

## Ngongotaha as key part of Council's Future Development Strategy

As mentioned in our Happenings column last month, Rotorua Lakes Council held a public drop-in consultation on possible future developments in the Ngongotaha Community Hall on 22nd June.

9 members of the public met with Jean Paul Gaston and 3 representatives of RLC to look at proposed plans and provide feedback and explore possible cooperation. Ngongotaha is considered a priority development area: the map to the left details the locations of possible developments. Key elements include the potential for 3150 new homes, a mix of new “greenfield” development and intensification, and the possibility of encouraging industry to move to more appropriate locations, including to new business land south of Ngongotaha.

State Highway 5 would be maintained as a key tourism gateway into Rotorua, with an opportunity to work with Waka Kotahi on State Highway improvements.

Infrastructure upgrades were required, including waste, storm and drinking water, public transport, pedestrian and cycling enhancements, and stormwater mitigations for the Ngongotaha Stream.

Open space upgrades including sportsfields were to be considered, and the opportunity to work with the Ministry of Education.

The Draft FDS reported Iwi and hapu sought warm, dry and affordable homes for their people, while Ngati Rangiwewehi expressed a desire to establish papakainga and enable development around Tarimano Marae, including on land further south on SH36.

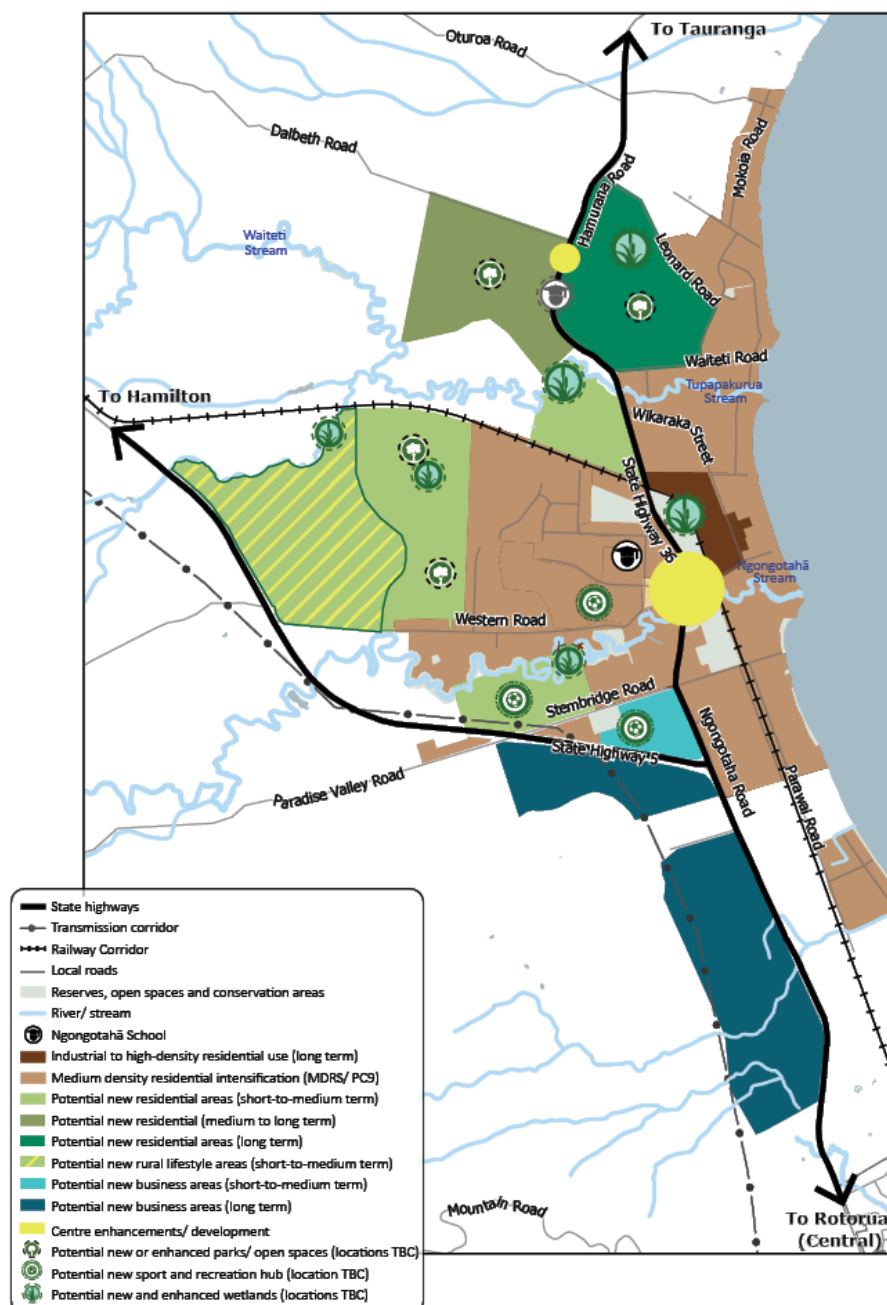
Ngati Tura/Ngati Te Ngakau and Ngati Ngarararanui near Ngongotaha expressed aspirations for papakainga, better use of industrial land and protection of the taiao (environment) as we grow. Ngati Whakaue Tribal Lands also has significant landholdings around Ngongotaha and expressed support for relocating industrial activities away from the centre and developing land at the southern extent.

For more detail, go to Rotorua Lakes Council website and search Future Development Strategy, especially pages 36-37.

### *Update on Hanging Baskets*

*Council has given a reprieve on the previously reported potential loss of Ngongotaha's hanging flower baskets.*

*Thanks to all those who voiced their opinions. It's heartening to see so many care about beautifying our Village.*



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Congratulations to the Kaharoa Community who have been granted funding for new flat pack kitchen cabinets pre-assembled and ready to go for the Kaharoa Community Hall. Thanks to the Rural Board - Devolved Funding Allocation 2022/23.

### Rural Board

Items coming forward for discussion over the next few months include:

**Fluoridation of water supplies** - a paper will be presented to the committee on the notification from the government to comply with fluoridation of RLC water supplies, the funding received, the water supply areas the funding will cover, the expected tender process to contract the services and the timeline.

**Civil Defence** - a presentation on the RLC set up, structure of the EOC, trainings, links with regional operations, etc.



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# Lions Club of Ngongotaha donates to Rotorua Community Hospice

At the Lions Club meeting on 23rd May, President Jamie Paterson presented a cheque for \$3,647.19 to Rotorua Community Hospice. Jessica Meade, the Fundraising and Marketing Manager, was a guest at the meeting and was delighted to receive this donation on behalf of Hospice to further the Service's work in Rotorua. Jessica also spoke about the work that Hospice does in our community by supporting terminally ill patients.

This money was raised by the Lions Club from running the Magic Show last December for disadvantaged young people and their families. The Magic Show is an annual fundraising project for the Ngongotaha Lions Club and attracts about 100 young people who really enjoy the Show and look forward to coming back each year.



