



10 Ngongotaha Women selected for BOP Volcanix Team!

Congratulations to players:

Rohakino Niupalau	Ellis Watson
Jessie Wharekura	Hope Parata-Kingi
Kokako Raki	Jade Wharemate
Keira Hewitt	
Te Pumanawa o Toku Ate Rogers	

**Congratulations also to Training Partners Dani Irihei and Manaia Wharekura
and to Ngongotaha Sports and Community Association.
The Volcanix represent Bay of Plenty in the Farrah Palmer Cup 2025.**



Congratulations to these local organisations benefitting from Rotorua Trust grants in the last year

Ngongotahā AFC \$15,000

Ngongotahā Primary School \$7,350

Ngongotahā Sports And Community
Association Inc \$12,648

Rotorua Agricultural & Pastoral Association Inc \$4,342
Equisucceed \$20,000



Prograss Ngongotaha-Kokiri Ngongotaha Incorporated 26th Annual General Meeting

**Thursday August 28th 2025
Ngongotaha Community Hall
6.30pm until 8pm**

Minutes from the last AGM September 2024
Financial Report 1 April 2024 to 31 March 2025
Chairs Report
Treasurers Report
Election of Officers

General Business
Approval of our Draft from our Members;
Progress Ngongotaha
Kokiri Ngongotaha Incorporated
Constitution 2022

Haere Mai- All very welcome

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- Sunday: 9.45am Eucharist followed by coffee and fellowship.
Thursday: 9.45am Contemplative Eucharist followed by coffee and fellowship.
11.00am Bible Study.

Forest & Bird

In late July, this group took a walk along the Ngongotaha Stream to admire the restoration work that is being done. They will be also visiting the Awahou Stream project in August (see page 21)

EquiSucceed Charity Golf Day- Friday 31st Oct

We are planning another great day on the green so come along and show your support. 9 Hole mixed open tournament- Ambrose rules 12pm Tee off at Rotorua Golf Club, Arikikapakapa followed by prizegiving and auction.



Entry \$200 per team of 4 players For a registration form please email manager@equisucceed.co.nz

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Personal Readings

Monday to Friday,
by appointment only.

Phone Kerry - 027 640 6007

LAKEVIEW GOLF AND COUNTRY CLUB

The days are definitely getting noticeably a little longer especially in the evenings - all positive signs we are slowly heading out of winter. What a wet one it has been! The last week of July saw some mighty frosts causing play delays but the beautiful sunny days that followed were so good after all those dreary rainy days! The course is looking as good as it can given the really wet conditions but at least we are not knee deep in mud like some courses around the country - the advantage of being on a hill with a free draining soil type.

Club competition for August will be the Managh Cup/Trophy with Top Dog/Cat qualifying at the end of August. The Top Dog/Cat competition is always a great comp with fierce competition for the title. Players choose their partners (a very strategic operation!) A huge CONGRATULATIONS to Shane Motley aka Mots for winning the Mamaku Cup. The Handicap Pennants team made it through to the finals again this year but unfortunately were not able to bring the cup home. Well done to the team captain Te Wana Maxwell and the players - a great effort that Lakeview are very proud of.

LADIES CLINICS As promised in the last newsletter we have some dates for the popular Ladies Clinics! Sunday August 24th and 31st and September 7th and 14th 12pm. \$20 per session. Book your spot now with Josh 021 072 0379.

From the Operations Desk at Lakeview Golf & Country Club

Well, what a wet old month it's been! Not so great for golf (unless you're keen on puddle putting), but absolutely perfect for cosy parties, weddings, and long-overdue catch-ups. At Lakeview, we say don't let the rain ruin your big day — our venue shines whatever the weather!

Whether it's a birthday bash, work do, wedding or just an excuse to get together, we've got you covered (literally). Warm indoor spaces, great catering, friendly staff, and views that still impress even through a rainy window. Keen to book something in? (it's not too early to start booking those Xmas work functions). Email events@lakeviewgolf.co.nz or flick me a text – Rach on 027 272 0425. Let's plan something fun!

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All prices include GST, only while stock lasts.

QUIZ NIGHTS! The Christmas themed July quiz was a great night out with some fantastically dressed up teams! The next quiz is the last Friday in August, being the 29th. Get your team booked in and start brushing up on those random facts.

Conservation remains a big focus for us. Our trapping programme continues to reduce the number of predators in our beautiful environment thanks to our volunteers who check our traps and move them strategically around the course. For the year 24-25 we were able to rid the environment of 55 rats, 67 mice 10 possums, 4 rabbits, 1 stoat and 1 weasel! These numbers are significantly down on previous years which we hope is a positive sign although we are very aware this is an ongoing commitment as predators never give up, but nor do we! We will be planting more native plants at the end of August with the help of Mamaku and Ngongotaha Schools. This will complete one specific area: thanks to Environment Bay of Plenty for the funding that made this possible.

Rotorua Archery Club hold club days on Sundays from 9.30 – 11.00am. Set up from 9.15am so come up and give it a go: everyone's welcome! Until next month stay dry!

