is Te Aongahoro who was a partner to Tawakeheimoa, our Whare Tipuna, and they had Rangiwehewi, the name of our tribe at Awahou.

So Te Aongahoro has been pulled down to be rebuilt but many memories remain for me and many others including housie nights and concerts, eating kai at the kids table when I was young through to whanau 21st celebrations, weddings, iwi celebrations, tangi hakari, the marae Diy where our Wharekai had her last replenish, kapa haka practices, ANZAC day hakari, hosting guests from all around the world and just chilling. I do recall having a couple of early childhood nightmares though which were generated by the steam cookers out the back that looked like Daleks from the Dr. Who programmes.

I visited the Awahou site yesterday and the new dining hall certainly has a bigger footprint allowing us to host more people. I am sure that the new Awahou marae dining room, scheduled to finish some time next year, will also foster many more good memories for future generations of Ngati Rangiwehewi. Hopefully there wont be any Dalek looking steamers or Modern day monsters that scare the young kids though. However that does sound like a good health and safety trick to keep those younger kids away from the hot cooking areas.



*Ngahihi o te ra Bidois is an international leadership speaker and author. To find out more about him view his website on [www.ngahibidois.com](http://www.ngahibidois.com)*



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## OUT AND ABOUT.....

### GENERAL ELECTION

Whether it's a National / Maori Party / Act, or National / NZ First or Labour / NZ First or Labour / NZ First / Maori party government, you and I can only determine by **VOTING WHO GET THE SEATS IN PARLIAMENT**. Regardless of the composition of the government the party leaders decide who they want to work with, so stop the humbug devised by the media asking will she go with him will he go with her etc. your vote determines how many seat each party has. I do hope regardless of the voting ROTORUA IS WELL REPRESENTED. Todd McLay for National and Fletcher Tabuteau for NZ first are high on their respective party lists. It's a close fight between Coffey (Labour) and Flavell (Maori party) for Waiariki so that means three MPs. If people vote strategically we could have four by voting in young Ben Sanford for Labour as Rotorua's Electorate MP. But as I said just Vote as that's the only time without anyone looking in total privacy you can have a say. Roll on the 23 September but I tell you what, the first leaders debate was far from inspiring. The moderator speaking over both, but more over Jacinta Adhern. Good points but there is a difference between the two major parties. For me immigration, lack of spending in regions like Manawatu Gorge, Te Ngae Rd, Ngongotaha Rd, Health, mainly mental health, students must leave school with a job training prospects or off to tertiary education. I like Labour's view of trades for the young and Nationals view to build more houses and NZ First education policy to bond students fee free if they stay in NZ for the equivalent time they study. Your call NZ

### COUNCIL

The 'beat up' of the year has to go to the naysayers over the Mud Festival. The organising committee made an arrangement to import mud from South Korea as a reciprocal arrangement to provide expertise and product they knew and were confident in using while in NZ. Tonnes of this mud is already imported to NZ and around the world under licence for cosmetics and comes from the sea is radiated in Korea, placed in a furnace for two days and is again radiated when it lands here in NZ. The Ministry of Primary Industries - Environment BOP had all signed off on this. Then someone mentioned foot and mouth. Well it's a soil based disease never been found in sea born mud and from a region in Korea who had never had foot and mouth. If it was such a risk why does it come into nz from this same region year in year out. Oh well public opinion won out in the end but the facts always get in the way of a good story.

### BUDOKAN

Had the pleasure along with Hon. Te Ururoa FLAVELL MP of opening the mixed Martial arts centre including Sykes boxing in Lake Road recently. In the old Rotoma Timber building, which council bought to widen lake road, was surplus to council needs and we were approached by Paul Kirk who was operating in a small building in the industrial area. I got together with him and staff to see what we could do to assist for not only them but the young people of Rotorua to have a place to go and be taught a martial art in a safe disciplined and structured environment.

contd overpage.....



contd from overpage.....

Sunset, Selwyn and this term Malfroy school pupils are using the facility weekly. This will mean over 450 kids have experienced the sport. Anyone can join so rock on along and talk to the team at Budokan all ages catered for.