## NGONGOTAHA INDOOR BOWLS

**12th June** Ngongotaha RSA Challenge We had some of the RSA members come and join us in a game of bowls. It was really just a fun night of bowls. Everyone seemed to enjoy themselves. The winning skip for the night was Kevin Birch, Runner up was Helen White. Lead winner was John Rayner and Runner up was Kathy Handley. Best trier skip was Peter Harris and Runner up was Keith Richardson.

**19th June** Trophy Tonight's winners were Greg Chase and Robin Campbell with 2 wins and a draw 30 points.

**25th June** BOP Championship Pairs Some members from this club travelled to Whakatane and played in this tournament and did quite well. The two that did well were Greg Chase and Helen White who were runners up in the plate. This was Greg Chase's first competition away from the club. He was very pleased with the day.

Anyone looking at playing bowls can contact:

John Rayner      07 5625012      Kevin Whyte      07 3574766

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# On Health

## The sick man

Dan was a single guy living at home with his father and working in the family business. When he found out he was going to inherit a fortune when his sickly father died, he decided he needed to find a wife with whom to share his fortune.

One evening, at an investment meeting, he spotted the most beautiful woman he had ever seen. Her natural beauty took his breath away. "I may look like just an ordinary guy," he said to her, "but in just a few years, my father will die and I will inherit \$200 million."

Intrigued and impressed, the woman asked for his business card; three weeks later she became his stepmother.

Women are so much better at financial planning than men.

One day, an old man and his wife visited their doctor for a checkup. The doctor wanted to examine the old man first. After examining the old man, he said "I'm surprised you are in such excellent health."

The old man replied "I attribute it to my good and clean life."

"Your good and clean life?"

"Yes, I have lived such a good and clean life, the Lord Himself turns the light on for me when I use the bathroom and the Lord Himself turns the light off for me when I leave."

"The Lord Himself did this?"

"Yes," insisted the old man.

The doctor nodded politely and then said "I will need to examine your wife next." The old man nodded and left the room.

The doctor then examined the wife. After completing his

"How is my husband?"

"Physically, he's fine, but I'm worried about his mental health."

"Why?"

"He insists the Lord Himself turns the light on for him when he uses the bathroom and the Lord Himself turns the light off when he leaves.

"My God! The damn fool is peeing in the fridge again."

Tom, a successful real estate developer was 65 and just married Candy, 44 years his junior.

After they came back from their honeymoon they held a party for all of their friends. At the party one of Tom's friends asked him:

"Hey man I know you got money and all but how did you land a woman so good looking and so young?"

Tom replies: "Well, to be honest I lied about my age and health".

His friend said: "Age? Please, you can barely pass off as a 60 year old and you look okay but you don't look fit, you don't even exercise regularly"

Tom: "No, I told her I was 85 and had an advanced heart condition which could kill me at any moment".

A recent study shows that women who carry a few extra kilos tend to live longer than men who mention it.

I asked my wife to dress up as a nurse tonight to fulfill my fantasy... That we have health insurance.

A health forum speaker asks, "which food causes extreme suffering for years after eating it?"

After a long silence, an old man answered: "Wedding Cake"

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# The rise of vapes: How we created a generation addicted to vaping

*Smoking has continued its 20-year downward trend, yet nicotine consumption is higher than it's been for years.*

Aggressive industry marketing and lack of regulation has made New Zealand one of the world leaders in youth vaping rates. You'd be lucky to walk down any street without inhaling the sickly-sweet vapor expelled from someone else's lungs. One vape can contain the same amount of nicotine as 20 cigarettes, depending on nicotine levels and vape size, resulting in children as young as 10 becoming addicted to nicotine.

Vaping can be a helpful tool for people wanting to quit smoking. But it's also created a whole new market, targeting youth. As a society, we know alarmingly little about vaping and its implications for our tamariki's health and wellbeing.

## Primary school children addicted to vaping

Ollie (not his real name), 17, from the Coromandel, says he first started vaping when he was 10 years old and quickly became his school's vape dealer. His introduction to vaping occurred at his local skate park when he noticed some older kids with vapes. The social pressure of wanting to fit in made the idea of vaping appealing. Once he gave it a go, he was hooked.

"As you start, you get this feeling of happiness, sort of like a buzz. And you think, oh, I can stop when I want. But no, you can't because your initial times of vaping, you'll feel like you're on top of the world. You'll feel so relaxed out. It hooks you and there's no doubt about it."

"...then I started to rely on it a bit. And when I say rely on, I mean, I couldn't really go an hour without".

The problem with vaping is that nicotine levels can be very high, depending on the type of vape being used. So what starts as casual experimentation for non-smokers can lead to dependence quickly. Nicotine can disrupt the formation of brain circuits that control attention, learning, susceptibility to addiction, mood and impulse control.

A 2022 survey conducted by Te Whatu Ora (Health New Zealand) and Hā Collective - a core group of young people, schools and experts - revealed that 78% of daily vapers vaped because it helped them to feel relaxed. Daily vapers also reported experiencing stress more frequently than non-vapers who took part in the survey. Additionally, daily vapers are less likely to speak to their parent(s) or another adult about the stress they experience (29% of daily vapers saying they might talk to their parents compared to 56% of non-vapers).

## Vapers outnumber past smokers

The 2022 ASH Year 10 Snapshot Survey showed that out of the 42.7% of Year 10 students who have ever tried vaping, 39.8% said they vaped "just to give it a try". Sheena Millar, the principal of Onslow College in Johnsonville, says they were seeing a massive reduction in smokers in schools, only for it to suddenly be replaced and then overtaken by the number of vapers instead. "About 40% of students are regularly vaping ... but it'd be even higher if you're talking socially," said Millar.

Ollie says, "I never knew someone at my school that smoked, but vaping ... if you saw the most innocent, naive 13-year-old girl, the quiet girl, the smart, the A+ student girl, she was vaping." The most concerning thing to Millar is that these young vapers will argue quite stridently that there's no negative health implications. But that's not what Millar and other teachers have observed. They've seen irritability and aggravated behaviours as side effects of nicotine withdrawals in their students.

"You'll say to them, what was that about? That's not how you usually interact with other people. And when you unpack it, some of them will say, well, I just couldn't organise to have my vape". Millar says these

students are sitting in class thinking about how to get out of class to go and get their next puff. "There are kids who excuse themselves in class to go to the bathroom to have a vape ... It's very high impact for those kids." They then must try and reengage with the lesson, all while thinking about how they're going to get their next hit in the next class. "So, it becomes this self-fulfilling disengagement kind of prophecy."

When Ollie speaks about withdrawals from vaping, it becomes very clear that there's a problem here. "If I went a day without it, I would cry. I would break down. And it's horrible. Your brain isn't sitting right. You are almost shaking and you are mentally ruined until you have that sort of relief and feeling of relaxation, of calming down."

Eventually Ollie was caught supplying vapes in his school. He was also being disruptive in class, a symptom of his nicotine withdrawals. Eventually, this played a large part in him being expelled from school.