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Ngongotahā School Welcomes New Principal, Eden Chapman

Ngongotahā School is proud to welcome Eden Chapman as its new principal. With a career spanning two decades in school leadership, Eden brings varied experience, a deep commitment to tamariki, and a passion for community connection.

Eden's teaching and leadership journey began in Taranaki at a sole-charge rural school, before moving to Rotorua where he led Horohoro School for ten years, and most recently served as principal of Sunset Primary School for six years. His move to Ngongotahā School marks an exciting new chapter, and he's eager to build on the school's strong foundations.

"Being appointed to lead Ngongotahā School is a true honour," Eden says. "Already, I've been warmly welcomed by students, staff and whānau, and I feel incredibly fortunate to be part of such a vibrant and caring community."

Eden and his wife Jenny are proud parents to four daughters — Hannah, Eliza, Hope and Anneliese — and have made Rotorua their home. Fluent in the values of manaakitanga and kotahitanga, Eden says his leadership is grounded in listening, learning and leading with care.

"My door is always open. I may not have all the answers, but I'll always listen and do what I can to support our families. I'm committed to honouring what has come before while helping shape an exciting future for Ngongotahā School together."

The school community warmly welcomes Eden to his new role and looks forward to the vision and energy he brings.

Nāku noa, Eden Chapman
Tumuaki | Principal Ngongotahā School
T: 07 357 4531

About Electricity

What did the proton say to the electron? You're so negative.

What did little Johnny's mother do when she caught him zapping the other children with static electricity?
She grounded him.

A sweater I bought was picking up static electricity. So, I returned it to the store.

They gave me another one free of charge.

My local Chinese restaurant has been hit with a \$10k electricity bill. They said they can't turn off all the lights but they do dim sum.

How many bureaucrats does it take to screw in a lightbulb? Six.

One supervises;

One arranges for the electricity to be shut off;

One checks safety and quality standards;

One monitors compliance with government regulations;

One fills out paperwork;

And one who screws the lightbulb into the faucet.

Electricity is a great thing...

Without it, we'd be watching television by candlelight

I told my boss that three companies were after me and I need a raise....

My boss asked "what companies?"

Gas, water and electricity.

If electricity always follows the path of least resistance...

Then why doesn't lightning only hit France?

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NGONGOTAHA INDOOR BOWLS

Monday 30th June Roll Up

Apparently, it was just a fun night of bowls. Kevin set the mats in a different direction so made it challenging for some players. There were no real winners for the night.

Monday 7th July Buttons

Bruce Wiggins, Piet Nel were holding the buttons till Helen White and Cheryl Wiggins managed to get them. We retained the buttons for the night.

Tuesday 8th July St Andrews Open Triples

We had three teams from Ngongotaha Club who played in this tournament. The team of Bruce Wiggins, Cheryl Wiggins and Dawn Mulley from the St Andrews club came third. Well done to those three players.

Monday 14th July Championship Singles

Everyone was very focused on winning, but there is always only one winner and for the ladies Singles this was the one and only: Nicole Ruthe who is playing very well at the moment. The two men battled it out but the winner in the end was John Rayner and Runner up Greg Chase. Congrats to those three.

Monday 21st July Roll Up

Tonight, I think they all had a bit of fun. They made up two teams and played as pairs. Their scores carried through to the next game. The team of Kevin Whyte, Piet Nel, Eddie Hagenaars, Bruce Mapson, Colin Rolfe and Bruce Wiggins won with 73 points. The other team managed to get 69 points.

Anyone looking at playing bowls can contact:

Richard Mills 07 3323623 Kevin Whyte 07 3574766

Photo top right: Bruce and Cheryl Wiggins and Dawn Mulley



More Electricity

Electrical Hum - True story

I was working on a Generator switchgear with the factory representative who was from Ireland and we had the generators running and the electrical panel open with all the thick bare copper busbars visible. As most may know anything with a ton of electricity flowing through it makes this humming sound. I told the rep that the hum always makes the hairs on the back of my neck stand up.

He said " Do you know why it hums?"

Me, expecting a technical response, " No I don't know. Why does it hum?"

With a totally serious face he replied " Cuz it dont know the fookin words."



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"Pete and his team were an integral part of our high spec new build during 2022 -2023. I cannot speak more highly of their communication, the quality of their work, their attention to ensuring an excellent finish, their willingness to work around other trades and the value for money they offered.

Always cheerful, it was a total pleasure to have Pete's team on site. We would unreservedly recommend them to anyone planning a project where you really care about the quality of workmanship and value excellent collaboration with trades."

-Liz and Paul Weatherly

"Wanting a perfect finish on our painted surfaces, we engaged Peter Bangs from Paint & Paper to do the job. The job was done over a couple of days and the team arrived when they said they would and got the job done. They were very professional and we would highly recommend them for all jobs, big or small".

-Mati & Chris

Hon Todd McClay

MP for Rotorua

Delivering for Rotorua

If we can help, please give me
a call: 07 348 5871

1301 Amohau Street

rotorua.mp@parliament.govt.nz



Authorised by Todd McClay,
Parliament Buildings, Wgtn.