#### MAMAKU

A neat place to live with a wonderful school, Daycare, Playgrounds, open spaces, wonderful fire service etcetera. This rural community was recently rocked with the death of two people in the community. While no arrests have been made and I'm sure they will, no one regardless of what they do deserves to be treated this way. My heart goes out to the Fleet family, a very positive long standing part of the community for many many years. The name Fleet is synonymous with Mamaku like the Whites, Nicholson etc. I hope the culprit/s are found and locked away forever and I hear it took 30 years to get an arrest in the Maramarua Pub murder so it's rare to get away with this type of offence. Support the Police to get the right result.

#### XMAS

Yes it's coming along soon. To help those in the community who you know have no family, no relatives to turn to I challenge you to invite a stranger to have Xmas dinner with you and your family. I'm sure the Ngongotaha people know of such persons so ask at Progress Ngongotaha office I'm sure they'll help. Be a great community innovative idea.

#### DEEPEST SYMPATHY

To the friends, family and St Barnabas church community in Ngongotaha we have lost two people recently, whom I doubt will ever be able to be replaced with their love of Ngongotaha and the Environment. I name Jan Gifford and Heather McKecknie both given huge send offs in the best possible way. I'm sure when I speak for the whole community in saying thank you to the families involved for allowing our community to be enriched by their contribution to us all. RIP.

***Finally, I must apologise for causing confusion in my last months article by stating it was Hospice opening in Taui Street, when in fact it is Whare Aroha, so sorry. 🙏***

SPRING IS IN THE AIR(and the pollen).

#### Cr Charles Sturt

Ps welcome to Ngongotaha to those people from out of town who have joined us by buying homes here. Join in the village we have everything here.

*A newsboy was standing on the corner with a stack of papers, yelling, "Read all about it. Fifty people swindled! Fifty people swindled!" Curious, a man walked over, bought a paper, and checked the front page. What he saw was yesterday's paper. The man said, "Hey, this is an old paper, where's the story about the big swindle?" The newsboy ignored him and went on calling out, "Read all about it. Fifty-one people swindled!"*

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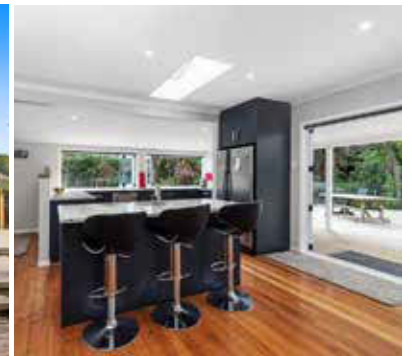
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### FARMLLET WITH CITY VIEWS

With mesmerising vistas, a beautiful home and 12.3330ha (more or less) of rolling farmland, Tironui offers a lifestyle that you will love coming home to. The location offers all of the benefits of a rural lifestyle with the convenience of being a 10-minute drive from the city. Designed to make the most of the outlook, sun and natural lighting, the home has many highlights, including the step-down lounge and a large alfresco area. Kitchen with lovely views, open plan dining, a double-sided fireplace and pitched ceilings through the living area plus an office and four double bedrooms including a master with walk in wardrobe and ensuite. The bathrooms have been recently renovated. Two garages with internal access into the home plus a large shed adjacent to the cattle yards offers plenty of undercover parking for vehicles. The farm currently supports 33-35 dairy grazers and has, over the years, been run with bulls, deer, calves and heifers which have achieved excellent weights. With the benefit of being worked by a Registered Farm Management Consultant who has been careful to maintain soil fertility and manage the land with a 'self-contained' policy, the property includes 6-7ha of hay/silage paddocks and blackwood, macrocarpa, chestnut and cherry trees. For further information or a viewing appointment please contact Tim or Anita.