"Some schools threaten kids with expulsion if they are caught vaping" Millar says. She sees this approach as doing more harm than good.

"... We do things that we know aren't going to solve the problem; just move the problem. And I feel like we've got a little bit of a tsunami coming if kids continue the way they are."

## Nicotine levels in vapes result in quicker dependency

Vibe is a health and social support service for young people aged between 10 and 24 years in the Hutt Valley. They have over 5000 young people registered with their service. Beau Woodson, who at time of our interview was AOD CEP clinician at Vibe, goes through an alcohol and drug checklist with his 13- and 14-year-old patients. He says when he gets to the question around tobacco "... without fail, they're almost offended that I asked them if they've ever smoked". But then when he asks if they vape, they say yes. "They don't make that connection that it's the same kind of thing. They would never touch a cigarette, yet they're jumping straight into a pack a day minimum worth of nicotine habit on day one of vaping."

A concerning trend Woodson is beginning to see is people using cigarettes to break the vaping cycle. An 18-year-old told him that he couldn't control his vaping, and even though he hated the way cigarettes tasted, he'd started smoking to see if they'd help him quit vaping. Woodson has seen parents buy vapes for their children, and when he asks how much nicotine is in the vapes, they have no idea.

"There's no connection realising how much actual nicotine sits within those vapes".

## Is vaping safer than smoking?

Smoking kills two-thirds of long-term users, making tobacco one of the most harmful consumer products that has ever been invented. There's a broad agreement that yes, vaping is less bad than smoking, but that's about as far as the consensus goes on this issue. Public Health Analyst, Candace Bagnall says, "Vaping, well, we just don't know. We know it's less harmful, but how less harmful? You're still taking stuff into your lungs, vapour with a whole lot of chemicals, but we just don't know. "It worries me that people are hearing messages of harmlessness or safety rather than relative harm, which is a very difficult concept to communicate to the general public."

Dr Jude Ball, Senior Research Fellow at the Department of Public Health, University of Otago, says while vaping carries lower health risks than smoking, it is not harmless. "Recent reports have highlighted the risk of acute lung injury in vapers, as well as chronic risks to cardiovascular, respiratory and oral health. "Since e-cigarettes have only been widely available for about ten years and respiratory illnesses caused by exposure to toxic substances may only show up decades later, the impacts of long-term use are still unknown."

"Our findings show that vaping of nicotine has emerged as a new public health risk to adolescents, the vast majority of whom would otherwise be nicotine-free and smoke-free. Thousands are now being exposed to vaping harms and potential nicotine addiction." (cont'd on p.14)

## Health Again

*A family gathers around their father who is very old and sick.*

*He says, "Daughter, are you here? Son? Where is my brother? Is everyone here in this room with me now?"*

*The daughter replies, "Yes Dad, we're all here! Your entire family is here in this room!"*

*The Dad says, "Then why is the hallway light on?"*

Having entered mechanic school, the former urologist received the results of his first test back with a score of 200%. Confused, he asked the teacher why his score was so high.

"Well", said the teacher, "The first part was taking the engine apart and you did that perfectly, so you got 50%. The second was to put it back together again and you did it perfectly and got another 50%. The other 100% was for doing it through the tailpipe."

*My weight loss goal is simple. I just want to lie on the beach without marine biologists pouring buckets of water over me.*

A sign on a cosmetic surgery clinics says: "If life gives you lemons, a simple operation can give you melons."

*I don't like my doctor. I always feel sick every time I see her.*

## Hon Todd McClay Member of Parliament for Rotorua



## Gangs on notice under National

Labour's soft approach to gangs has fuelled crime and fear in our communities for too long, and National has made it a priority to restore law and order in New Zealand.

For too long now our local retailers have been experiencing multiple break-ins. Residents tell me that they feel unsafe in their neighbourhoods and spend more time at home rather than enjoying being out and about across the city.

Since Labour took office in 2017 gang numbers have increased by 66 per cent and recently Ōpōtiki was forced to close down because of a gang funeral.

It is unacceptable that whole communities must bow to the illegal whims of criminals to the point where children are prevented from going to school.

Our message is clear - if you choose to align yourself with a gang and engage in criminal activities, you will face more severe consequences.

National will take seriously the threatening and intimidating behaviour of gangs that they impose upon members of the public.

We will make membership of a gang an aggravating factor when it comes to sentencing, so gang members convicted of an offence face tougher consequences for their crimes.

This is another initiative that will help restore law and order to New Zealand, along with a range of solutions National has already announced, including:

- Banning gang patches in public places.
- Allowing police to issue dispersal notices where gang members come together in public to intimidate, threaten, and sometimes assault members of the public.
- Giving police non-association powers to prevent gang members from communicating and planning criminal activity.
- Giving police the warrantless search powers they need to take the guns out of the hands of violent armed gang members, which has contributed to the worst gun violence seen in New Zealand.
- Cracking down on serious youth offenders by creating young offender military academies.

As National Party Leader, Christopher Luxon said when announcing this policy; "These gangs pose a grave threat to New Zealand society. They thrive by preying on the most vulnerable individuals, peddling addiction, intimidation, and widespread misery wherever they set up shop."

Under a National government, communities like Ngongotaha will be a safer place to raise families.

Hon Todd McClay

Member of Parliament for Rotorua

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Authorised by T. McClay, Parliament Buildings, Wellington

# Hon Todd McClay

## MP for Rotorua

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# Age Concern

Age Concern have been celebrating our volunteers during Volunteer Week and working alongside people to recognize Elder Abuse during Elder Abuse Awareness Day and the following week.

It's time to break the silence on elder abuse. That is the message from Age Concern on World Elder Abuse Awareness Day on 15th June, which aimed to shine a light on the physical, emotional, and financial abuse inflicted on older people. Age Concern says that elder abuse was a complicated issue but highlighted two concerning aspects — the "huge" and growing rates of financial abuse and the fact that 75% of alleged abusers are family members. It is very concerning to see the rates of people aged 65 and over who are becoming victims of family harm incidents.

The twin cost of living and housing crises were making things even more difficult for older people, who were dealing with adult family members moving back in with them and then using their money and this puts huge pressure on the older person.

By supporting the awareness day, Age Concern Rotorua wanted to draw attention to elder abuse and remind older people any abuse they might suffer was not their fault, they were not alone, and confidential advice and support were only a phone call or email away. Age Concern Rotorua also held a drop in morning with soup and rolls for our volunteers and members. Although Age Concern does not hold the MSD contract for Elder Abuse, we still have several people who come to us as the first port of call. If we are able to help, we will, or refer them on to Family Focus who do hold the contract.

The state age pension, New Zealand Superannuation (NZ Super), is individual, inclusive, non-contributory and gender blind.

At age 65, if a person has been resident in New Zealand for 10 years since the age of 20, with five of those years since the age of 50, they qualify for NZ Super, whether they have ever been employed or paid tax. But a comfortable and secure retirement in New Zealand depends largely on owning a mortgage-free home.