Hon Todd McClay

Member of Parliament for Rotorua



Supporting seniors and families during tough times.

As the economy starts to recover, for many it is still hard to make ends meet. It's clear that when the Government took charge things needed to change. So far, we've tackled inflation, dropped mortgage rates and introduced a number of initiatives to make things easier, including for seniors.

This year the Government addressed rates rises and the financial stress it places on seniors who want to enjoy their hard-earned retirement or go to the local café and not worry about the price of a sausage roll. To make things more manageable for SuperGold Cardholders we've made targeted changes to the Rates Rebate Scheme. From 1 July, the income threshold increased to \$45,000, expanding eligibility to thousands more. The maximum annual rebate will rise to \$805, and those receiving only NZ Super will automatically qualify if their annual rates bill exceeds \$2,000.

Senior citizens living in Ngongotahā are among an estimated

66,000 more who will be able to access financial relief that wasn't available to them previously. You can apply through the Rotorua Lakes Council or download a form online.

I've also heard from local families how challenging it is balancing expenses. Childcare is a stress factor, which is what the FamilyBoost initiative aims to help with. As of July, qualifying families are entitled to a refund of 40 per cent of early childhood costs up to a maximum payment of \$120 a week. The maximum payment a family can now receive is \$1560 a quarter, or \$6240 a year.

We'll continue to focus on economic growth and finding ways to help ease things for you and your family.

Hon Todd McClay
Member of Parliament for Rotorua
Authorised by T. McClay, Parliament Buildings, Wellington

Article provided to Ngongotaha News by Todd McClay, MP for Rotorua



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Kaharoa School

Tēnā koutou whānau

This term has started with weather extremes - from very soggy, wet days to gorgeous fine winter days with heavy frosts and icy roads.



We have a couple of new staff members who have joined us this term - Whaea Rosa, who will be teaching in Whakairo (Y7/8) for the rest of the year; and Whaea Ashley, who is a learning assistant working with some of our tamariki who need a little extra support.

Parent-Teacher Interviews: In the first week of term we held parent interviews to discuss each child's progress and achievement so far this year. This is always a great opportunity for our kura and whānau to work together to support every student's learning journey.

Tuckshop: Our Friday tuckshop opened this term, with lots of new items chosen after consultation with the students. All profits go to the year 8 Legacy Project - this year they are hoping to build a court for 'wall ball'.

Projects: The PTA have generously funded a revitalisation of the **junior sandpit** in the front corner of the school. As part of this redevelopment, there will be a new fence built along the corner of the playground as this is a dangerous place for children to cross the road, especially when wet.

With council funding we have developed the tree grove and boardwalk (in 2024). The final piece of this project is the '**Tipuna Project**', where we are having sign boards made that tell the local stories students are learning at school in line with the Aotearoa NZ Histories curriculum.

The **Community Oral Health Dental Service** is visiting us this term to do dental checks and treatments for all students enrolled with the service.

Sports Camp: A group of intermediate tamariki from Kaharoa and Selwyn Schools have been training in preparation for Sports Camp at Tōtara Springs near the end of this term. They will be competing against other schools from around the North Island in a range of different sports.

Ngongotaha Sport's Exchange: On Thursday 24th July a group of year 5 and 6 students from Ngongotaha School visited our school to compete in different sports, including netball, soccer, basketball, and rugby. These exchanges are a fabulous way

for tamariki from both schools to connect and build friendships, with a dose of healthy competition. Many of these children will attend Western Heights High School together in year 9. Our children put in 100% effort and displayed the values of sportsmanship and respect for their opponents.



Kaharoa School Information Evening: Tuesday 26th August at 5:30pm in the Ngongotaha Hall. Students and parents considering enrolment in 2026 are invited.

Kaharoa School Open Day: Friday 29th August, 9:30am - 11:15am. This day includes: school tours, information sessions, activities, and a free sausage sizzle. Interested students and whānau are welcome to attend. Any questions or queries, please contact Kaharoa School on 07 332 3444.

We have space for new students. Kaharoa School is 13 minutes from Ngongotaha and open for enrolments for both primary and intermediate students (Year 1-8). Our pre-school transition visits are held fortnightly on Thursday afternoons with our new entrant teachers (contact the school office for more information if interested).

Please refer to the Kaharoa website for further information and school newsletters. www.kaharoa.school.nz
Ngā mihi - The Kaharoa Team

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Tuesday 12 August 2025

Drop in any time between 12pm - 4pm

Ngongotahā Community Hall

5 School Road, Ngongotahā, Rotorua

NGONGOTAHĀ VILLAGE REGENERATION - NEXT STEPS

Join us for the second community drop-in session as we work together to develop a shared vision for the future of Ngongotahā Village. This session builds on the kōrero from our first hui and is an important step in our journey toward long-term regeneration and revitalisation.



Progress Ngongotaha - Kokiri Ngongotaha Incorporated

Kia ora Koutou, Katoa !! Hello to you all !!