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## Paradise Valley 6 Paradise Valley Road

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He put on a dress shirt (MADE IN SRI LANKA), designer jeans (MADE IN SINGAPORE)

and tennis shoes (MADE IN KOREA)

After cooking his breakfast in his new electric skillet (MADE IN INDIA)

he sat down with his calculator

(MADE IN MEXICO)

to see how much he could spend today. After setting his watch (MADE IN TAIWAN )

to the radio (MADE IN INDIA )

he got in his car (MADE IN GERMANY )

filled it with GAS

(from Saudi Arabia )

and continued his search for a good paying AMERICAN JOB.

At the end of yet another discouraging and fruitless day checking his DELL Computer ( made in MALAYSIA ), John decided to relax for a while.

He put on his sandals (MADE IN BRAZIL ), poured himself a glass of wine (MADE IN FRANCE )

and turned on his TV (MADE IN INDONESIA ),

and then wondered why he can't

Find a good paying job in AMERICA

AND NOW HE'S HOPING HE CAN GET HELP FROM A PRESIDENT

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### SUPER SENIORS NEWSLETTER

This newsletter has an update for you on the new Elder Abuse Response Service. EARS was launched on 1 July and already the free and confidential 24 hour a day, seven day a week help line is receiving a steady stream of calls seeking advice and asking for help. A registered nurse is on the other end of the phone who is also easily able to refer callers to the expert assistance they need – which might be financial or legal advice. The new EARS service is focused on achieving positive outcomes to protect vulnerable older New Zealanders and reduce the around two thousand cases of elder abuse that are reported each year.

## Ngongotaha Physiotherapy Service

provided by Te Ngae Physiotherapy

This service is based within **Ngongotaha Medical Centre**, 17 Taui Street, and will begin on 28/08/2017. Nathan will be on site and available on Mondays and Thursdays between 8am and 5:30pm

No referral is required and you can lodge your ACC claim easily with us. For more information visit [www.globalrehabilitation.co.nz](http://www.globalrehabilitation.co.nz)

**Nathan** Clarricoats is a Ngongotaha local. He is a qualified Physiotherapist. Also studying towards his post graduate diploma in Musculoskeletal Physiotherapy. Nathan is looking forward to providing a quality service to the community of Ngongotaha.

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This edition has practical tips on how to protect your money and what to look for if you suspect financial abuse is happening to someone you know. The impact of financial abuse for seniors can be devastating. Many victims lose their life savings or are evicted from their homes. I encourage anyone with concerns to ring the new 24/7 helpline 0800 32 668 65 (0800 EA NOT OK). Another related issue that concerns me is seniors being bullied. This newsletter outlines the different complaint procedures available for seniors in aged care facilities and retirement villages if their issues are unable to be resolved by management. As we grow older it's important to future-proof our homes. Find out the subsidies available for modifications to make it safer and easier to get around your home.

SuperSeniors Champion Patron Sir Peter Snell shares his advice on nutrition and exercise for seniors, and we look at the JUST COOK 4 Healthy Ageing programme which encourages seniors to improve their skills and confidence in the kitchen.

If you have friends or family who don't get this newsletter, get them to sign-up using the link on the SuperSeniors website.





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## SPORTS TALK

### *Racing*

With the Hastings Spring Carnival due to get under way I have to say the 3rd placing of Kwai over his least favoured distance of 1200m on a heavy track indicates a top season ahead for this 5 times group 1 winner. The 'canny' ride of local Cameron Lammas on the winner of that race, the time honoured Lisa Chittick in the Foxbridge plate was amazing. He 'angled' his horse out at about the 300m and waited. then 'bang' he went passed them with ease. Great to see our locally born lad Shaun Phelan getting a fair share of winners over the sticks in recent weeks. I hear he got a holiday for interference, so can't ride the two horses I'm picking will be favourites for the great northern steeple and hurdles in a couple of weeks. Shaun's partner Emily Farr is also having a great run at the moment winning a double at Ellerslie recently. Even Shaun's dad Craig has been in the winners circle recently. Must say local trainer Iain Kennedy's Lady Shabeel is due to win at short notice. Jockey Craig Grylls is riding in Singapore and NZ champion trainer Mark Walker is 25 in front of the trainers' premiership. Great to see Michael Walker back in the saddle and having success in Australia. Gee isn't that mare Winx an out and out champion in same class as Sunline I'm picking. Can't wait for Gingernuts to run up over 1600m to show his best.