New Zealand is a low-income economy. Income impacts a person's ability to save for a deposit on a home, and income impacts longevity. Higher income is a major driver of higher life expectancies. We know that on average, Māori and Pasifika families have lower incomes. Stats NZ reports that average annual household equivalized disposable income by ethnicity for the year ended June 2022 was \$55,446 for Pākehā, \$46,579 for Māori and \$43,897 for Pacific peoples.

Clearly that difference in incomes compounds over a working life of 45 years, from age 20 to NZ Super eligibility at age 65.

Although ethnic inequalities in New Zealand have decreased in the 21st century, and there are marked differences within populations, on average Māori and Pacific people still have lower incomes, worse housing, and poorer health than Pākehā. And lack of access to affordable, dry, and warm housing impacts negatively on mental and physical health.

Age Concern National have signed a partnership agreement with Public Trust and this has had spin-offs for local Age Concerns like us. Public Trust are excited to partner with Age Concern to work together in the local communities they serve. Public Trust has been trusted by Kiwi for 150 years, helping protect Kiwi assets and making the tricky things in life a bit simpler for the loved ones left behind.

As specialists in estate planning and management, including creating wills, and enduring powers of attorney (EPAs), they use their expertise to help ensure that customer's wishes are carried out when they're no longer able to manage these things themselves. Public Trust's Personnel can assist with a range of financial and property matters.

It's designed to give a customer peace of mind that their financial and property matters are in order. It is a service tailored to their specific needs and can be used for either a short period of time, for example if they are transitioning to a rest home or retirement village, or over the longer term if they need ongoing assistance. Public Trust can also help manage people's affairs if appointed as Property Manager if someone is no longer able to manage their own finances or property. Property managers look after the financial affairs of a person who is deemed mentally incapable, in accordance with the Protection of Personal and Property Rights Act 1988.

Age Concern Rotorua are planning to hold a seminar, run by Public Trust, on setting up wills and Enduring Powers of Attorney before you are deemed to have lost the mental capacity to do so. The seminar will be free to attend and will be at Parkside on Thursday 27th July from 9:30 until 11:30 and afternoon tea will be provided. If you would like to attend, please register your interest by phoning 07 347 1539.

## Rory O'Rourke

**Age Concern Rotorua**

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# Progress Ngongotaha -Kokiri Ngongotaha Inc.

Kia ora Koutou, Katoa, Hi Everyone,

'Ngongotaha Community Collective' Updates

Ngongotaha Community Emergency Response Plan (Draft)

This is going to take a 'Village' to bring it together. If you would like to offer your help, or want to find out about it, or what is required, please phone 3574565 or 022 1404391 or email [progressngongotaha@gmail.com](mailto:progressngongotaha@gmail.com).

To date we have met with Linda Johnston RLC Civil Defence and through catching up with some of our local Iwi, community and business people we have gathered and shared what we each know about the availability in our area of such things as sand (for sandbagging), water, shelter, food and AEDs (Defibrillators).

We are investigating 'emergency shelter options' and we are also looking for the availability of generators throughout our community. Believe me we have only just started and there will be many of you who can think of other things that we may need, perhaps you may even have what we need.

Our primary option for establishing a Ngongotaha Community Emergency Hub is

The Ngongotaha Community Hall  
5 School Road  
Ngongotaha

Should an Emergency occur now, and it is safe to stay home please do so: otherwise if help or information is required go the Ngongotaha Community Emergency Hub to register. Even if you plan is to stay with whanau or friends, we would like to know that you are all safe and supported.

If you would like to keep an eye on our River and Lake levels, here is a good data portal to save and access [www.envdata.boprc.govt.nz](http://www.envdata.boprc.govt.nz)

**Until next month Stay Safe and Warm**

**Nga mihi nui**

**Lynn, Bob, Lee and Team**

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## Comparing Supermarkets

Newshub has conducted a test to find out where the cheapest groceries can be found. The test involved comparing the price of staple ingredients online. The main supermarkets were included along with The Warehouse, which is making a push to sell more groceries. All the prices were taken from supermarkets in Mangere and Papatoetoe in South Auckland. The items compared were bread, pasta, rice, coffee, milk, mince, mandarins, toilet paper, butter, carrots and eggs. All the prices are accurate as of June 28.

### Countdown

The cheapest bread was a 600-gram bag of Essentials brand sliced white bread which cost \$1.30. Next up was pasta. Essentials was once again the cheapest option with 500 grams of spaghetti costing \$1.50. Essentials also had the cheapest rice with a 1kg bag of long-grain white rice costing \$2.40. The cheapest coffee was a 90-gram bag of Special Blend powdered instant coffee which normally cost \$3, but was on sale for \$2.20. The cheapest 1-litre bottle of milk at Countdown was its own brand standard, lite, and trim milks which were all \$2.52. The cheapest mince was 1kg of NZ beef mince for \$16.90, while the cheapest mandarins were a 1kg Odd Bunch bag for \$4.80. Loose mandarins, meanwhile, were \$6 a kg. The cheapest toilet paper was a 4-pack of Essentials toilet paper for \$1.70. Moving on to butter, Essentials was once again the cheapest option with a 500-gram tub of margarine costing \$2.20. Meanwhile, the cheapest eggs were a 6-pack of Farmer Brown colony size 8 for \$4.90. As for carrots, a 1.5kg Odd Bunch bag was available for \$2.80 while loose carrots were \$3.20 a kg.

### New World

The cheapest bread at New World was a 600-gram bag of Value white toast for \$1.49. Value also had the cheapest pasta with 500 grams of spaghetti costing \$2.09 and rice with a 1kg bag of Value white long grain rice going for \$2.09. Value also had the cheapest coffee at New World with a 90-gram bag costing \$2.79. Anchor Zero Lacto Blue was the cheapest 1-litre bottle of milk going for \$4.75, while the cheapest mince was NZ beef prime mince for \$19.99 a kg. Mandarins meanwhile were \$5.99 a kg. The cheapest toilet paper was a 4-pack of Value white 2ply toilet paper for \$1.79 and the cheapest butter was Value table spread for \$1.99. The cheapest eggs were a 12-pack of Morning Harvest colony size 6 eggs and carrots cost \$3.29 a kg.

### Pak'nSave

The cheapest bread at Pak'nSave was also Value brand with the same 600-gram bag costing just \$1.19. It's worth noting Pak'nSave is owned by Foodstuffs which also owns New World. Value also had the cheapest pasta and rice with a 500-gram bag of spaghetti going for \$1.29 and a 1kg bag of long-grain white rice costing \$1.99. The cheapest coffee meanwhile was Pams smooth roast powered coffee with a 100-gram bag costing \$1.99. Anchor Zero Lacto Blue was also the cheapest at Pak'nSave and it cost just \$3.99. The cheapest mince was NZ beef mince which was \$14.49 a kg and mandarins were \$5.99 a kg. The cheapest toilet paper was a 4-pack of Pams 3ply white toilet tissue for \$1.79 and the cheapest butter was a 500-gram tub of Value table spread for \$1.59. The cheapest eggs were a 12-pack of Farmer Brown fresh colony size 6 eggs for \$6.98 and carrots cost \$3.29 a kg.