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- Ngongotaha Stream Team
 - Ngongotaha Emergency Response Plan (draft)
 - Ngongotaha Emergency Defibrillator
 - Ngongotaha Life Memories Museum
 - Ngongotaha Hall
- (our community is responsible for the interior needs of our hall and Rotorua Lakes Council is responsible for the exterior maintenance)

Bits from the Stream Team

Introducing Ian, who has been a dedicated volunteer for many years... Thank you Ian for all that you do !! The winter weather features rainy days or clear frosty mornings, making sections of the track slippery underfoot. One of the foot bridges needed a little extra attention to remedy this issue. Ian built a small ramp and then covered it with plastic netting to give the walkers a more stable footing (See photo)

Ngongotaha Community Hall

This beautiful Hall is situated in School Road opposite St Barnabas Church. It has a Main Hall and a Conference Room, both for hire. It is one of the most used halls in the whole of Rotorua. There are many clubs and groups who regularly use the hall on a weekly/monthly and annual basis. Many add their stories and photos to the Ngongotaha News. These groups send a representative along to the Ngongotaha Hall Committee Meetings held each quarter. We do have some of our Rotorua Lakes Councillors often in attendance. This has been really useful over recent years especially with the question of whether the Halls (including our own) were 'fit for purpose'. This question was leading to the possibility of some of the halls being demolished. There are still questions hanging over one or two of them.

Many parties and functions have been held successfully in Ngongotaha, along with Council Meetings. You will remember the meetings held during the introduction of the Housing Development situated at 30 Ngongotaha Road, now known as 'Te Ra Fields'. We have also had many opportunities to bring our community together to meet the Council Candidates, and these have been really successful. The Hall is also an Emergency Response Hub for Initial Registrations: In the Event of an Emergency in Ngongotaha, the Ngongotaha Community Hall is the first place to go to, to Register. It doesn't have any overnight stay facilities and anyway the best option is to stay home if safe enough to do so. It would be good to hear that you and your whanau/family is safe.

This Hall is a Taonga/Treasure and it too has had volunteers step up, offering help to make improvements to the interior and one lovely person took all of the Hall Curtains away, 'one by one' or 'two by two' to clean. What a difference !!! Would you like to know if help is needed at the Ngongotaha Community Hall? If you would like to offer your skills, or put your hand up to volunteer in some way, as needed and as you may be available. Please email progressngongotaha@gmail.com, leave your contact details with us and we will put the right person in touch with you. Thank you in advance. Membership Forms will be available on the night, if you would like to become a member.

Until next time stay safe, dry and warm;

Lynn, Bob, Heather, Lee and all of our Wonderful Volunteers !!!!



Kaharoa Catchment Group

Landowners and members of this group visited Dave Reeve's Farm on 6th July for a Farm Pest Management Field Day. Pest control contractor Tim Day talked about the pest control plan he has developed for Dave's property, the importance of being clear about what you can achieve (and realistically maintain), and ensuring that what you do is done well!

We travelled around the farm amongst the beautiful blocks of Tawa forest, admiring the pre-feeding being undertaken using a trailer load of carrots from Ohakune and seeing what Dave's traps had caught overnight. Dale Williams (BoP regional Council) and Graeme Young (Kaharoa Kokako Trust) gave us an impressive overview of the trapping options available.

If you would like a copy of the notes and resource links from the day, or are keen to hear more about any pest control discussions and initiatives of the Kaharoa Catchment Group, please e-mail the Kaharoa Catchment Group admin on frances.vanalphen@landcare.org.nz.

More Electricity

*Jesus and Satan were having an ongoing argument about who was better on his computer.
They had been going at it for days, and God was tired of hearing all of the bickering.*

Finally God said, "Cool it. I am going to set up a test that will run two hours and I will judge who does the better job."

So Satan and Jesus sat down at the keyboards and typed away. They moused. They did spreadsheets. They wrote reports. They sent faxes. They sent e-mail. They sent out e-mail with attachments. They downloaded. They did some genealogy reports. They made cards. They did every known job. But ten minutes before their time was up, lightning suddenly flashed across the sky, thunder rolled, the rain poured and, of course, the electricity went off.

Satan stared at his blank screen and screamed every curse word known in the underworld. Jesus just sighed. The electricity finally flickered back on and each of them restarted their computers.

Satan started searching frantically, screaming "It's gone! It's all gone! I lost everything when the power went out!"

Meanwhile, Jesus quietly started printing out all of his files from the past two hours. Satan observed this and became irate.

"Wait! He cheated, how did he do it?"

God shrugged and said, "Jesus saves."

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Sale By Deadline: 21.08.25 | **Jodi 021 159 7132 & Kerif 021 023 3882** | rwrotorua.co.nz/ROT31962

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2 1 1 1

■ We bring the whole team

■ We bring the whole team

Ray White.