### **RACE TRACKS AND THE FUTURE.**

I must join the chorus for an all weather track maybe in Matamata would be the ideal place to locate one, as it's central to the North Island and maybe one in Riccarton to cater for the South Island. 34 meetings were abandoned during the last season which is unsustainable for the industry, mostly in the north island. Someone has to lead and close down some of the racecourses in NZ. The industry cannot sustain the number of courses it has but what do you do? Close places like Kumara and Dargiville who race once a year. Trotting has done it with tracks at Forbury, Addington, Ashburton, Manawatu, Cambridge and Auckland. Many tracks are used on the grass drying summer which is fine. To change is to move forward and I believe the following tracks should remain with all others sold off, those to remain should be ie Ruakaka, Ellerslie, Avondale, Te Rapa, Matamata, New Plymouth, Counties, Awapuni, Wellington, Riccarton, Wingatui. So that's eleven, all others sold or converted to trials or training tracks and trainers be urged to locate to them. The tracks to close are on valuable land which could be sold to generate income for the sport. Some are on leases so they can be relinquished and maybe converted to sports grounds or stadiums etc. Controversial I know. but someone must lead and take the industry forward. Have a look at NSW racing, yes they have two top tracks Randwick and Rosehill and some smaller feeder tracks like Wyong and Scone etc but most of the top class racing is at two venues with midweek at Canterbury and other smaller tracks. The prestigious races are usually at two venues. Food for thought!!!

### **ELECTRIC CAR...Hmmm... It makes you wonder...**

Ever since the advent of electric cars, the REAL cost per mile of those things has never been discussed. All you ever heard was the mpg in terms of gasoline, with nary a mention of the cost of electricity to run it. This is the first article I've ever seen and tells the story pretty much as I expected it to. Electricity has to be one of the least efficient ways to power things yet they're being shoved down our throats... Glad somebody finally put engineering and math to paper.

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At a neighbourhood BBQ I was talking to a neighbour, a BC Hydro executive. I asked him how that renewable thing was doing. He laughed, then got serious. If you really intend to adopt electric vehicles, he pointed out, you had to face certain realities. For example, a home charging system for a Tesla requires a 75 amp service. The average house is equipped with 10 amp service. On our small street (approximately 25 homes), the electrical infrastructure would be unable to carry more than 3 houses with a single Tesla, each. For even half the homes to have electric vehicles, the system would be wildly over-loaded.

This is the elephant in the room with electric vehicles... Our residential infrastructure cannot bear the load. So as our genius elected officials promote this nonsense, not only are we being urged to buy these things and replace our reliable, cheap generating systems with expensive, new windmills and solar cells, but we will also have to renovate our entire delivery system! This latter "investment" will not be revealed until we're so far down this dead end road that it will be presented with an 'OOPS!' and a shrug. If you want to argue with a green person over cars that are eco-friendly, just read the following. Note: If you ARE a green person, read it anyway. It's enlightening. Eric test drove the Chevy Volt at the invitation of General Motors ... and he writes, "For four days in a row, the fully charged battery lasted only 25 miles before the Volt switched to the reserve gasoline engine." Eric calculated the car got 30 mpg including the 25 miles it ran on the battery. So, the range including the 9-gallon gas tank and the 16 kwh battery is approximately 270 miles.

It will take you 4-1/2 hours to drive 270 miles at 60 mph. Then add 10 hours to charge the battery and you have a total trip time of 14.5 hours. In a typical road trip your average speed (including charging time) would be 20 mph.

According to General Motors, the Volt battery holds 16 kwh of electricity. It takes a full 10 hours to charge a drained battery. The cost for the electricity to charge the Volt is never mentioned so I looked up what I pay for electricity. I pay approximately (it varies with amount used and the seasons) \$1.16 per kwh. 16 kwh x \$1.16 per kwh = \$18.56 to charge the battery. \$18.56 per charge divided by 25 miles = \$0.74 per mile to operate the Volt using the battery. Compare this to a similar size car with a gasoline engine that gets only 32 mpg. \$3.19 per gallon divided by 32 mpg = \$0.10 per mile. (Gas is now below \$2.00 a gallon which changes the figures more in favour of the gas powered engine vehicle).