### The Warehouse

The Warehouse is relatively new to the grocery sector and still only offers a limited range of products. Of the staples available the cheapest bread was a 600-gram bag of RiverMill white toast for \$1.30. The cheapest pasta was 500 grams of Biondi spaghetti for \$2. Due to its limited options, the only rice available at The Warehouse is a 5kg bag of Market Kitchen long grain white rice for \$10. The cheapest coffee at the Warehouse is a 10-pack of Mokate Gold Premium Cappuccino chocolate sachets for \$1.97. The cheapest bag of instant coffee is a 90-gram bag of Gregg's special blend powder coffee for \$3. The cheapest 1-litre bottle of milk is Meadow Fresh Lite for \$1.97. The Warehouse didn't have 4 packs of toilet paper but a single 400-sheet roll was available for \$1.50 or a 12-pack of Necessities brand toilet tissue was available for \$4. The cheapest butter at The Warehouse is 500 grams Meadowlea margarine spread for \$3.30.

Source: Newshub

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# Kaharoa School

## Tēnā koutou whānau

This has been an awesome term with lots of opportunities for our tamariki...



We all enjoyed the **Science in a Van** performance and the Playhouse show - **Treasure Island**.

Our seniors visited WHHS to see their school show - **The School of Rock**.



Harold and Katie visited in the last week with the **Life Education** caravan.

We are in the midst of the **winter sports** season, and a huge thank you to all our coaches and managers that are supporting students in a range of sporting opportunities.



**Cross Country** - this was held together with the Rural Interschool Cross Country at Kaharoa School. We were lucky to have gorgeous weather, albeit slightly chilly! Well done to all participants, and a special congratulations to those who qualified for the BOP event, held in Opotiki at the end of the term.

A **Staff vs Student basketball game** was a fierce competition with some great moments for both staff and students.



**Support Staff Week** - this is always a very important time to thank, celebrate and show appreciation to our wonderful support staff. A big shout out to our amazing office staff, Learning Assistants, caretaker, cleaner and lunchtime events organisers. They all juggle many tasks and always with a smile. The contribution that each of these people make to our kura and tamariki is phenomenal, thank you.

## Kaharoa School Enrolments Open

Kaharoa School is 13min from Ngongotaha and open for enrolments now and for 2024 for both primary and intermediate students (Year 1-8).

*Responsive and challenging learning experiences with a focus on the rural environment, sporting and artistic pursuits, and New Zealand's diverse cultural heritage.*

Buses depart Ngongotaha daily at 7:30am returning at 4pm (\$30 per week) and from Jackson/Central Road daily at 7:54am returning 3:10pm (no charge)

**Contact Kaharoa School to express your interest in enrolling**

- Visit [www.kaharoa.school.nz](http://www.kaharoa.school.nz) and click on 'Expression of Interest Regarding Enrolment'. Complete the simple Google Form
- OR email [office@kaharoa.school.nz](mailto:office@kaharoa.school.nz)
- OR phone 07 332 3444

**Visits Welcome**

- School tours can be booked via the office
- New Entrant visits Thursday afternoons\*
- Informal Principal get-to-know-you chat

**OPEN DAY** - Kaharoa School, Tuesday 8<sup>th</sup> August

Arrive from 9:15am. Welcome 9:25am. School Tours. Information session and activities for students. Free sausage sizzle. Finishing 11:15am. All interested Y1-8 students and parents welcome to attend. Transport from Ngongotaha available 8:45am returning by 11:45am. Email [office@kaharoa.school.nz](mailto:office@kaharoa.school.nz) to register for open day and/or transport.

**INFORMATION EVENING** - Ngongotaha Hall, Thursday 10<sup>th</sup> August

First session starts 3:30pm and a repeat session at 6pm. All invited.

**Enrolment Zone Abandoned**

The Ministry has concluded that there is no longer a continuing need for an enrolment scheme at Kaharoa School. Families can enroll their children at the school regardless of their home address with immediate confirmation of enrolment.

\* Note: New Entrant visits are for students who have completed the enrolment process, and must be booked with the office.

## PTA NEWS

A huge thanks to those who supported our online auction, held on Facebook a few weekends ago - we raised \$2820! Big thanks to our local donors too who made this possible. We hope all purchasers enjoy their wins.



Save the date! Coming up on Friday 21 July (5:30-7pm) we have our first ever "Glo Disco" for all Kaharoa School students and families.

The Kaharoa team wishes everyone a safe and happy school holiday break and look forward to seeing our whānau all back on Monday 17th July - term 3.

Please refer to the Kaharoa website for further information and school newsletters. [www.kaharoa.school.nz](http://www.kaharoa.school.nz)



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For Sale By Negotiation View ROT31105  
Contact Mandy Lee [mandy.lee@raywhite.com](mailto:mandy.lee@raywhite.com)

FOR SALE



## Hamurana 47 Todd Duncan Drive

Lake vistas and a peaceful rural ambience are showcase features of this modern lifestyle property. Set in the heart of an upmarket subdivision, on 2.4967ha, partitioned into paddocks, this beautifully presented home is the perfect place to bask in the serenity of the tranquil setting. Entertaining friends, family life and special occasions will be a breeze with stylish open plan living and a seamless outdoor flow. The home also offers three bedrooms, the master with an ensuite & walk in wardrobe. Internal access double garage plus a large triple shed.

For Sale By Negotiation View ROT31071  
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[mandy.lee@raywhite.com](mailto:mandy.lee@raywhite.com) | Licensee Salesperson





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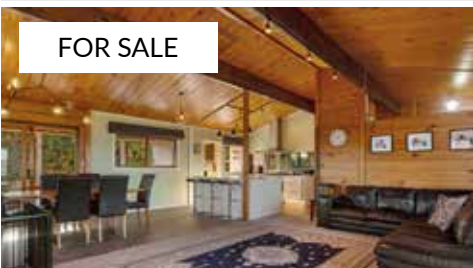
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## How we created a generation addicted to vaping

Unlike other countries, in Aotearoa we've had a largely unregulated vaping industry. Public Health Analyst, Candace Bagnall points out the World Health Organisation (WHO) doesn't define e-cigarettes as a tobacco product. "WHO's decision basically said to countries: you can define it as a tobacco product or not. It's your call," says Bagnall.

To understand the current vaping epidemic, we need to go back to 2017, when it was assumed that vapes were tobacco products and therefore legislated for in our Smokefree Environments (1990) legislation. Tobacco company Philip Morris International (PMI) faced charges laid by the Ministry of Health (MoH) over a new battery powered tobacco product they were selling called Heets.

It was essentially a type of e-cigarette that worked by heating tobacco instead of burning it. As far as the MoH was concerned, Heets were illegal. Philip Morris, however, disagreed. Philip Morris won the court case. The result meant there were no proper regulations for these products and the Ministry realised that new legislation was needed to protect minors and ensure consumer safety. This was the catalyst for a nationwide vaping free-for-all, and in the two years it took to put the legislation in place, the tobacco and vaping industry marketed aggressively to young consumers.