FOR SALE

216 Penny Road, Hamurana

Tim O'Sullivan 0274 974 986

View rwrotorua.co.nz/ROT32427



FOR SALE

263 Central Road, Hamurana

Tim 0274 974 986 & Anita 027 552 6482

View rwrotorua.co.nz/ROT31911



FOR SALE

75 Mokoia Road, Ngongotaha

Tim O'Sullivan 0274 974 986

View rwrotorua.co.nz/ROT32182



6 Oakland Place, Ngongotaha

Tim O'Sullivan 0274 974 986

View rwrotorua.co.nz/ROT32147



FOR SALE

Lot 1, 23a Waikuta Rd, Ngongotaha

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24 Hall Road, Ngongotaha

John Piercy 027 445 4649

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Talk to your Ngongotaha Agent today!



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0274 974 986

Age Concern

Exciting times ahead as we have been granted the funding for a variety of programmes as we look to the future. Head office, Health Promoting Funding, have given us funding for the continuation of some of the programmes we started this year. Just Cook4 Healthy Ageing, Steady as you go, Walkers with Walkers, Seminar Series held at Parksyde and Talking Tech On Tuesday. This is an example of what the programme looks like. To find out what topics are coming up please ring Parksyde.

New programmes are Aqua Jogging, which is free to members, just bring your togs and One to One ON-LINE SHOPPING Tuition in your home which is also free to members. As with all our programmes you need to be a member of Age Concern to take advantage. To be a member you need to pay an annual registration fee of \$20.00 for a single and \$25.00 for a couple and generally be over 65 although we do have exceptions to the age limit.

Age Concern have had a change of staff recently and the existing staff have had a swap around with jobs. Karyn Rogers has now got responsibility for Keeping Safe (Senior driving Course), Steady as you go (balance classes), Visiting Service and volunteers and Aqua Jogging which will be on a Friday at 11am.

The new Administration/ Secretary is Bethany Gibson who will also do some finances and the Maintenance Service Handyman coordinator and on-line shopping. Diana Walker will be the Wellness Coordinator and Walkers with Walkers. Volunteers will do Just Cook4 Healthy Ageing, Out and Abouters and coffee groups. All staff can do Total Mobility Assessments which gives a 75% discount on taxi fares. All are welcome to phone and make an appointment and you don't need to be a member.

A major event for Age Concern Rotorua which is coming up is our annual Positive Ageing Expo which will be held at Parksyde on Saturday 27th September from 9:00 until 2:30. Entry is free and we have over 30 stalls, all dealing with some aspect of Positive Ageing amongst our elderly. More details as we get closer to the event.

New data paints a picture of an ageing workforce and indicates the weekly hours worked by women will increase over time, while men will cut their working weeks shorter. Stats NZ's national labour force projections indicate the future size, age and sex of our future workforce along with average hours and years worked. The figures indicate that the labour force will continue to expand with population growth, but that growth will slow in the long term.

The workforce is also anticipated to age, with participation among males and females aged 65-79 years expected to more than double by 2078 when this age group would make up 10 percent of the workforce. The number of Kiwis working past the age of 80 is expected to grow 389 percent by 2078, when workers over the age of 80 will make up 1 percent of the workforce.

Around 44,000 people over the age of 80 are expected to participate in the workforce, compared to 9000 last year. The rate of ageing in the workforce is particularly notable when compared to historical figures.

The median age of our workforce increased from increased from 35 years in 1988 to 43 years in 2013, then eased to 41 years in 2024 following sustained net migration gains.


Stats NZ's projections indicate that half of the labour force will be over 43 years by around 2040 and that the median age will be over 45 by the late 2060s. While the share of the labour force aged 65 or over is projected


to increase further, the share of all New Zealanders 65 years and over who are in the workforce – which has been increasing since the late 1990s – is projected to decline, or at least stop increasing, in years to come. The projections, which consider future fertility, mortality and migration, were published several weeks after Stats NZ published its national population projections.


New Zealand's population is expected to grow at a slowing rate over the next 50 years, but the slowing of labour market growth is more dramatic. By the 2070s the workforce is expected to hit a 50-year low of 0.3 percent.

Stay Safe

Rory O'Rourke - Manager

**Talking Tech on Tuesdays**
10 am, Tuesday August 5, Meeting Room 1, Parksyde
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Your new Music Library, video calling rather than phone calls, using YouTube and Zoom. Many ways to use your device in different ways. Using Bluetooth speakers gives you great sound from your phone.