The gasoline powered car costs about \$20,000 while the Volt costs \$46,000+... So the American Government wants loyal Americans not to do the math, but simply pay three times as much for a car, that costs more than seven times as much to run, and takes three times longer to drive across the country.

Interesting.....

*A Lion and a Man chanced to travel in the company through the forest. They soon began to quarrel, for each of them boasted that he and his kind were far superior to the other both in strength and mind. Now they reached a clearing in the forest and there stood a statue. It was a representation of Heracles in the act of tearing the jaws of the Nemean Lion. "See," said the man, "that's how strong we are! The King of Beasts is like wax in our hands!"*

*"Ho!" laughed the Lion, "a Man made that statue. It would have been quite a different scene had a Lion made it!"*

*Moral: It all depends on the point of view, and who tells the story. Don't misjudge and always try to understand things better yourself then believing in what someone else may have said.*

#### Smart Irishman

*A Lion and a Man chanced to travel in the company through the forest. They soon began to quarrel, for each of them boasted that he and his kind were far superior to the other both in strength and mind. Now they reached a clearing in the forest and there stood a statue. It was a representation of Heracles in the act of tearing the jaws of the Nemean Lion. "See," said the man, "that's how strong we are! The King of Beasts is like wax in our hands!"*

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*Moral: It all depends on the point of view, and who tells the story. Don't misjudge and always try to understand things better yourself then believing in what someone else may have said.*



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### Ngongotaha School

Kia Ora Koutou Katoa

Term three is flying by with only four weeks remaining. It is great to see the early signs of spring with daffodils out and trees coming into blossom.

Currently the children are preparing for the annual speech competition. Each whanau group has a science focus, for the speeches, and the children have been busy preparing their information, learning it and practising the art of speaking in front of a large group. The finalists will be selected and the competition will be held on Wednesday 20th September in the Community Hall from 11.00am. Recently the Mad Poets Society met and presented their latest book to a group of our students who have their poems published in the book. "Madness in Atlantis" was published with the following student authors, from Room 2, contributing; Amo Kiel, Kalib Mulgrew, Ariki Peni-McLeod, Kayden Grant, Kiara Paul, Lyrics Schuster, Josiah Hema, Te Tarewa Pene-McLeod, Zealan Grant and Te AoTuroa Walker. Congratulations on your poem writing, in Te reo Maori, related to Matariki. We are proud to see your published work.

Last week our sports teams travelled to Western Heights Primary where they enjoyed an afternoon of sport in warm sunny weather. We had two wins, two loses and a draw. Well done to you all. This week we will visit Rotorua Primary for our next sports exchange. On Tuesday 26th September, teams will take part in the annual Field Days, which is a full day

of games with schools from across Rotorua. This is an event the children look forward to and gives them an opportunity to put their skills into practice.

During the term each class, in Te Whanau Wai, have visited the Rotorua Art Museum and have taken part in art lessons related to our science theme. We thank the Ngati Whakaue Education Endowment Trust who provide the free bus service for children to get to and from the museum and the excellent museum staff who have facilitated the lessons. These have been a great learning experience with excellent parental support as well. Thank you all.

On Friday 25th August, we supported Daffodil Day with the children dressed in a range of yellow outfits. We raised \$390 for the Cancer Society and thank you all for your support.

On Friday 29th September, we will acknowledge Deaf Awareness week by taking part in Loud Shirt Day. Children will be encouraged to dress in bold and bright colours and make a donation towards the deaf community. We look forward to seeing the children's creativity on the last day of term.

Ngongotaha School has been involved in developing a Positive Behaviour for Learning framework for five years now and during this time we have seen our values and expectations embedded in the school and community. Each classroom has consistent expectations and positive acknowledgements for the children. Our Fish certificates, values vouchers, Brainy Awards and GREAT Awards are always a feature of our assemblies. The community is also supporting this by giving values vouchers when students model our values in the community and in their businesses. We thank you for this support and are very encouraged whenever we pull out a green values voucher at assembly.