"They did the usual stuff that they used to do with tobacco. Taking products to music festivals that youth went to, that sort of thing," said Bagnall. Retailers gave away products for people to try, youth influencers were paid to market it on social media as being 'fun' and 'harmless'. Add that to the bright, shiny packaging and flavours like 'Peach gummy candy' and it's easy to see why so many people found it appealing.

"They could say pretty much what they liked. They had arrangements

with youth radio stations whereby the products were given away free if people guessed songs correctly and all of that kind of stuff," Bagnall said.

In November 2020, a range of regulations came into effect, instantly cutting off the industry's ability to openly advertise, sell products to minors, and distribute free samples. But by then, vaping had already spread rapidly amongst our youth. It was the cool thing to do.

## Easier to buy vapes here than overseas

Aotearoa has a higher youth vaping rate than any comparable country. In Australia you need a prescription to purchase a vape containing nicotine. This is implemented with the idea that vapes be used for their intended purpose – to help smokers quit cigarettes. Many New Zealand health experts are in favour of implementing something like this here.

Ironically, in Australia, some youth are accessing vapes without a prescription simply by ordering them online from stores based in NZ.

## Shopping online

Since regulations came in to limit advertising and selling to minors, various mystery shopping investigations have uncovered physical stores that continue to sell to minors. Then there's online ...

Before the regulations came in, Ollie bought his first vape online. There was no ID, no questions about it. "You can even buy disguised vapes, specifically designed to look like objects that wouldn't be out of place in a school bag or a teenager's bedroom. "You can buy a hairbrush vape. It looks like a literal hairbrush that you get from the warehouse, but you can unscrew it and there's a disposable vape in there." (cont'd on p 15)

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It has been illegal for under 18's to buy vapes since the regulations came into force in November 2020, but that doesn't stop online retailers selling their product to them. Buying vapes online is still very easy to do: simply tick a box to say you are over 18 and you can purchase a vape from most online stores. And that's because this is something that's hard to monitor. From what we've been told, delivery drivers don't always check the recipient's ID.

Ultimately it is the seller's obligation to take reasonable precautions and exercise due diligence to check that they are not selling a regulated product to a person under 18, for example by checking ID and having an R18 declaration on entry to the website as suggested on the Vaping Regulatory Authority's website. In practice, there is minimal oversight and enforcement of R18 restrictions to monitor this.

## Lowering nicotine levels in disposable vapes

The Minister of Health Dr Ayesha Verrall noted that "youth vaping rates are too high and we need to strike a better balance". The MoH released a public consultation document at the start of the year outlining proposals to strengthen vaping product regulation. It proposed setting lower maximum nicotine levels in disposable vapes. Disposables are the most popular vapes amongst youth, for their simplicity and low price point.

The current nicotine concentration limit in New Zealand is 20mg/mL for freebase nicotine and 50mg/mL for nicotine salt products. The level of freebase nicotine in the UK and the EU aligns with New Zealand's - 20mg/mL - however, the UK legislation recommends the same level for nicotine salt products. This makes the New Zealand requirements for nicotine salt levels more than twice as high as the limit in the UK and EU. These two separate limits reflect that some vaping substances use nicotine derived by tobacco by itself, as a freebase, while others mix the nicotine with an acid, such as benzoic acid, creating a salt.

The new proposals suggest a lower limit of 35 mg/mL. That's still 75% higher than the EU rule. The MoH proposal also includes limiting the marketing of flavours and setting proximity restrictions so vape stores can't be right next to schools. Dr Jude Ball states that regulators need to strike the right balance so that e-cigarettes are easily available to smokers wanting to switch, but youth uptake is minimised.

Measures that would likely reduce youth vaping without greatly impacting smokers wanting to switch, include:

- Enforcement of existing regulations, and heavy penalties for retailers and vape companies that break the law (for example, those that sell vape products to people under 18 years, or those that sell products that are higher in nicotine than stated).
- A ban on cheap disposable vapes, which (at less than \$10 a pop) have driven the recent rise in vaping among teens and are an environmental disaster. (Scotland is considering a ban on environmental grounds).
- Disallow price promotions such as '2 for 1' deals and referral promotions.
- Plain packaging of vaping products (black and white) and inclusion of mandatory health warnings.
- Disallow point-of-sale product displays and promotion in dairies, service stations and other generic stores frequented by children and adolescents.

On March 15 2023 the period for experts to submit feedback on the proposal closed. The Minister of Health will take these into consideration before moving forward with the proposal. This article was made possible with generous support from the Ministry of Health.

If you want help to stop vaping support is available via Quitline on 0800 788 788 or via text on 4006.

Source: ConsumerNZ



## Ngongotaha Medical Centre Limited

Doctors: Simon Firth, Jane Carman, Genevieve Matthews, Kingsley Aneke, Jorgelina Ferreira, Louisa Barter, Samantha Keenan



### Importance Immunisation Advice

The timetable of recommended vaccines is called The National Immunisation Schedule. It shows when everyone should receive each routine immunisation, starting as early as 16 weeks of pregnancy for mothers, and at least 6 weeks old for babies. For the best protection against serious disease everyone needs to be immunised **ON TIME, EVERY TIME**.

In March 2023 a new immunisation was added to the childhood schedule. BEXERO is a Meningococcal Group B Vaccine to help protect against diseases caused by the bacteria Neisseria Meningitis Group B. This bacterium can cause serious and sometimes life threatening infections such as meningitis (inflammation of the covering of the brain and spinal cord) and sepsis (blood poisoning).

This vaccine works by specifically stimulating the body's natural defence system of the vaccinated person. A common immune response for those under 2 years is a high fever, so for those children it is recommended a dose of paracetamol (pamol) appropriate for their weight is given either just before or at the time of their appointment. This vaccine is now given at 3 months, 5 months and 12 months, however please ask your Nurse about the catch up programme available for all under 5 year olds that have not started their Bexero vaccines.

Bexero is also recommended and funded for 13 to 25 year olds who are at boarding school or reside at another specified close living environment, i.e. University Halls of Residence.

[www.immune.org.nz/diseases/meningococcal-disease](http://www.immune.org.nz/diseases/meningococcal-disease)

**Please phone the Surgery for an appointment or if you have any questions**

# Naughty lawyers

Article prepared by Ros Morshead, solicitor at Lawbox

I couldn't think of a good topic this month, so I thought I'd address some of the hard-to-swallow recent bad publicity about a particular lawyer's conduct that has seen him subject to disciplinary proceedings before the Law Society for his actions that begger belief.



Readers might be aware of recent media reports about former Wellington criminal barrister, Alwyn O'Connor, aged in his mid-40's, being struck off as a lawyer for several serious misconduct issues involving 3 different clients including accessing and taking funds from a client's personal bank account, negligence in an employment matter, and borrowing money from a client. The extent of Mr O'Connor's impact on the public and the profession in his short legal career is both extraordinary and eyebrow raising as in 'how on earth did all that happen and why didn't anyone notice?'