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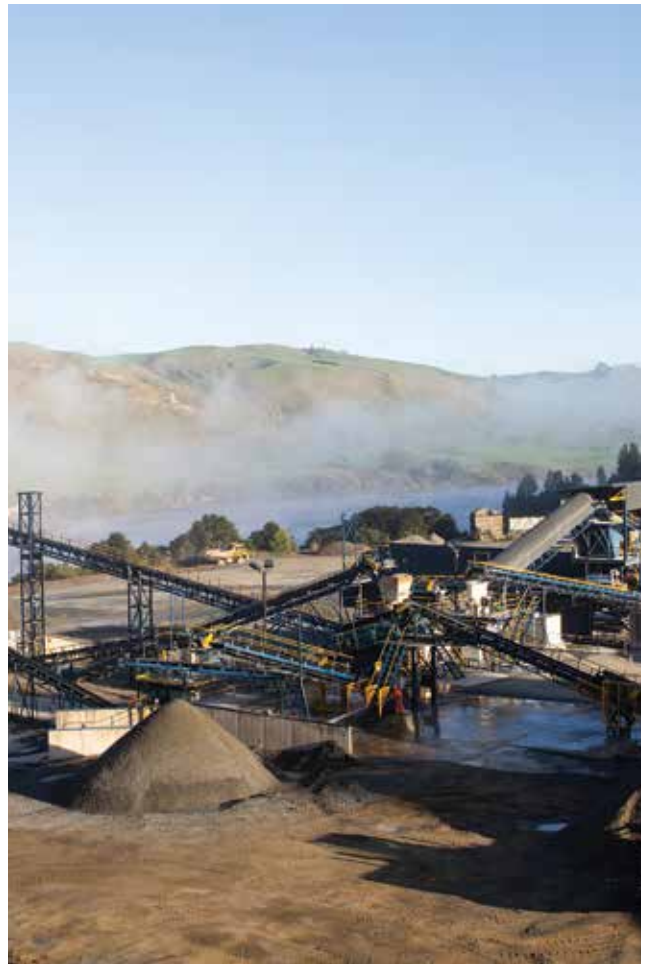
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Check out the Mamaku Village Community Market

Sunday 10 August at Mamaku War Memorial Hall,
Mamaku Street.

Explore a variety of local goods, fresh produce,
handmade crafts and more.

An opportunity to support the community and enjoy a
morning out.

If you're interested in hosting a stall at just \$5, send a
message on Facebook to Mamaku Community Events.

On Technology

Who was the first person that used technology? Moses. He had two tablets that were connected to the cloud

Difference between I.T and management

A man flying in a hot air balloon suddenly realizes he's lost. He reduces height and spots a man down below. He lowers the balloon further and shouts to get directions, "Excuse me, can you tell me where I am?" The man below says: "Yes. You're in a hot air balloon, hovering 30 feet above this field."

"You must work in Information Technology," says the balloonist. "I do," replies the man. "How did you know?" "Well," says the balloonist, "everything you have told me is technically correct, but it's of no use to anyone." The man below replies, "You must work in management." "I do," replies the balloonist, "But how'd you know?" "Well," says the man, "you don't know where you are or where you're going, but you expect me to be able to help. You're in the same position you were before we met, but now it's my fault."

Information Technology cannibals

Five cannibals get selected as programmers in an IT company. During the welcoming ceremony the boss says: "You're all part of our team now. You can earn good money here, and if you are hungry, you can go to the company cafeteria for something to eat. So don't bother the other employees". The cannibals promise not to bother the other employees.

Four weeks later the boss returns and says: "You're all working very hard, and I'm very satisfied with all of you. However, one of our cleaners has disappeared. Do any of you know what happened to her?" The cannibals deny any knowledge of the missing cleaner. After the boss has left, the leader of the cannibals says to the others: "Which one of you idiots ate the cleaner?"

A hand rises hesitantly, to which the leader of the cannibals says: "You fool! For four weeks we've been eating Team Leaders, Managers, and Project Managers so no-one would notice anything. Why did you just have to go and eat the cleaner?!"

4

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PIPELINE REPLACEMENT - CYCLEWAY CLOSURES

Rotorua Lakes Council is replacing the Parawai Rising Main, which carries wastewater to the city's wastewater network. This essential upgrade is being delivered to ensure the ongoing reliability of wastewater services and to support future growth in the area.

To safely carry out this work, sections of the **Ngongotahā Cycleway** will be **closed between August and November**.

We appreciate the community's patience while this important infrastructure upgrade is completed by Council's contractor, TRILITY.



**ROTORUA
LAKES COUNCIL**
Te Kaunihera o ngā Roto o Rotorua

PARAWAI RISING MAIN UPGRADE JULY 2025 TO JANUARY 2026

WHAT'S HAPPENING

Rotorua Lakes Council is replacing the Parawai Rising Main - a 3.8km pipeline that carries wastewater from Parawai Road to the city network.

This pipeline serves homes and businesses in Hamurana and Ngongotahā and is the third-largest pressure sewer main in the Rotorua wastewater system.

WHY THE WORK IS BEING DONE

An assessment found the pipeline needed to be replaced. The upgrade will:

- Improve reliability of wastewater services.
- Reduce risk of environmental or service disruption.
- Support new housing developments.