Having recently attended the PB4L conference, and hearing from other schools and educators, we will continue to work on this. We will review our practices and add to our school environment so it is a safe, inclusive learning environment for all. At Ngongotaha School, our PB4L framework is called "The Great Way" and is supported at a number of levels.

Contd overpage.....



Ngongotaha School contd overpage.....

Our school mission statement, "Aim High, Stand Proud" is supported by the whakatauki "Iti rearea teitei kahikatea ka taea" and was formulated following consultation with students, the community and staff. This is visible in our school and is incorporated in waiata which have been written for the school. We always encourage our children to be proud of who they are, as students from Ngongotaha, and to aim high and work towards their goals.

The GREAT Values we have embedded at school, and which we wish to see the children carry with them everywhere, are:

Growth – Grow by having a go      Tu pakari I nga mahi katoa  
Respect – Respectful, kind and caring      Tiakina mai nga mea katoa

Equality – Everyone is important      Kia kotahi tataua  
Achievement – Are keen to succeed      Kia whai matauranga  
Trust – Trustworthy and honest      Kia pono, kia matatika

We have set up graduate profiles so children are aware of the expectations of them by the time they leave Ngongotaha School. In the rumaki classes (Te Whanau Maunga) these are grouped as the following.

Te Reo – speak the language correctly, speak it so it flows, speak it so it is natural.

Matauranga – a focus on the importance of learning

Tikanga – children being confident and knowledgeable in their tikanga

Tu pakari – treating themselves and others with respect

Each week nga taonga, treasures, are presented to the students who have modelled the attributes of each during the week. This is a wonderful celebration to end each week.

We have worked to ensure there are a range of activities in the playground so that children are engaged in meaningful activities. We run various sports practices, clubs and have equipment out for the children to enjoy.

Over time we have seen great improvements in behaviour, on task focussed students and engagement in learning. We will continue to work on this and will continually reflect on our practice so that we are doing all we can do for the benefit of the children and the community.

Currently the Board of Trustees are working with the Ministry of Education on the formation of an enrolment zone for Ngongotaha School. This has come about due to the growth we have experienced in our school roll. A map of the proposed zone will be on display in the noticeboard at school and you are more than welcome to give us feedback about your thoughts on this. Once consultation is complete the Ministry will approve the zone and it will be published for implementation.

Enjoy the spring days and the beauty that comes with them. Term Three: Monday 24th July to Friday 29th September – 10 weeks  
Term Four: Monday 16th October to Friday 15th December – 9 weeks  
Iti rearea teitei kahikatea ka taea" – "Aim High, Stand Proud"

**Cathryn Naera and staff of Ngongotaha School**

*Q: What do you call a fake noodle? A: An Impasta*

*Q: What do you call an alligator in a vest? A: An Investigator*

*Q: "What's the difference between a guitar and a fish?"*

*A: "You can't tuna fish."*

*Q: Did you hear about the race between the lettuce and the*

*tomato? A: The lettuce was a "head" and the tomato was trying to "ketchup"!*

*Q: What is it called when a cat wins a dog show?*

*A: A CAT-HAS-TROPHY!*



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**FLETCHER TABUTEAU**

**Here for Rotorua.  
Here for you.**

**P 07 347 4045**

Authorised by A. Martin, 13 Brown Road, Warkworth

## “Here for you”

There is a huge housing crisis in our country and sadly Rotorua is at the top of the list, second only to Auckland.

National and their coalition partners have done nothing significant to house the people of Rotorua.

Across the country, the level of home ownership is the lowest in 63 years and Māori home ownership here in Rotorua has dropped nearly 40 per cent since 1986.

The sad reality for Rotorua is that voluntary organisations like 'Love Soup' have had to take on the responsibility housing more than 100 families last year.

Love Soup had housed an additional 44 families by February this year according to co-founder Gina Peiffer.