Mr O'Connor was granted a practicing certificate in December 2014. As I read the media reports, Mr O'Connor seemed to have more name alias variations than a box of Favourites. And under those names he had an existing criminal history reportedly dating back to aged 18 including for dishonesty and sickening child abuse (for which he served jail time in 2006), as well as two bankruptcies in 2000 and 2006. It's not clear from media reports, but when he applied for his practicing certificate, he either disclosed some of his past misdemeanours but not all, or they weren't all picked up in routine agency checks - presumably because of all the name variations that were hyphenated in some instances.

Yet even with the disclosure Mr O'Connor did provide, he still somehow managed to persuade the Law Society he was reformed from his upbringing, deserving of a second chance, and a fit and proper person to practice as a lawyer. And so, he was unleashed on the unsuspecting law firms he worked for and the public, even with all the checks and balances there are to being a lawyer in the first place.

So how does a person get to be a lawyer in the first place? Well, for an undergraduate degree they must first they must pass the law school programme of three years of law papers + one year of non-law papers, then complete a further programme called 'Professionals'. Following this an application can be made to be sworn in and admitted to the roll of Barristers and Solicitors of the High Court of New Zealand.

A person can use their law degree in any job but can't hold themselves out as a 'lawyer' unless they've also applied for, and been granted, a practising certificate by the New Zealand Law Society. Between them, the processes are rigorous and require a huge amount of disclosure of personal information, including 'fit and proper' character information about any sort of misdemeanour, convictions, bankruptcy, professional misconduct in any other profession, and so on.

From the day we start practicing we operate in strict regulatory and compliance environments. These frameworks are designed to ensure bad apples are filtered out at day dot when a person applies for a practising certificate, as well as to ensure public protection from the imbalance of power inherent in a solicitor-client relationship. Could the Law Society have limited his practicing to not act in care of children matters or anything to do with trust accounting? Possibly, except two of the reported complaints were his inappropriate dealings with clients directly, so any limits there wouldn't have really made a difference.

And in relation to the complaint about the employment matter for the client, it is arguable he should perhaps have been better supervised in his work by his employer. The reality is, there'll always be instances where even with all the checks and balances in place in the world, bad apples will slip through.

As with everything, people have a choice about their actions, and all actions in life have consequences. Mr O'Connor was given a second chance to do good, but he wasted it. Unfortunately, the flow-on effect on the profession will likely mean even more regulatory hurdles and compliance being imposed on those coming through underpinned by the adage 'once bitten twice shy'.



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# Lakeview Golf and Country Club

As we head into the second month of winter, sadly the pattern of fronts stalling over the North Island continues. We have a pair of Paradise ducks Putangitangi that have taken up residence on the course and they are enjoying the wet but they are the only ones who are! On the positive side we are past the shortest day.

July competitions are the finals for the Managh Cup and Trophy and then the Captains Trophy starts on July 15th through to the end of the month. It is great that these competitions are well supported and even better that new members are participating.

We had a great golf fun day at Lakeview on 21st June which saw 50 tamariki from various local primary schools come and give golf a go! This was organised by BOP Golf and is such an awesome initiative to introduce tamariki to golf who may not normally have the chance or opportunity to try this great sport. The future of golf lies in the grass roots and the wider this net is spread the better chance the sport has of growing. The importance of this initiative is evident when looking at the dwindling numbers of senior golfers who for various reasons are no longer playing the sport. Players in the 50+ age bracket who would hopefully be coming through to replace these seniors are maybe still working so that particular group of golfers are very much under represented.

On that note remember we have our senior or vets group golf day on Tuesdays from 9.30am. Meet at 9.00am to register. They are a friendly group of people with the main focus being the social interaction rather than the golf!

Progress on the clubhouse continues with the gib being placed on the outside currently and the joinery going in after that so we will have a weather proof shell soon! The target for completion is still the end of the year and we would love to hear from any groups keen to use the facility. We are hoping the Rotorua Archery Club will be with us soon.

We look forward to continuing our project of planting more native plants on the course with the help of Ngongotaha and Mamaku Primary school tamariki. We are excited to involve the Rotorua Multi Cultural Society in this project as well! This will be happening early October. We remind everyone that the course is open to the wider community as a beautiful green space to come and enjoy. You do not have to play golf - we encourage people to come and walk around and just take in the views and peaceful environment.

Our monthly quiz run by Kelvin and Josh continues in July and August. They are held on the first Friday of the month. July 7th and August 4th are the next dates to put in your diary. Congratulations to Kidz Free who won the June quiz!

Until next month stay safe from all the winter ills and chills!

**Golf shop phone number is 07 357 2341.**

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# Ngongotaha Pharmacy

## Are you battling with head lice?

\*We are offering **FREE** consultation and head lice product.

\*Call in and talk to one of our friendly pharmacists.

\*Eligibility criteria: 2 years of age and over.



1. **Inspect:** If you suspect head lice, check.
2. **treat:** Use lice treatment product as directed.
3. **Remove:** Lice/nits by combing the hair with the comb provided.
4. **Clean:** Home and personal items.

Find us at 17a Taui St Ngongotaha. Phone: 3574240.



# Ngongotaha Garden Circle

## *Are you interested in gardening?*

*In Ngongotaha we have an active garden circle of around 40 members.*

*Amongst our members there is a wealth of garden knowledge and experience in all types of gardening and garden trends.*

*In these days of high food prices, many people are wanting to grow their own veges, but may not know how to start.*

*We have a lot of members who are able to help, guide and advise.*

*But not only food. You may want to tidy up and brighten your section. Our gardeners are full of ideas and may be prepared to share seeds or cuttings as well as advice.*

*The Garden Circle meets on the 4th Wednesday of each month at the Ngongotaha Community Hall. There is always a sales table of plants and seeds at low prices.*

*We welcome new members, young or old, and no matter what your gardening interests are.*

*If you are interested, please contact: Jane Moore 027 4735708 or Christine Johns 027 2712883*



*The Garden Circle has been in existence for almost **70** years and next year we intend to celebrate that milestone. We are looking for past members or families of past members who may be able to help us with the history of the club and join us in our celebrations.*

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## More on Health

*A man emails his sister who lives abroad "Your favourite cat died".  
She replied: "WTF man, this took me by surprise, you should've prepared me for such tragic news"  
And how on earth would I do that?  
First you tell me the cat went outside to play, the next day you say the weather has been freezing these few days, I wouldn't be surprised when you tell me that it caught a cold, the next day you tell me that you took it to the vet and he gave it a bunch of antibiotics, the next day you tell me that the cat was allergic to the medicine, next you tell me its health condition is critical, and then you deliver the bad news Oh! I see  
A few days later, he emailed her: "Grandma went playing outside".*

An older man is at a routine doctors appointment. Everything checks out, and he appears to be in good health. At the end of the appointment, the doctor asks him if he had any questions.  
The old man replies "No, I'm okay, but I am concerned about my wife; I don't think her hearing is what it used to be."