PROJECT SNAPSHOT

- Start: July 2025
- Estimated finish: January 2026

CONTACT TRILITY:

TRILITY Public works mobile 027 287 1567
Rotorua.network@trility.co.nz



MORE INFO & DETOUR MAPS
rlc.net.nz/ParawaiRising

DETOUR TIMES(APPROX)

- 25 minutes
- 6 minutes

- 1 hour 25 minutes
- 20 minutes

- 1 hour 15 minutes
- 17 minutes

CLOSURE SCHEDULE

STAGE 1

Frank St ▶ Kawaha Point Rd
4 AUG - 1 SEP



STAGE 2

Parawai ▶ Frank St
11 AUG - 1 SEP



STAGE 3

Parawai ▶ Kawaha Point Rd
1 SEP - 30 NOV



AUGUST

SEPTEMBER

OCTOBER

NOVEMBER

Please note that all dates are indicative and based on all going well. Timings are also weather dependent

Mamaku School

New Maths Curriculum

Like all other schools, Mamaku School has introduced a structured approach to Maths. This approach has now been mandated by the Ministry of Education for all schools since the beginning of 2025. All teachers are currently involved in ongoing professional development to implement the refreshed curriculum, and Monday's Teacher Only Day supported this professional development, words (underlined) that you will hear more and more.

1. The refreshed Mathematics and Statistic curriculum (Years 0-8) implementation has already begun, with full implementation in Term 1



2. A more structured approach - with clear learning progressions (statements) about what students need to know at their particular year level known as Phases

3. Learning progressions (statements) are divided across three phases. These phases represent year levels

Phase 1: Year 1,2 & 3

Phase 2: Year 4,5 & 6

Phase 3: Year 7&8

Mamaku School Ag Day 17th October

This important event is taking place on Friday 17th October. We have a committee of parents to organise this event. An open invitation is extended to those in the community who would like to attend this fantastic day – light food and refreshments for sale.

Mamaku Golfers

Every Friday a group of students receive golfing lessons at the Lakeview Gold Club from club professional, Josh Edwards.



AquaBots

As with golf, Mamaku School is about providing students with rich opportunities, such as AquaBots. AquaBots is an underwater robotics programme for school-aged children in New Zealand. School-aged children form teams and build an underwater remotely operated vehicle which competes with other teams' AquaBots. Students learn engineering concepts and hone skills in problem solving, teamwork, scientific communication, and technical applications. We have three teams competing. One of our teams is pictured constructing their AquaBot in readiness for the up-coming competition.

Peter Vos, Principal at Mamaku School

EnergyMate comes to Rotorua this year

EnergyMate can help you with targeted support about electricity supply through in-home visits and community hui. Households at high risk of energy hardship can be referred into the program by their power company, their local participating budgeting support service, or participating Healthy Homes support services.

At an EnergyMate visit, a coach will do a check of the home, including heating, lighting, hot water, and appliances to find ways the whānau can save on power. Then they can use those savings where they matter most.

They will review the household's electricity bill with the whānau, explaining what it means and different payment options. Then, together with the coach, the whānau will call their power company and check they are on the power plan best suited to their needs. The coach will help the whānau build an action plan of the things they can do to save power and keep their home warm.

EnergyMate coaches can also connect households with support from other agencies like budgeting support, free curtains and insulation to help address the drivers of energy hardship. Whānau feel the benefits of an EnergyMate visit in various ways. For some, EnergyMate will help reduce their monthly power bill. For others, it will help make their house warmer in winter without spending any more than they do now.

Source www.energymate.nz



WannaBee a Beekeeper?

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QUIZ NIGHT

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Burger \$12
Chips \$4
Can drink \$2
Make it a combo \$17

All funds raised goes towards U13s trip to
Christchurch in September 2025
Ngongotaha Sports & Community Association

Happenings

- 10 Aug** Mamaku Community Market 9am-12pm War Memorial Hall
12 Aug RLC Ngongotaha Community Development Framework 2nd Consultation session (see page 10)
24 Aug Ladies Golf Clinic at Lakeview ph Josh 021 072 0379.
28 Aug Progress Ngongotaha's AGM 6.30 at Community Hall
29 Aug Lakeview Quiz Night
31 Aug Ladies Golf Clinic at Lakeview ph Josh 021 072 0379
7 Sep Ladies Golf Clinic at Lakeview ph Josh 021 072 0379
14 Sep Ladies Golf Clinic at Lakeview ph Josh 021 072 0379
21 Sep Forest & Bird trip to Awahou Stream Project. Contact Linda: 027 358 1467
27 Sep Positive Aging Expo at Parksyde
17 Oct Mamaku School Ag Day
31 Oct Equisucceed Golf Fundraiser at Arikapakapa

Regular Events

- Monday Indoor Bowls 7.00 pm Ngongotaha Community Hall
 2nd Monday Mamaku Garden Circle 1 pm at Fire Station. New members welcome.
 Tuesday Vets Golf 9.30am, Junior golf after school at Lakeview
 Talking Tech on Tuesdays at Parksyde
 2nd Wednesday Rotorua Collectibles Club: Do you collect anything? Share your passion at St Barnabas ph 0272923579
 2nd Wed Friendship Club 9.45 am St Barnabas Church Hall
 4th Wed Ngongotaha Garden Circle, Ngongotaha Hall 1 p.m.
 Every Thurs Junior Golf after school Lakeview
 Senior Net Drop-in technology 10 am: Age Concern Tarewa Pl.
 Thursdays 5pm Twilight Lawn Bowls, Clubhouse Domain Rd
 Last Thursday of the month 2.00 pm Poetry Appreciation Society. Contact Kay myfairkay@gmail.com or 0274 982 787
 3rd Saturday of each month The Care Village Market Day Tauī St
 Sunday 9.30 to 11.00 Rotorua Archery Club at Lakeview.
 Last Sunday Farmers Market at the Agrodome.