In stark contrast to the herculean and magnificent effort from this community organisation, Rotorua's Whānau Ora agency had housed just 15 families.

Concerned opposition MPs question Ministers in Parliament day after day but they continue to arrogantly paint a positive house building picture.

Nick Smith loudly announced 154 special housing areas but he has failed to mention that 86 of those areas no longer exist. It is optimistic to see Rotorua will have a housing accord although after nine years of watching this slow train wreck make its way down to Rotorua it is sad to see the government help make available only a few hundred sections with recent population growth well over 2000 people.

This government is scrambling to hold things together when it comes to housing. It has spent almost four times its annual budget for emergency housing in just three months.

There were 8860 grants in the last quarter of 2016; more than six times the government's expectations. In the December quarter alone, the Ministry of Social development spent \$7.7million on emergency housing grants.

This government has lost the plot and our spending tax payers dollars on a problem of its own creation.

A New Zealand First government will build more homes.

**FLETCHER TABUTEAU**

**List MP New Zealand First - ROTORUA**

*Authorised by A. Martin, 13 Brown Road, Warkworth.*



## LIONS ROAR”

### THE LIONS CLUB OF NGONGOTAHA

The Motto of Lions Clubs International is “We Serve.”

The Lions Club of Ngongotaha is certainly doing that by helping the local community.

You may have noticed that they are helping to beautify the Train Park by planting fruit trees which in time will bear fruit for the people of Ngongotaha. You will have seen them sitting outside the Supermarket on Hall Rd collecting for various Charities in all weathers.

They have contributed to the Trinity Centre.

They help young people with sponsorship enabling them to reach their goals.

They welcome families into the Ronald MacDonald House.

These are just a few things in which the Lions are involved.

Want to join us? We would love to meet you!

Contact Phyl Hawkins 07 3492450.

The Club meets on the second and fourth Tuesdays of each month at Ngongotaha Community Hall, School Rd at 6.30pm.

### INSPIRATIONAL STORY

Once Buddha was walking from one town to another town with a few of his followers. This was in the initial days. While they were traveling, they happened to pass a lake. They stopped there and Buddha told one of his disciples, “I am thirsty. Please get me some water from that lake there”.

The disciple walked up to the lake. When he reached it, he noticed that some people were washing clothes in the water and, right at that moment, a bullock cart started crossing the lake right at the edge of it. As a result, the water became very muddy, very turbid. The disciple thought, “How can I give this muddy water to Buddha to drink?!” So he came back and told the Buddha, “The water in there is very muddy. I don’t think it is fit to drink”.

So, the Buddha said, let us take a little rest here by the tree. After about half an hour, again Buddha asked the same disciple to go back to the lake and get him some water to drink. The disciple obediently went back to the lake. This time he found that the lake had absolutely clear water in it. The mud had settled down and the water above it looked fit to be had. So he collected some water in a pot and brought it to the Buddha.

The Buddha looked at the water, and then he looked up at the disciple and said, “See, You let the water be and the mud settled down on its own. You got a clear water. It didn’t require any effort”.

Moral: Your mind is also like that. When it is disturbed, just let it be. Give it a little time. It will settle down on its own. You don’t have to put in any effort to calm it down. We can judge and take best decisions of our life when we stay calm.

*Once, there was a preacher who was an avid golfer. Every chance he could get, he would be on the golf course swinging away. It was an obsession. One Sunday was a picture-perfect day for golfing. The sun was out, no clouds were in the sky, and the temperature was just right.*

*The preacher was in a quandary as to what to do, and shortly, the urge to play golf overcame him. He called an assistant to tell him that he was sick and could not do church, packed the car up, and drove three hours to a golf course where no one would recognize him. Happily, he began to play the course.*

*An angel up above was watching the preacher and was quite perturbed. He went to God and said, "Look at the preacher. He should be punished for what he is doing."*

*God nodded in agreement. The preacher teed up on the first hole. He swung at the ball, and it sailed effortlessly through the air and landed right in the cup 250 yards away. A picture-perfect hole-in-one. He was amazed and excited.*

*The angel was a little shocked. He turned to God and said, "I beg your pardon, but I thought you were going to punish him."*

*God smiled. "Think about it-who can he tell?"*

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Everyone deserves the right to have services available in rural areas so the Team at Physio Direct are passionate about providing Physiotherapy treatment without the additional burden of traveling.