"That happens with age." the doctor says "but if you want to measure how bad it is, I could give you a simple, at home test."  
"That's be great!" said the man, "What can I do?"  
"Pick a room in your house and call out to your wife. Move closer, calling out to her, and see how close you have to be before she hears you."  
"Easy enough" thought the old man. That night, while the man sat in their living room, his wife was in the kitchen making dinner, he thought now would be a good time to test what the doctor had suggested. The old man estimated he was about 100 feet away, and called out to his wife: "Honey! What's for dinner?"  
\*no reply\*  
"No worries" the man thinks, so he moves to the edge of the living room, 70 feet away, and calls out again: "Honey! What's for dinner?"  
\*no reply\*  
"A little closer, maybe"? the man thinks, so he moved to the dining room, 40 feet away and calls out: "Honey! What's for dinner?"  
\*no reply\*  
"Wow" the man thinks, "her hearing stinks, maybe I need to move closer again?" The old man then moves to the edge of his dining room, about 20 feet away from his bride, who's still making dinner

in the kitchen, where he shouts again: "Honey! What's for dinner?"

\*no reply\*

Irked, the man walks into the kitchen, where he can now see his wife working at the stove, 10 feet away, where he gives about one last yell: "HONEY! WHAT IS FOR DINNER?"

The wife, turns to him and says: "Fred, for the fifth time, CHICKEN!"

A man walks into the pharmacy and asks the pharmacist, "Do you have any acetylsalicylic acid?"

"Do you mean aspirin?" says the pharmacist.

"That's it, I can never remember that word."

*I cared for my sick dad in his last days, and I'll never forget his last words.*

*"I think those were the wrong pills Billy."*

I'm at the age where I have to make a noise when I bend over. It's the law.

*Why are they called "haemorrhoids"? They should be called "asteroids".*

I can't believe I forgot to go to the gym today. That's 7 years in a row now.

*I'd hate to be a giraffe with a sore throat.*

What's the Difference Between God and a Surgeon? God doesn't think he's a surgeon.

*Laughter is the best medicine – unless you're diabetic, then insulin comes pretty high on the list.*



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## Happenings

**7 July** Lakeview Quiz night

**14 July** Matariki

**21 July** Glow Disco Kaharoa School 5.30-7.00

**27 July** Wills and Enduring Power of Attorney seminar by Public Trust in conjunction with Age Concern 9.30 to 11.30 at Parksyde. Please phone 07 347 1539 to register.

**4 August** Lakeview Quiz night

**6 August** Mamaku Crop Swap

**8 August** Kaharoa School Open Day: email [office@kaharoa.school.nz](mailto:office@kaharoa.school.nz)

**10 August** Kaharoa School Information Evening at Ngongotaha Community Hall, 3.00 pm and 6.00 pm

Coming up: Car registration plate theft prevention day

## Regular Events

Monday Indoor Bowls 7.00 pm Community Hall

Tuesday Vets Golf 9.30am, Junior golf after school during school term at Lakeview

Tech on Tuesday at Parksyde

Tuesday Twilight Golf at Lakeview 4.00 to 6.00 pm

2nd and 4th Tuesday: Lions Club of Ngongotaha at 5.30pm in the Ngongotaha Community Hall. Contact person: Jamie Ph: 07 3322818

2nd Wednesday Friendship Club 9.45 am St Barnabas Church Hall

4th Wednesday Ngongotaha Garden Circle at Ngongotaha Hall  
Every Thursday Junior Golf after school during school term at Lakeview Golf and County Club

Last Thursday of the month 2.00 pm Poetry Appreciation Society. Contact Kay [myfairycay@gmail.com](mailto:myfairycay@gmail.com) or 0274 982 787

## Ngongotaha Rail Park

*Come ride the only steam train in Rotorua, here at Ngongotaha Rail Park.*

The park has a hobby supply shop retailing model trains, model cars and planes, alongside other modeling accessories.

For fundraising we sell shavings for poultry and horse husbandry. The park also sells boxed wood.

All proceeds go toward further developments at the park.

**OPERATING HOURS**  
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For inquiries please email:  
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## Completion of the Mamaku Toilet Project

Todd McLay and Ben Hollier opened the toilet at the playground recently. Councillors Conan O'Brien and Karen Barker also attended the ceremony.

\$90,000 was put towards the completion of the Mamaku Public Toilet by Rotorua Lakes Council through the Rural Board - Devolved Funding Allocation 2022/23. The toilets are open from 7 am to 6 pm.

There has already been some vandalism so the public are urged to report any suspicious activity to keep this facility functioning.



# Ngongotaha School - July Update



As I write this, the term is quickly drawing to an end, by the time it goes to print, I will have my feet up enjoying some time with my whanau in preparation for an exciting term 3. Term 2 has been wonderful. The tamariki have been a part of some exciting learning experiences and our mid year achievement data is showing outstanding academic results.



On the final Wednesday of term, we held our first ever Matariki Breakfast. Our teachers and support staff cooked breaky for our whanau and our students to celebrate the Maori New Year. It was a lovely event and many of our school community came along to celebrate and have kai together.

Two of our year two classes celebrated the end of term by spending the night at the All Season Holiday Park. The kids were able to swim in their heated pool, climb dinosaurs, hydroslide, bounce in bouncy castles, and explore the lakefront. For many of the students, it was their first experience staying away from home in a 'school camp' like experience. A wonderful experience. Thanks to Tracy and the very supportive team at All Seasons Holiday Park for having them.



12 of our students qualified for the Bay of Plenty Cross Country Championships in Opotiki. This event was postponed till the 27th of June (after this piece was written) so I can't comment on any results unfortunately. However, if past results are anything to go by, I bet our kids were awesome.

On the same day as our little ones going on camp, our school rugby team travelled to Blake Park in Mount Maunganui to take part in the Chiefs 5 aside Championship. We were invited to this after winning the Rotorua tournament a few weeks ago. Our boys did exceptionally well and won many of their games, the future of Ngongotaha Rugby continues to shine.



I want to say a huge THANK YOU to RoomMate Cabins. Although not directly something to do with school, RoomMate Cabins have sponsored the Ngongotaha Rugby club and provided every single JAB player (over 100 of our school students) with a new hoodie to wear on Saturday mornings, keeping our kids warm and looking sharp! Thanks, guys.



Term 3 begins on the 17th of July. We will continue on with our Science focus next term, diving into the Living World strand of the Curriculum. We have trips to the Agrodome, farms, Paradise Valley, the Trout Hatchery, Wingspan and of course to our local Marae. Lots of authentic learning for our tamariki. In addition to this, our senior school will take part in the Interschool Sports Exchanges and Field Days and all classes will be writing and presenting speeches for the annual Speech Competition.

As we move into Matariki, enjoy the time with Whanau. It is a special time for Aotearoa New Zealand. If you are getting away for the Matariki long weekend or for the school holidays, travel safely.

## Craig and the team at Ngongotaha School

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