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Missed Appointments - DNA

Recently there has been a marked increase in the number of booked appointments where patient's have failed to attend and have not provided adequate notice that they are unable to attend. This results a wasted appointment slot that can not be reallocated to another patient and with the current pressure on available primary health appointments, the level of DNA's is unacceptable.

Accordingly, we have been forced to review our policy in respect of DNA appointments in an attempt to reduce the level and effective immediately the following policy will apply;

- Patients who do not attend (DNA) a booked appointment and have not notified the practice of their impending non-attendance will be charged for the normal cost the appointment.
- If a patient notifies the practice at least 60 minutes before an appointment that they are unable to attend, they will not be charged.
- On occasions there may be extenuating circumstances resulting in a DNA and these may be taken into account on a case by case basis.

Phone First Urgent Clinic – Quick Guide



- ☐ Minor issues only
- ☐ 5 minute consultation time
- ☐ Ideal for children who need to be seen at the last minute
- ☐ Health issues that have developed very quickly
- ☐ Coughs/Colds/Sore Throats/Fevers/Runny Noses



- ☐ Multiple issues
- ☐ Complex problems
- ☐ WINZ Certificates, Drivers Medicals or other Medicals need to be booked with your regular Doctor
- ☐ Medication Reviews

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- We now have **Rapid Antigen Tests** available in store for purchase.
- Flowflex COVID-19 box of 5 tests \$23
- Healgen COVID-19 /Flu /A&B /RSV combo 1 test \$11

Letting Go and Moving on After a Legal Dispute or Conflict

Disputes or conflict of any kind in life can be deeply unsettling, and emotions often run high. This is particularly so in legal settings with conflict between family members but also disputes in civil legal settings such as business or employment disputes, for instance.

For some, even after the conflict has been settled or faded away, the feelings themselves and heavy emotions aren't resolved, and people sometimes struggle to put it behind them. I personally don't think how to let go and move on from legal conflict is talked about enough. Hopefully readers can take something useful out of this including for conflict in other areas of their life..

I can always tell which party has already moved on during a legal dispute, and which one can't let go. Spoiler alert: in my experience, the one who's moved on has chosen peace by disengaging and walking away to protect their energy and emotional wellbeing, while the one who hasn't often engages in a bitter pattern of behaviour focused on revenge and hurting or figuratively 'crushing' the other person, and sometimes those around them, with whatever tactics they can.

Hardly ever do we find mutual agreement on resolution at the outset. There's a bit of broad psychology behind holding on to conflict and being unable to move on including:

Unresolved Emotions: Emotions like anger, betrayal, grief or humiliation can linger and cloud a person's judgment making it difficult for them to move on.

Need for Validation: Not having their pain or point of view acknowledged, or that they are 'right', can prevent people moving on. Without validation a person can stay trapped by the conflict, endlessly reliving it. Sometimes they keep it going through others around them in search of clarity or support.

Identity Attachment: Conflict often attaches to sense of self, especially when there's a perceived sense of humiliation, injustice or not 'winning'. Sometimes, clinging to the 'known' conflict is an excuse a person unconsciously uses to put off having to deal with the 'unknowns' of other

problems and heavy emotions and feelings like fear and grief.

Fear of Vulnerability: Letting go of hurt, anger and perceived betrayal can feel like admitting defeat. Fear of vulnerability in the process of letting go can also open up other big emotions that can be really hard to process.

People who struggle to let go and move on during or after legal conflict often fall into what I call closed thinking loops: repeatedly replaying events in their mind that reinforce their version of the story and clinging to the belief that they are right, and the other person is wrong, or that 'justice' hasn't been served. This pattern of thinking blinds them to considering other perspectives or admitting to themselves that perhaps they might have contributed to the conflict and its outcome.

Oftentimes things are done and words said that can never be taken back. Suddenly the bridge to understanding becomes irreparable and they look to blame wherever and whoever they can.

Denial and deflection (and sometimes rage) to save face becomes the default position because it feels easier than confronting the truth and the sometimes big emotions and feelings that come with it. Over time, these patterns can take over, making it difficult to know how to let go and move on.

It's rare that all parties to a legal dispute are happy with the outcome, for one reason or another. But it's important to know that letting go and moving on doesn't mean forgetting or excusing what happened. Rather, I think letting go of conflict means taking time to accept and grieve what has happened, acknowledge that rightly or wrongly there are other views different to yours (and that's okay, even if you don't agree).

I think letting go also means that in your heart you feel or know that you have done the right thing. Moving on from conflict then becomes an intentional forward-looking focus, and a redirection of your inner energy toward choosing peace, connection and finding joy again.

Article written for Ngongotaha News by Ros Morshead, Solicitor at Lawbox.

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