Physiotherapists are on New Zealand's job shortage list, so it is no easy feat to fill these positions. Director Amy Dibley was the recipient of the 2016 Innovative Enterprising Rural Women's award which recognises her innovativeness for creating a business model that enables rural people to have Physio services available to them. She was also awarded the Supreme award.

Amy is well travelled, having visited over 70 countries and working as a Physiotherapist in some of them. Returning to New Zealand she dedicated her time to setting up Physiotherapy clinics in rural towns that otherwise would not have this service. Ngongotaha is her 11th clinic and one she is particularly proud of as she was raised locally on a Dairy farm at Oturoa Road.

They currently have Physiotherapists from New Zealand, England, Ireland, Australia, South Africa, India and USA. The working model allows them to live and experience rural New Zealand and rotate around the 11 clinics. With 4 days on and 3 days off, they get the chance to see our beautiful country. Testimonials from previous employees have reflected that the working model Physio Direct has offered them, has enabled them an opportunity here that is quite unique.

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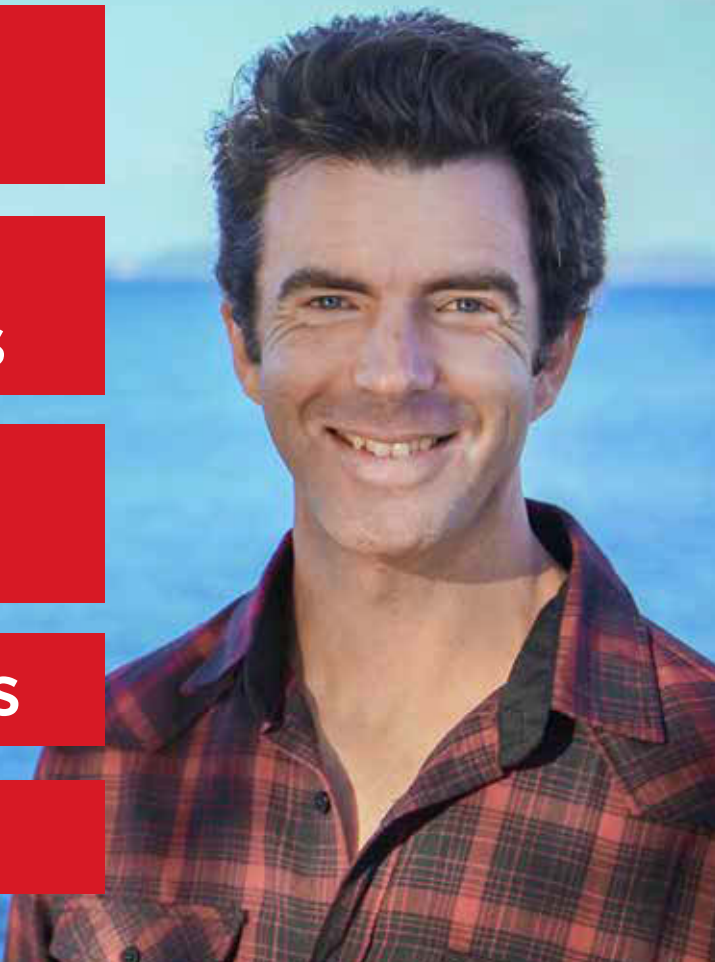
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Born in Rotorua and a graduate of Rotorua Boys' High School, Ben Sandford has represented New Zealand at the Winter Olympics. Now a lawyer in town, he is young, fresh and focused on ending inequality in our region. Backed by Labour Leader, Jacinda Ardern, he is your vote for change in 2017!



**Ben Sandford**  
for Rotorua



Authorised by Andrew Kirton, 160 Willis Street, Wellington.

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